

2017 TNAQ Masters June Invite

June 24, 2017

Sanctioned by Southeastern Masters Swimming for United States Masters Swimming, Inc.

USMS Sanction Number: 157-S004

HOST CLUB: Tennessee Aquatics

LOCATION: Allan Jones Intercollegiate Aquatic Center
University of Tennessee
2200 Andy Holt Avenue
Knoxville, Tennessee 37996

VENUE: Allan Jones Intercollegiate Aquatic Center: An eight-lane 50-meter by 25-yard competition pool with slanted starting blocks (28 inches above the water surface). Pool depth is 8 feet at each end, 9 feet in the center. Lanes are 9 feet wide formed by 6 inch Competitor lane markers. The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement. Warm-up/warm-down pool is located adjacent to the competition pool, with a minimum of two separate 25-yard warm-up/ warm-down lanes available. Seating is available for 1,284 spectators in the balcony overlooking the pool. Only coaches and athletes are permitted on the pool deck, locker rooms are adjacent to the pool. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

TIMING: Daktronic electronic timing system and scoreboard.

OFFICIALS: Visiting officials are welcome. Please contact Meet Director at meetdirector@tnaquatics.com with level of certification and sessions you desire to work.

RULES: 2017 USMS Rules and Southeastern LMSC Safety guidelines and warm-up procedures will govern. Safety guidelines specify feet-first entry during warm-ups except for designated sprint lanes.

A. General Warm-up

1. NO DIVING OR RACING STARTS ALLOWED FROM BLOCKS OR EDGE OF POOL. Swimmers must enter feet first in a cautious manner.
2. No sprinting or pace work allowed during the general warm-up session.
3. All lanes to be used for general warm-up.

B. Specific warm-up (last 20 minutes)

1. OPEN/PACE Lanes 1 and 8
2. SPRINTS Lanes 2, 3, 6, 7
3. GENERAL Lanes 4 and 5

ELIGIBILITY: Athletes participating in USMS Swimming sanctioned competitions must be current 2017 members of their LMSC and USMS Swimming.

SCHEDULE: **Saturday , June 24** Warm-up: 10:00AM
Competition: 11:00AM

MEET FORMAT: Timed finals meet with events as set forth on the "Order of Events" (attached). Tennessee Aquatics reserves the right to limit ANY event to allow the meet to run in the allotted time.

ONLINE ENTRY: We encourage online entries through the Club Assistant system. Entry information is at https://www.clubassistant.com/club/meet_information.cfm?c=2400&smid=8968 will be able to submit your entry times, use a secure site for payment of fees, sign the standard USMS waiver electronically, and have your USMS membership verified through this system. You will also be able to access the USMS database of times associated with your USMS registration number to help you determine appropriate seed times. Online entries will reduce the workload associated with putting together a meet. Your credit card statement will show a charge from "ClubAssistant.com Events."

DEADLINE: The online entry system will not allow late entries. Entry deadline for online entries is 11:59 p.m. Central Standard Time on Sunday, June 19th, 2017.

Paper entries are available at USMS Calendar of Events http://www.usms.org/comp/event_search.php?utm_campaign=top_nav&utm_medium=events_and_results. Paper entries must be received (not postmarked) by Friday, June 16th, 2017. Paper entries received after that date will be considered deck entries and will incur a late fee of \$20. Please mail all paper entries to Tennessee Aquatics, 1400 Dowell Springs Blvd. Suite 100, Knoxville, TN 37909

ENTRY FEES \$45 flat rate for all entries, including individual events and relays

DECK ENTRIES: Deck entries will be allowed at the discretion of the Meet Director. We will try to accommodate deck entries but only if such entries do not require additional heats. The fee for deck entries is \$65 (\$45 entry fee plus \$20 late fee).

ENTRY LIMITS: Swimmers are limited to Five (5) individual events on Saturday, excluding relays

ENTRY TIMES: Enter with best LONG COURSE METERS times. During online registration you will find a link to a conversion calculator from yards to meters, if needed. No Time (NT) entries (00:00.00 in online form) will be seeded as slowest times. Please avoid using NT whenever possible.

PSYCH SHEET: A psych sheet based on online entries will be posted at www.tnaquatics.com by 8 p.m. on Monday, June 19th . Please send any necessary corrections to the Meet Director at meetdirector@tnaquatics.com Corrections will be accepted until 12:00 noon Central Standard Time on Wednesday, June 21st, at which time the meet will be seeded and heat sheets printed.

Parking on the University Campus: Parking will be located at the Kingston Pike Building. You may also meter park on Volunteer Ave without a pass. If you choose to not park at the designated areas you are parking at your own risk and could be subjected to being towed. Specifically the student parking garage across from the pool will not be available since school is in session.

USE OF AUDIO/VISUAL: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, on deck, in the rest rooms or locker rooms.

DECK CHANGE RULE: *Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

TIME TRIALS: There will be no time trials.

CHECK-IN: Positive Check-in will be required at the clerk of course for all swimmers competing in the 400M Freestyle. Check in will close at the start of the 100M Freestyle (Event #12)

AWARDS: Individual ribbons will be awarded for 1st through 3rd place by age group and gender. High point awards will be given to top male and female swimmers in each age group based on points scored in individual events. A swimmer must swim in at least four individual events to qualify. Relay points will not count towards individual awards, but they will count for team awards.

SCORING: First 8 finishes in each event, by age and gender, will be scored as follows: Individual events 9-7-6-5-4-3-2-1; Relay events 18-14-12-10-8-6-4-2.

MEET EVALUATION: You are encouraged to send a meet evaluation which will be available at the meet.

MAIL ENTRY FORMS TO: Tennessee Aquatics
ATTN: Meet Director
1400 Dowell Springs Blvd.
Suite 100
Knoxville, TN 37909

Signature requirement must be waived for all USPS, Fed-EX and UPS deliveries.

FEES MUST BE RECEIVED NO LATER THAN June 24th, 2017. Make all checks out to "Tennessee Aquatics."

Saturday, June 24th, 2017

Warm-up begins at 10:00AM

Competition begins at 11:00AM

Continuous warm-up/warm-down will be available in the DIVING WELL.

WOMEN	EVENTS	MEN
1	200M Medley Relay	2
3	Mixed 200M Medley Relay	3
4	200M Freestyle	5
6	50M Backstroke	7
8	100M Butterfly	9
10	50M Breaststroke	11
12	100M Freestyle	13
14	200M Individual Medley	15
16	100M Backstroke	17
18	50M Freestyle	19
20	100M Breaststroke	21
22	50M Butterfly	23
24	200M Free Relay	25
26	Mixed 200M Free Relay	26
27	400M Freestyle	28

PAPER ENTRY FORM

Times should be in LONG COURSE METERS Only

Please duplicate as needed

		EVENT #	EVENT NAME	BEST TIME	EVENT #	EVENT NAME	BEST TIME
NAME OF SWIMMER							
USMS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USMS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USMS REGISTRATION NO.							
DATE OF BIRTH	SEX						

IF YOU ARE USING A PAPER ENTRY FORM:

- 1. Fill out Paper Entry Form (Included above)*
- 2. Sign the release on the next page*
- 3. Include a copy of your 2017 USMS Registration*
- 4. Include a check made out to Tennessee Aquatics for your entry*



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
- I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
- I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
- I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
- I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	M.I.	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street address, City, State, Zip				
Signature of Participant				Date signed