

2019 KYLE PARKER INVITATIONAL

January 18, 19, and 20, 2019



Co-hosted by **Madison Swimming Association and Madison Titans**
in memory of **Madison Aquatics Director Joshua Kyle Parker**

This dual-sanctioned meet will be conducted under the auspices of Southeastern Swimming, Inc. of USA Swimming. USA Swimming (USA-S) technical rules and regulations will be followed with the exception of items specifically addressed in the meet information Sanctioned by Southeastern Swimming, Inc. Times achieved by USA Swimming members are eligible for inclusion in the SWIMS database. Masters events are sanctioned by Southeastern Masters Swimming for United States Masters Swimming Inc. (USMS). Times achieved by USMS members are eligible for inclusion in the USMS Events Results Database (ERDB).

SANCTIONED BY: Held under the sanction of USA Swimming, Southeastern Swimming, Inc., and Southeastern LMSC for USMS Inc.

USA-S SANCTION NUMBER: 19SEMSA1-18

USA-S SANCTION NUMBER FOR TIME TRIAL: 19SEMSA1-18TT

USMS SANCTION NUMBER: 159-S003

HOSTED BY: Madison Swimming Association (**MSA**) www.madisonswimming.org
Madison Titans Master Team

LOCATION: Dublin Aquatic Center, 8324 Old Madison Pike, Madison, AL 35758. Please obey all posted traffic information. See <http://www.madisonal.gov/Facilities/Facility/Details/Dublin-Memorial-Park-352> for additional information concerning the facility. City of Madison athletic fields and Dublin Aquatic Center are smoke-free environments. See note below for special parking information.

FACILITIES: POOL - One Indoor 8-lane; 25-yard competition pool. Non-turbulent lane lines with 4-foot minimum and 9-foot maximum pool depth. Racing blocks for all events. Fully automatic Colorado System 6 electronic timing system and one scoreboard with 8-lane, time, and place display. Manual back-up. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with USMS articles 105.1.7 and 106.2.1, but it has not been certified in accordance with 104.2.2C(4) (ref. USA-S article 202).

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

Drones are prohibited over venues any time athletes, coaches, officials and/or spectators are present.

SPECTATORS: Gymnasium and additional adjacent common area will be available for swimmers and spectators.
NO CHAIRS WILL BE ALLOWED ON THE POOL DECK.

CONCESSIONS: Will be available.

HOSPITALITY: Drinks, snacks, breakfast and lunch will be provided to coaches, officials, and **all-day** meet workers.

COACHES: A coaches' meeting will be held Saturday at 9:00 AM in the Hospitality room. SES rules dictate that “coaches shall display, when requested, their USAS Membership cards to be allowed on deck at any SES sanctioned meet. Compliance shall be the responsibility of the Host Meet Referee/Director – they may assign the responsibility to other meet personnel.” Therefore, all coaches are required to be prepared to display their valid USAS Membership cards or deck pass when asked by meet personnel.

RULES: The 2018 USAS rules will govern the conduct of the meet unless otherwise noted in the 2018 USAS legislation. See: [USA Swimming – 2018 Rulebook.pdf](#)

The 2019 USMS rules will govern the conduct of the Masters events.
See: <https://www.usms.org/rules/>

OFFICIALS: Meet Director: Tim Holtcamp (256) 527-9369, auee97@hotmail.com
Meet Referee: Gregg McAdams, (256) 652-4998, Gregg.mcadams@hotmail.com
Admin Official: Britt Blankenship, (256) 426-9662, mbritt00@gmail.com

NOTE: Visiting officials and apprentices are welcome for clinics and all sessions. Please contact Gregg McAdams at Gregg.mcadams@hotmail.com if you are interested. Completion of Stroke & Turn test is required for XJ to work on deck. Bring apprentice card if you have one.

- A Stroke & Turn clinic will be offered at 7:30 AM on Saturday in the Hospitality room. Coaches welcome!
- A Starter clinic will be offered at 7:30 AM on Sunday in the Hospitality room.
- Officials Meetings will be held 45 minutes prior to the start of each session.

ELIGIBILITY: Dual membership cannot be used to exceed the daily event limits imposed by either organization. Automatic recognition of times achieved by a USMS swimmer competing in the USA-S portion is still available. A swimmer’s age on the first day of the meet will determine his or her age for the entire meet. The meet may be limited to the first 320 swimmers if deemed necessary to meet applicable SES time limits for meet sessions. Open events are open to swimmers in any age group (including Masters).

