

Dixie Zone Newsletter

Spring 2012

FROM THE NEW ZONE CHAIR

JERRY CLARK

The 2012 USMS Short Course National Championship meet was held April 26-29 in Greensboro, NC at the Greensboro Aquatic Center, a stunning new swim center. The co-meet directors, Don Gilchrist and Hill Carrow, did a great job of having things ready to go when the participants arrived. Thanks go out to them and the many volunteers who put in long hours to make this event pleasant for everyone.

The annual US Aquatic Sports convention this September will be held at the Sheraton Four Seasons hotel in Greensboro, which is approximately one mile from the aforementioned aquatic center. I'm sure the delegates will enjoy visiting this pool for the early Thursday, Friday and Saturday morning workouts.

In the Winter newsletter, I mentioned that the LMSC Development Committee is working toward having all LMSCs in the country achieve standards that were adopted several years ago and revised in the past year. I have spoken out for having the appropriate Zone Chair be the person to call an LMSC Chair to discuss a problem rather than have 2-3 committee members make the call. I believe the committee members agree that this is a less stressful way to resolve a shortcoming. This committee feels there are two ways to gather information from all the LMSCs: (1) research any and all information that is already held at the USMS national office, and if the desired information is not there, (2) send a more user-friendly survey to the LMSC chairs and ask them to fill out and return the survey so both the chair and the committee members can see if help is needed to complete a problem. Hopefully this process can get up and running on 8 cylinders so that all the LMSCs comply with the current standards. I am sure we'll know more about this as the summer progresses.

Meanwhile, please be thinking about meets that will go into the 2013 Dixie Zone calendar. We'd like to get a solid list of those at this year's convention.

2012 YMCA NATIONALS

YMCA Masters Nationals was held April 12-15 at the Fort Lauderdale Aquatic Center. About 500 swimmers competed.

The winning team was the Sarasota YMCA Sharks. Other Dixie Zone top ten teams included Broward County (4th) and YMCA of Central Florida (10th).

The SYSM coach Rick Walker was awarded the John DeBarbadillo award for his significant contributions to Masters swimming.

Thirty-five individual YMCA national records and 5 YMCA relay records were broken at the meet. For complete meet results, see www.ymcaswimminganddiving.org.

USMS SPRING NATIONALS

The USMS Spring National Championship meet was held April 26-29 at the new Greensboro (NC) Aquatic Center. Over 1860 swimmers participated, including several Olympians. For the first time, live streaming video of the meet was provided. Full results and daily video recaps of the meet can be viewed on the USMS website.

Thirty-nine individual USMS records and 2 relay records were broken at the meet. There were many fast swims at the meet, including three men in different age groups who went 19's in the 50 free.

The winning club in the regional club division was the host North Carolina Masters (NCMS) who had an astounding 495 swimmers! Georgia was third and Florida Aquatic Combined Team (FACT) was eighth.

Clubs in the local club division from the Dixie Zone who placed in the top ten out of 152 teams included:
SYSM – Overall – 2nd, women – 10th, men – 1st
BLU – Overall – 4th, women – 11th, men – 5th
GOLD – Overall – 6th, women – 2nd, men – 9th

2012 ZONE SCY CHAMPIONSHIPS

Dixie Zone SCY Championships, hosted by Southern Masters Swimming in Baton Rouge on March 16-18, was enjoyed by seventy-four swimmers who competed for Dixie Zone Top Ten honors. SMS appreciated the opportunity to provide some Southern hospitality and good times. The regional SMS team took first place, Mandeville FINMs were second and the Texas Woodlands was third. Woodland's Coach Tom Boak, meet director for the LCM Championships in Omaha,

Nebraska in July, and a past USMS president, has always supported SMS meets. Jeff Maynor with the help of the Crawfish Aquatics club members and three officials put on a well-run meet.

Nan Fontenot, SMS chair, presented 13 men and 9 women in SMS their Top Ten USMS awards in between swimming events. The outstanding Female SMS Swimmer was Fay Lachney with seven USMS Top Ten places in 2011 and Outstanding Male SMS Swimmer was Doug Holmes with 24 USMS Top Ten places in 2011, including three All-American times.

All meet participants received a Dixie Zone sweatshirt. Following jambalaya and bread pudding for lunch on Saturday, Shelly Ripple talked on the importance of warm up and cool downs at swim meets. During the SMS annual meeting, JoPaul Steiner, age 96, received a plaque recognizing him as the founder of Louisiana Master's swimming, and Nan Fontenot, was awarded a plaque for her four years as SMS chair by Chris Frederic, the new SMS chair. In 2012, SMS expects to exceed its record membership of 607 in 2011 partly because of SMS's new emphasis on Open Water and Distance swimming events. SMS will hold its first Open Water Swims of 1500m and 3000m in New Roads/False River on October 20, 2012, and has begun to keep SMS records in the five Postal distance events.

The Southern Masters Swimmers had a good year winning here in Baton Rouge following their fifth place finish at the LCM Championships in Auburn. The SCY Championships and USMS Annual Meeting in Greensboro will complete twelve months of Dixie Zone's dominance of major meets.

