

# Dixie Zone Newsletter

## Spring 2014

### WHAT IS THE DIXIE ZONE?

United States Masters Swimming (USMS) has divided the country into 53 Local Masters Swimming Committees (LMSC) which are grouped into eight zones. The Dixie Zone is made up of the following LMSCs: Florida, Florida Gold Coast, Georgia, North Carolina, South Carolina, Southeastern, and Southern. Georgia, North Carolina, and South Carolina LMSCs are those states. The Florida Gold Coast LMSC is the southeast portion of Florida, while the Florida LMSC is most of the remainder of the state. Southeastern is the state of Alabama, the state of Tennessee, and a portion of the western FL panhandle that is south of Alabama. Southern is the states of Louisiana and Mississippi.

### DIXIE ZONE CHAMPIONSHIPS

Don't forget the Dixie Zone Championship meets for 2014.:

LCM: June 27-29, 2014 – Tupelo, MS

SCM: December 13-14, 2014 – Atlanta, GA

OW: June 14, 2014 – Chattanooga, TN

### IMPROVED USMS INSURANCE PRACTICES AND REGULATIONS

USMS continues to take steps to improve our risk management practices with a goal of safeguarding USMS for everyone's benefit. Some important risk management steps we have taken include hiring Entertainment & Sports Insurance eXperts (ESIX) as our risk management partner (ESIX is the risk management provider for many governing bodies including USA Triathlon and USA WaterSki); expanding use of the online sanction database so we have information on the events we are sanctioning; and clearly defining who we want to insure and what activities we want to insure. Below is an update and summary of our 2014 risk management expectations:

- All participants in a USMS activity (pool, open water, clinics, practices, etc.) must be a USMS registered member, guest member or one-event participant;

- Adult swimming programs promoting a USMS or Masters Swimming relationship must register as a USMS club or workout group;
- Organizers of pool or open water events desiring a sanction must apply via the USMS online sanction pro-gram (clinics are an "approved activity" under our insurance and must abide by checklists published at the USMS website, but they are not required to have a USMS sanction);
- Excess accident coverage is now extended to guest members (trial members, approved foreign members, etc.);
- Combined USA Swimming and USMS practices are permissible provided the coach on deck is both USA Swimming registered and USMS registered;
- Clubs or workout groups needing a certificate of insurance should contact Tracy Grilli in the National Office;
- A report of occurrence should be prepared for any claims or incidents and submitted to Tracy Grilli in the National Office.

### Open Water Risk Management and Insurance Update

- LMSCs are the first line of approval for open water sanctions, with the USMS Executive Director, or his designee, having final approval for open water sanctions;
- LMSCs will be billed \$1,000 by USMS for each open water sanctioned event it approves;
- Open water event directors must host a pre-race event meeting and distribute checklists as available on the USMS website;
- Boat operators must attend the mandatory pre-race boat driver meeting and those approved to be on course for open water sanctioned events or practices must have a propeller guard OR a dedicated onboard swimmer spotter (neither the boat operator nor swimmer spotter may swim in the event or practice);
- Boat operators (volunteer or hired) must provide proof of insurance to the event director. Municipality and government owned/operated boats are not required to provide proof of insurance.

## FLORIDA LMSC NEWS

By Meegan Wilson

The Florida LMSC held their 13th Annual Awards Banquet on February 15, 2014 following the first day of the Annual Valentine's SCY meet. It was held at the Sunset Grill in Clearwater, FL.

Congratulations to Our 2013 FL LMSC Award Winners

\*Pool\* - Women & Men

\*Swimmer of the Year\*

Joan K Campbell, FACT Burwell Jones, SYSM

\*Outstanding Swimmers\*

Jean D Troy, FMM Jack R Groselle, SYSM  
Betty S Lorenzi, FACT Robert M Williams, FMM  
Patricia M Bond, FMM Rick B Walker, SYSM  
Erika A Erndl, T2NM John C Smith, SYSM

\*Top Ten\*

Justine L Mueller, T2NM Keefe L Lodwig, SYSM  
Danielle R Chance, BLU Bob E Couch, SYSM  
Patricia A Tullman, FMM John E Cornell, FACT  
Martha J Henderson, FACT Ramses Rodriguez, SYSM  
Lisa Blackburn, T2NM William L Specht, SPM

\*Open Water/ Long Distance\* Women & Men

\*Swimmer of the Year\*

Patricia Bond, FMM Robert Beach, SPM

\*Outstanding Swimmers\*

Sandy Steer, SPM Timothy Kennedy, SPM  
Dawn Clark, SPM Jeff Erwin, BLU  
Melissa Harasz, SPM Bruce Mohl, T2NM  
AnnMarie Morrisseau, T2NM Pat Marzulli, SPM  
Dane Griffin, CFM

\*Top Ten\*

Sara Kwon, SPM Charles Weatherbee, FMM  
Karen Drack, SPCO Fred Wakelin, T2NM  
Joan Gamso, T2NM John King, T2NM  
Charlotte Petersen, SPM David Gray, T2NM  
Brooke Bowman, SPM Charles Schlegel, FMM