USA-S:

All participants must be USA Swimming, Inc. (USA-S) registered. Entries will not be accepted without 2018-2019 registration numbers. There will be NO USA Swimming membership registration available at the meet. Swimmers with dual membership must select only one organization with which to compete for the entire meet. Coaches and officials must present evidence of certification as required by Southeastern Swimming. Age groups for competition are: 8 & Under, 9-10, 11-12, 13-14, and Senior. Results will be posted separately by 8 & Under, 9-10, 11-12, 13-14, and Senior age-groups. Senior events are restricted to swimmers age 11 and older.

USMS:

All participants must be US Masters Swimming (USMS) registered (one meet registration is available¹) athletes. All masters must complete the Participant Waive & Release of Liability (below). Any masters without 2018-2019 registration may participate by completing the One Meet Registration form (below), but no times will be recorded for USMS Top Ten. Master results will be posted separately for Masters age-groups. Open events are also open to Masters.

SAFETY: In the interest of safety and accident prevention, coaches and swimmers are asked to observe all posted pool rules and to conduct themselves in a safe and prudent manner as defined in the USA Swimming Rules and Regulations. Please be advised that the depth of the water at the shallow end of the pool is 4-feet minimum. No Racing Dives permitted at the shallow end of the pool during warm-ups. Please caution your swimmers about the water depth. “Any USA-S athlete entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.”

WARM UP: Southeastern Swimming Meet Safety Guidelines and Warm-up Procedures will be in effect at this meet. The meet director will post and announce the warm-up assignments prior to the start of the meet warm-up on the MSA website. Racing Dives will only be allowed during the last 10 minutes of warm-up session with swimming allowed in one direction away from blocks. Warm-up will be available for entire session during Friday & PM sessions. USA-S athletes attending the meet without a coach must report to the Meet Director or Referee to be assigned a coach for warm up prior to each session.

STARTING TIMES: **Friday; November 9, 2018:**
Warm-up: 4:30 PM
Competition: 6:00 PM

Saturday; November 10, 2018:
Morning Warm-up: 7:45 AM
Morning Competition: 9:15 AM
Afternoon Warm-up: Not before 11:30 AM²
Afternoon Competition: Not before 1:00 PM

Sunday; November 11, 2018:
Morning Warm-up: 7:45 AM
Morning Competition: 9:15 AM
Afternoon Warm-up: Not before 11:30 AM²
Afternoon Competition: Not before 12:30 PM

² Saturday and Sunday afternoon warm-ups will start immediately following the morning session, but not before 11:30 AM.

There will be a Bull Pen for 8 & Under.

Sessions will be competed in either an 8-lane or 6-lane format. Host team reserves the right to alter the assignment of which age groups compete in which session depending on estimated meet time lines. Coaches will be informed no later than Friday, January 18th.

ENTRY FEES: USA-S:
\$6.00 per individual event (\$8.00 per individual event late entry)
\$0.00 per Relay. MSA encourages teams to enter up to 4 relay teams per event.
\$3.00 SES surcharge per individual swimmer
\$5.00 Out-of-LSC Fee (if applicable) per individual swimmer
\$10.00 Facility Fee per individual swimmer – Includes heat sheet on [MSA](#) website & on Meet Mobile app.

Masters (USMS):
\$30.00 Single Meet Fee^{1,4} (includes 5 individual events/day + relays)

NOTE: All entry fees are non-refundable. Late entries will be accepted until forty-five minutes before the start of each session on Saturday and Sunday based on lane availability. No new heats will be formed after the meet has been seeded. Late entered individual events and relays will be given a “No Time Seeding”.

¹ If not already registered with USMS annually, a single meet USMS registration is needed. See USMS for rules regarding single meet registration in terms of recording of times, application of times elsewhere, and annual registration (<https://www.usms.org/>).

⁴ To promote Masters swimming, MSA has offered to absorb the cost of single meet registration with USMS.

ENTRIES: Swimmers may enter no more than **five (5)** individual events per day for Saturday and Sunday. The meet may be limited to the first 160 swimmers for 12 & Under and 160 swimmers for 13 and Over. For events 400 yards and longer each event may be limited to the first 24 entries received with fees.

If an entry error is due to an **MSA** error, the entire event will be re-seeded. If an entry error is due to any other cause, the MR has the sole authority to add an entry. This entry will be considered a “late entry” for seeding purposes.

Entry forms must be legible and complete. Entry forms must include the swimmers first and last name, age, USA Swimming registration number and yard times for each individual event. Relay times should be listed for each entered relay.