DIXIE ZONE LCM CHAMPIONSHIPS

South Carolina LMSC Long Course Championships
August 4-5, 2012
Greenville, South Carolina

Meet Location: Westside Park & Aquatic Complex is a semi-open air facility with a 50 meter by 25 yards competition pool and adjacent five (5) lane warm-up/warm-down pool. Both pools are bottom striped, wall targeted and equipped with non-turbulent lane lines. Bleacher seating is available for up to 1000 spectators along with ample deck space and bleacher seating for swimmers. The water depth of the competition pool is six (6) feet to seven (7) feet measured from one (1) meter to five (5) meters at the starting end of the course and six (6) feet to seven (7) feet measured from one (1) meter to five (5) meters at the turning end of the course. Both the competition and the warm down pools have UV filter systems and new evacuator systems for chloramines discharge along with a high velocity air system.

Time of the Meet:

Saturday: Warm-up 10 AM, Competition at 10:30 AM
Sunday: Warm-up 8 AM, Competition at 9:00 AM

Awards:

Individual event ribbons 1st-8th place in each age group
High Point top male and female swimmers in each age group
Top three teams in and out of state

Highlights:

The 1500 m Free - First event Saturday morning.
Swim Meet T-Shirt: Pre-order only, Name of each participant will be listed on the back.
Saturday Night Social - Food, music, and beverages - Downtown Greenville

Questions: Contact Karen Alexander, Meet Director at 864-506-2016 or pixabugg@bellsouth.net
Please visit our website at www.tgswim.com.

CHECK-OFF CHALLENGE and 5/10K POSTAL SWIMS

Hammerhead Aquatics, part of GOLD Masters, is hosting the 2012 USMS Check-off Challenge and the 5/10k Postal Swims this year.

The Check-off Challenge is where one registers, and tries to swim each event on the books. It is a great team event. You can do the events at workout or a meet. You register, online and try to complete each event in yards, long course meters, or short course meters during the calendar year. Sign up and try. It does not matter what the times are. Challenge your teammates to do every event!

The 5/10k Postal Swim starts May 1 and runs through September 1, 2012. You register online, swim the distance at any pool of legal length, record your splits and send them in. Awards are given for relays and individuals and awards are for the top 10 in each age group. There is no harm in trying, so sign up! This event is awarded with USMS National championship awards.

You can register for one or the other at www.hammerheadaquatics.com or www.dixiezone.org. For more information, contact coach John at swimjohnswim@bellsouth.net

Support the USMS fitness events, and Hammerhead Aquatics, by signing up for one or both!

THE V UANA PAN AMERICAN MASTERS CHAMPIONSHIPS

The Sarasota Family YMCA will partner with U.S. Masters Swimming to host the 2013 Pan American

Masters Championship, which will be held May 31-June 10, 2013.

The event schedule is: Synchro: May 31, 2013 through June 2, 2013; Swimming: June 5-9, 2013 Open Water: June 10, 2013

The event will be held at the Selby Aquatic Center, Sarasota Family YMCA, 8301 Potter Park Dr, Sarasota, FL 34238. Full details will be available at this site soon: www.panamericanmasters2013.org

NEWS FROM THE FGC LMSC

The Florida Gold Coast (FGC) LMSC annual awards banquet was held on Sunday, May 6 at GG's Grill in Hollywood Beach, FL. We were honored to have June Krauser in attendance this year. June was recognized for all her work for USMS both at the LMSC and national level, as well as the over 1300 top ten rankings that June had over her many years of swimming.

The top awards for the year were:
Pool Swimmers of the Year 2011 –
Pat Sargeant and David Quiggin
Long Distance Swimmers of the Year 2011 –
Abigail Boburka and Ricardo Valdivia.

All swimmers who achieved All American or Top Ten status in individual or relay events in 2011 were presented with a beach towel with the LMSC logo embroidered on it. There were 153 swimmers in the LMSC who made top ten.

NOTES FROM THE FLORIDA LMSC

The Florida LMSC celebrated their 11th Annual Awards Banquet on February 11, 2012. Here are our award recipients.

Cindy Januszewski of the Florida Mavericks received our prestigious Sue Moucha Overcoming Adversity Award.

Gary Henderson of the Villages Aquatic Swim Team was awarded our 2012 Coach of the Year Award.

Florida LMSC Service Awards were presented to Victor Buehler, Meredith Moore and Jason Brauer.

Club Service Awards were presented to Joan Campbell of the Florida Aquatic Combined Team and Margie Hutingler of the Florida Mavericks.

Our 2011 Long Distance Top Ten Women Swimmers were: 1. Mary Holman, GSC; 2. Sara Holman, GSC; 3. Melissa Harasz, SPM; 4. Patricia Bond, FMM; 5. Sandy Steer, SPM; 6. Charlotte Peterson, SPM; 7.

Sarah Kwon, SPM; 8. Meredith Moore, T2NM; 9. Dawn Clark, SPM; 10 Mary Williamson, SAST.

Our 2011 Long Distance Top Ten Men Swimmers were: 1. Robert Beach, SPM; 2. Timothy Kennedy, SPM; 3. Konrad Euler, SPM; 4. Ted Bradley, SPM; 5 tie Charles Schlegal, FMM and 5. tie Pat Marzulli, SPM; 7. Bruce Mohl, T2NM; 8. Brud Cleaveland, FMM; 9. Ken Gersbach, SPM; 10. Cliff Eastwood, FMM.

Our 2011 Pool Top Ten Women Swimmers were: 1. Joan Campbell, FACT; 2. Jean Troy, FMM; 3. Nancy Durstein, FACT; 4. Linda Visser, BLU; 5. Patricia Bond, FMM; 6. Margit Jebe, T2NM; 7. Deb Walker, FACT; 8. Danielle Chance, BLU; 9. Sara Holman, GSC; 10. Betty Lorenzi, FACT.

Our 2011 Pool Top Ten Men Swimmers were: 1. Rick Walker, SYSM; 2. Steve Wood, BLU; 3. Jack Groselle, SYSM; 4. Gaylord Hopkins, FMM; 5. Keefe Lodwig, SYSM; 6. Keith Switzer, BLU; 7. Doug Messineo, FACT; 8. Kyle Deery, SYSM; 9. William Specht SPM; 10. David Oaks, SYSM.

Our 2011 Leather Lung Recipients: Ellen Bennett, SYSM - SCY; Joan Campbell, FACT-SCY and LCM; Dawn Clark, SPM-Postal; Nancy Durstein, FACT - SCY; Ken Gersbasch, SPM - Postal; Mary Holman, GSC-Postal; Sara Holman, GSC-Postal; Tim Kennedy, SPM-Postal; Jim Matysek, SYSM - SCY; Keith Nelson, SPM -Postal; Flavia Zappa - SPM-Postal.

For more information on these awards please visit <http://floridalmc.org/>.

GOLDEN GATE BRIDGE IM SWIM

On September 8, 2012, in an effort to raise awareness about the WOUNDED WARRIOR PROJECT, Sarasota resident and Florida Maverick Masters swimmer Gregory Rotole will be swimming four crossings under the Golden Gate Bridge doing a mile of each of the four strokes. The unique and formidable challenge was first done by three Dolphin Club swimmers from San Francisco in 2010, which greatly inspired Greg onward to an uncharted and epic journey. So, help Greg raise awareness about the WOUNDED WARRIOR PROJECT by making your donation today. Send your check made payable to the Wounded Warrior Project to:

Gregory S Rotole
PMB 182
15 Paradise Plaza
Sarasota, FL 34239

Further inquiries may be made directly to Greg at: 941-256-6903

Or "gregswims@gregorysrotoledds.comcastbiz.net"

DIXIE ZONE CALENDAR

May 20	LCM	Central Florida Marlins Summer Splash 1 – Ocala, FL
May 20	LCM	NAC Masters Mayhem Meet – Nashville, TN
May 26	OW	Ed Gaw Amelia Island Open Water Challenge – Fernandina Beach
June 2	LCM	Classic City Masters Meet – Athens, GA
June 8-10	LCM	Bumpy Jones, Classic – Sarasota, FL
June 9	LCM	Eastern North Carolina LC Splash – Goldsboro, NC
June 9	OW	Death Valley Open Water Swim Meet – Clemson, SC
June 16	OW	Swim Around Key West (12.5 miles) – Key West, FL
June 23-24	LCM	Plantation Piranhas LCM Invite – Plantation, FL
July 5-8	LCM	USMS Long Course Nationals – Omaha, NE
July 14	LCM	Central Florida Marlins Summer Splash 2 – Ocala, FL
July 14-15	LCM	St. Pete Masters LCM Championships – St. Petersburg, FL
July 14-15	LCM	Upper Keys LCM Invitational – Islamorada, FL
July 21-22	LCM	June Krauser Summer Splash – Ft. Lauderdale, FL
Aug 4-5	LCM	Dixie Zone LCM Championships – Greenville, SC
Aug. 11-12	LCM	City of Clearwater LCM Meet – Clearwater, FL
Aug. 25	OW	USMS 1-Mile Open Water Championship – Lake Lure, NC
Sept. 15	SCY	Steve Barden Memorial Meet – Asheville, NC
Sept. 22	SCY	Central Florida Marlins Fall Splash – Ocala, FL
Oct. 6	OW	Dixie Zone OW Championships – (1K, 2.5K, 5K) Sarasota, FL
Oct. 12-14	SCM	Dixie Zone SCM Championships – Orlando, FL
Oct. 14	OW	22 nd Annual Bermuda Around the Sound Swim - Bermuda
Oct. 14	LCM	Fairhope, AL
Nov. 3-4	SCM	Upper Keys Fall Invitation – Largo, FL
Nov. 10-11	SCM	Bridge the Bay – Sarasota, FL
Nov. 17	SCY	Mandeville, LA
Nov. 25	SCY	Pensacola, FL
Dec. 1-2	SCY	Lakeland, FL

For more calendar details, check out www.usms.org and www.dixiezone.org.

It is recommended that meet directors post their meet information on the main USMS Calendar as well as on the Dixie Zone Calendar.

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