Teams who have HYTEK'S TEAM MANAGER should submit their entries by e-mail to Britt Blankenship at mbritt00@gmail.com. See below for the deadline for mailed entries. Phone or fax entries will not be accepted. Meet results will be e-mailed to the address provided on the Team Information form.

**ENTRY
DEADLINE:**

Real-time heat/lane assignments & meet results will be available through the Meet Mobile app from Hy-Tek. All entries (electronic or hard copy) and supporting paperwork (i.e. team information & summary form, signed liability release, and entry fees including surcharges) must be received by the entries chairman on or before **Tuesday, 11:59PM, January 8th, 2019**. Please make checks payable to **MSA** and note that all entry fees are non-refundable. A scanned .pdf copy of the entry forms can be e-mailed but the original liability form must be presented in order for the swimmer to take part in their event. Entries that are submitted by hardcopy (i.e. NOT electronically) must be post-marked no later than January 8th, 2019. Electronic late entries received after Tuesday, 11:59PM, January 8th, 2019 until Tuesday, 11:59PM, January 15th, 2019 will be accepted and the entire event will be re-seeded.

Please note, no swimmers can be considered as entered in the meet, until the entry fees have been received and priority will be given to paid swimmers, regardless of the date of receipt of the entry information.

Waivers and entry fees, including all meet fees and surcharges, should be mailed to:

Britt Blankenship
100 Davion Court
Madison, AL 35758
Tel: (256) 426-9662
mbritt00@gmail.com

DISABILITIES:

Swimmers with disabilities are welcome. Please complete the "Information Form for Disabled Swimmers" and return it with the entries.

**MEET
FORMAT:**

This is a timed finals meet. All events will be pre-seeded except the events 400 yards or longer and relays, which will be deck-seeded (see Deck Seeded Events for additional details). All events will be mixed gender seeded based on entry times. Meet management reserves the right to add breaks in between events to allow for a better competitive atmosphere. Open events will be combined USA-S and USMS and will be seeded based on time. See Special Notes concerning possible combination of events.

RELAYS:

Relays will be deck-seeded timed finals and will swim slowest to fastest. Relay teams are to be single gender even though the events will be mixed gender. Relay cards will be distributed in coaches' packets (available Friday afternoon). In order for the relay team to swim, cards must be completely and properly filled out and submitted to Clerk of Course by:

- 8:30 AM Saturday for Session 2
- 12:15 PM Saturday for Session 3
- 8:30 AM Sunday for Session 4
- 12:15 PM Sunday for Session 5

The cards will remain with Clerk of Course and heat sheets will be distributed and posted as soon as possible.

PENALTIES:

For Deck-Seeded Events: Failing to swim an event after a positive check-in will result in the swimmer being barred from his/her next event.

**DECK SEEDED
EVENTS:**

Swimmers must positive check-in with the Clerk of Course for all deck-seeded individual events or will be legally scratched from the event. Sign-in deadlines are:

- 5:15PM, Friday for Session 1
- 12:15 PM, Saturday for Session 3
- 12:15 PM Sunday for Session 5

The Order of Events indicates which events are deck seeded in each session. For Deck Seeded Events male and female will be seeded together, fastest to slowest. Results will be posted separately by age-group and gender. MSA will make every attempt to provide timers for deck-seeded events. However, to ensure smooth operation of the meet, swimmers may be called upon to provide their own timers. Swimmers must provide their own lap counters. These events may be limited to the first 24 entries.

Relays are also deck seeded (see Relays for additional information).


**POSITIVE
CHECK-IN OR
SCRATCHING:**

Only the swimmer or his/her coach may check-in or scratch a swimmer. If swimming an event, the swimmer or his/her coach shall circle the name of the swimmer and place their initials next to the swimmer's name.

- AWARDS:** High Point Awards for 1st, 2nd, and 3rd Place for 8 & Under, 9-10, 11-12, 13-14, Senior and Masters age groups (male and female) will be given.
- SCORING:** Individual events: 9-7-6-5-4-3-2-1.
Relays: Not scored.
NOTE: 11-12-year-old swimmers who swim in the Senior events will not score points in those events.
- TIME TRIALS:** Time Trials will be held at the conclusion of any session, time permitting, at a coach's request. Time Trials are primarily intended for swimmers attempting to qualify for National Championships, Sectional Meets, LSC Championship, or other USA-S qualifying meets. Athletes whose entry times do not closely approach these time standards may be denied entry into time trials. Athletes may enter as many time trial events as desired as long as they do not exceed 5 events per day limit. Fees: \$8.00 per individual event. Sign-up deadlines will be one hour after the start of each session.
A swimmer may not exceed the USA swimming daily event limit of 6 events, including relays.
- SPECIAL NOTE:** Should there be any question; **MEET OFFICIALS** will recognize **ONLY** coaches or their designated representatives. The Referee reserves the right to combine heats and/or events.
- PARKING:** **Parking behind the facility and in the circular drive (excluding disability parking access) is strictly forbidden. Vehicles illegally parked will be subject to towing by local authorities.**
- MEET EVALUATIONS:** Please send any comments, suggestions, or evaluations concerning the meet to:
Phil Kraus, General Chairman, SES
PO Box 30318
Pensacola, FL 32504
ses.general.chair@gmail.com
- VENDORS:** 1st Place Athletics and Eagle Sportz will be on-site Saturday and Sunday providing swimming gear and MSA KPI Meet T-shirts.



PREFERRED HOTEL: Best Western Plus of Madison offers a discount to swim families attending MSA meets.

 <p>Madison – Huntsville Hotel 9035 Madison Blvd. Madison, AL 35758 256-772-7170</p>	<p>Two Queen Bed Room \$81.00</p> <p>Complimentary Breakfast Port of Madison Restaurant on-site Business Center Fitness Center Guest Laundry Outdoor Pool & Hot Tub Shuttle within a five-mile radius (including event)</p>
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ORDER OF EVENTS

SESSION 1: FRIDAY, January 18th, 2019

WARM-UP: 4:30 pm	COMPETITION: 6:00 pm
EVENT #:	EVENT TITLE:
1	Senior 400 IM ³
^	Masters 400 IM ³
2	Masters 200 IM
3	11 & 12 200 IM
4	9 & 10 200 IM
5	Open 500 Free ³
^	Masters 500 Free ³
6	Senior 1000 Free ³
^	Masters 1000 Free ³

³ Deck Seeded Events (see above for details)

^ Events will be swum as part of the preceding event number

ORDER OF EVENTS

SESSION 2: SATURDAY MORNING, January 19th, 2019

WARM-UP: 7:45 am		COMPETITION: 9:15 am	
EVENT #:	EVENT TITLE:		
7	8 & Under 100 Free Relay ³		
8	9 & 10 200 Free Relay ³		
9	11 & 12 200 Free Relay ³		
10	8 & Under 25 Fly		
11	9 & 10 50 Fly		
12	11 & 12 50 Fly		
13	8 & Under 50 Back		
14	9 & 10 100 Back		
15	11 & 12 100 Back		
16	8 & Under 50 Free		
17	9 & 10 100 Free		
18	11 & 12 100 Free		
19	8 & Under 25 Breast		
20	9 & 10 50 Breast		
21	11 & 12 50 Breast		
22	8 & Under 100 IM		
23	9 & 10 100 IM		
24	11 & 12 100 IM		

SESSION 3: SATURDAY AFTERNOON, January 19th, 2019

WARM-UP: Not before 11:30 am		COMPETITION: Not before 1:00 pm	
EVENT #:	EVENT TITLE:		
25	Senior 200 Fly		
^	Masters 200 Fly		
26	Masters 50 Fly		
27	13 & 14 100 Back		
28	Senior 100 Back		
29	Masters 100 Back		
30	13 & 14 200 Free		
31	Senior 200 Free		
32	Masters 200 Free		
33	13 & 14 100 Breast		
34	Senior 100 Breast		
35	Masters 100 Breast		
36	13 & 14 50 Free		
37	Senior 50 Free		
38	Masters 50 Free		
39	13 & 14 200 Free Relay ⁶		
40	Senior 200 Free Relay ⁶		
^	Masters 200 Free Relay ⁶		
Window for other possible events (relays, time trials) ⁶			

³ Deck Seeded Events (see above for details)

⁶ Events placed in this window will be announced at the meet. For example, an open mixed gender team 200 relay (Free and Medley) are likely events.

^ Events will be swum as part of the preceding event number

ORDER OF EVENTS

SESSION 4: SUNDAY MORNING, January 20th, 2019

WARM-UP: 7:45 am		COMPETITION: 9:15 am	
EVENT #:	EVENT TITLE:		
41	8 & U 100 Medley Relay ³		
42	9 & 10 200 Medley Relay ³		
43	11 & 12 200 Medley Relay ³		
44	8 & Under 25 Free		
45	9 & 10 50 Free		
46	11 & 12 50 Free		
47	8 & Under 50 Breast		
48	9 & 10 100 Breast		
49	11 & 12 100 Breast		
50	8 & Under 50 Fly		
51	9 & 10 100 Fly		
52	11 & 12 100 Fly		
53	8 & Under 25 Back		
54	9 & 10 50 Back		
55	11 & 12 50 Back		
56	8 & Under 100 Free		
57	9 & 10 200 Free		
58	11 & 12 200 Free		

SESSION 5: SUNDAY AFTERNOON, January 20th, 2019

WARM-UP: Not before 11:30am		COMPETITION: Not before 12:30 pm	
EVENT #:	EVENT TITLE:		
59	13 & 14 100 Free		
60	Senior 100 Free		
61	Masters 100 Free		
62	Senior 200 Breast		
^	Masters 200 Breast		
63	Masters 50 Breast		
64	13 & 14 100 Fly		
65	Senior 100 Fly		
66	Masters 100 Fly		
67	Senior 200 Back		
^	Masters 200 Back		
68	Masters 50 Back		
69	13 & 14 200 IM		
70	Senior 200 IM		
71	Masters 100 IM		
72	13 & 14 200 Medley Relay ³		
73	Senior 200 Medley Relay ³		
^	Masters 200 Medley Relay ³		
74	Senior 1650 Free ³		
^	Masters 1650 Free ³		

³ Deck Seeded Events (see above for details)

^ Events will be swum as part of the preceding event number

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach or team representative, verify that all of the **swimmers** and **coaches** listed on the enclosed entry form/team information are registered and entered into the meet in accordance and subject to USA Swimming Rules and Regulation:

501.7

.1 All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(S) are members of their LSC and USA Swimming.

.2 All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily complete safety training required by USA Swimming.

And as

302.4 False Registration – A host LSC may impose a fine up to \$100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is not **properly** registered.

I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. The Madison Swimming Association (MSA), Dublin Memorial Park, City of Madison, Southeastern Swimming, Inc. and USA Swimming, Inc., their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

SIGNATURE OF COACH OR CLUB OFFICIAL:	
CLUB:	
TITLE:	DATE:

TEAM INFORMATION FOR MSA MEET:

CLUB NAME:		INITIALS:
ADDRESS:		
LSC:	HEAD COACH:	
CONTACT PERSON:		PHONE NUMBER:
FAX NUMBER:	CELL PHONE:	EMAIL:
COACHES ATTENDING:	NAME	COACHES CARD EXPIRATION DATE
	1.	
	2.	
	3.	
CERTIFIED OFFICIALS WHO MAY WISH TO WORK:	1.	
	2.	
	3.	
	4.	
NUMBER OF SWIMMERS ENTERED:	ATTACHED:	
	UNATTACHED:	
	TOTAL:	

SUMMARY OF FEES

NUMBER OF SWIMMERS:		X \$13.00 SES SURCHARGE & FACILITY FEE =	
NUMBER OF OUT OF LSC SWIMMERS:		X \$15.00 SES SURCHARGE & FACILITY FEE =	
NUMBER OF IND. EVENTS:		x \$6.00 PER EVENT ENTRY FEE =	
TOTAL DUE:			

CONSOLIDATED ENTRY FORM FOR MSA MEET:
 Times should be in **Short Course Yards**

		EVENT #	EVENT NAME	BEST TIME	EVENT #	EVENT NAME	BEST TIME
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						

Please duplicate as needed



2019 One Event Registration Form

Register with the same name you will use for competition. Please print clearly.

Last Name		First Name		MI
Street Address				
City/State/Zip			Phone	
Date of Birth (mm/dd/yy)	Age	Sex (circle) M F	E-mail address	
Event Name and Location				
Signature (required)			Today's Date (required)	

Instructions:

- 1) Fill out both pages of this form. Page 1 is the application; Page 2 is the participant waiver. **Both pages** must be signed and dated by the participant.

- 2) Make check payable to: N/A⁵

- 3) Fees: \$20.00 national plus \$ N/A⁵ LMSC = \$ N/A⁵ Total

- 4) Meet Director should retain one copy of the signed forms for his state's applicable personal injury statute of limitations time period

- 5) Meet Director should mail check and completed forms (both Pages 1 and 2) to:
(registrar's name and address)

NOTE: Times swum under the one-event registration are not eligible for USMS Top 10 or records consideration.

⁵ **MSA has offered to cover the single meet registration cost**

Page 1 – This form cannot be accepted without being accompanied by Page 2 waiver. Form revised 10/5/2018



For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant			Date Signed	