\*Leather Lung Awards\*

Joan Campbell, FACT - SCY, LCM, SCM  
Bob Jennings, FACT- LCM  
Jim Matysek - SYSM - LCM  
Sue Moucha, FMM - SCY  
Brenda Walker, FACT - SCY  
Dawn Clark - SPM - Postal  
Melissa Harasz - SPM - Postal  
Tim Kennedy - SPM - Postal  
Pat Marzulli - SPM- Postal

Sue Moucha Overcoming Adversity Award - \*Tom Bliss\*

Florida LMSC Service Award

Marianne Bradley-FACT, Social and Awards Chair  
Meredith Moore - T2NM, Communications Specialist

Florida LMSC Coaches Award  
Ed Nessel - Space Coast Aquanauts

Florida LMSC Club Service Awards  
Kelley Carpenter, SYSM  
Cathy Fedako - SYSM  
Edna Gordon - Sarasota Tsunami Masters  
Laura Hamel - SYSM  
Bob Jennings-FACT  
Sam Moreland - Gulf Coast Swim Team  
Meredith Moore - T2NM Naples  
Patty Nardozi - SPM  
Ed Nessel - Space Coast Aquanauts  
Sandy Steer- SPM

## SMS RECORDS FALL AT SCM CHAMPIONSHIPS

Fifty-four swimmers (26 women and 28 men) from 12 teams competed in Southern Masters Swimming SCM Championships at the UNO Arena Pool on December 14 & 15, 2013. It was the largest turnout in the last few years for any SMS Championship meet which was surprising being so close to Christmas. The Elmwood Sharks under coach Dave Hinyup were four fold winners over the Southern Masters Swimmers and HUB Fins coached by Kyle Joplin. Having these coaches on deck at a meet and promoting SMS meet participation definitely makes a difference in their teams swimming performance. In appreciation these two coaches received a cash bonus from SMS for bring so many swimmers to the meet. Everyone appreciated Ellen Hall's coordination of the food and drinks at the meet, especially since she didn't even swim!

Due to the great participation, 18 SMS Records were set, many USMS Top Ten swims were recorded, and 24 swimmers won individual high points in their age group at this meet. Stephanie Stone from Plano Wildcats probably won four All-American titles (fastest USMS times this year in her 45-49 age group for SCM) in the 200 & 400 Free & the 200 & 400 IM. Edina Pou, age 30, Elmwood Shark and formerly on the Hungarian Olympic team set SMS Women's 30-34 Records in the 1500 Free, 50 Breast, 100 Breast, and 400 IM. Heidi Hendrick, age 32, Elmwood Sharks, set SMS Women's 30-34 Records in the 200 Free, 400 Free, 100 Back, and 200 Back. Dale Williams, age 61, set SMS Women's 60-64 Records in the 200 Free, 50 Back, 200 Back, and 200 Free Relay. What a race it is going to be for SMS Outstanding Female Swimmer for 2013 which will be presented at the SCY Championships at the Crawfish Aquatics Pool. However, we won't know who wins until the SCM Top Ten times are published at the end of February since Outstanding SMS awards

are based on person receiving the highest Top Ten score for the year.

Cecile Manny, Elmwood Sharks, at the top of her 55-59 age group, set the SMS Woman's 55-59 Record in the 800 Free. Mariela Saucier, Red River Masters, set SMS Women's 50-54 Record in the 100 Back. The only male to set an individual SMS Records was Steve Fischer, Elmwood Sharks, in the 800 and 1500 Free. Note all the SMS Individual Records were set by Elmwood Sharks who as a team also ran away with the #1 team victory. There was spirited completion by 18 teams in the six relay events. SMS Records were set in Women's 200 Free Relay (240-279 age total) by Sharon Hughes, D. Williams, Vicki Buccino, and Word Beckstrom, and the 200 Mixed Medley Relay (280- 319 age total) by Pat Arnold, Michael Gordon, Doug Holmes, and Vicki Buccino .

Thanks to John Roth, meet director, Chris Frederic, starter, and Vicki Buccino, SMS Records and Top Ten Chair for getting the SCM Records for publication.

## CHATTANOOGA NEWS

The 1<sup>st</sup> Annual Chattanooga River Rats Masters Swim Meet will be held on Saturday, April 12<sup>th</sup>. We will feature 50 and 200 yard races in all strokes. We will also offer the 100 IM, 200 IM, 400 IM and 500 Free. Please email Stan Corcoran at corcoran@mccallie.org for meet information.

The Open Water National Championships (2.4 miles) in Chattanooga is a 2.4 mile open water swim on Saturday, May 17<sup>th</sup>. The race will be swum in a rectangular course with swimmers doing two laps.

Dixie Zone Open Water Championships in Chattanooga:

The Chattanooga River Rats will host this annual race which is also the Dixie Zone Championships on Saturday, June 14th. There will be two races a 4.5 mile and 2.4 mile swim. These swims will be a one way down stream race with the current. To register for the races please go to the website [chattanoogaarace.com](http://chattanoogaarace.com).

### SWIMMER PROFILE:

#### DAVIS MCINTYRE (GOLD)

Englewood Sun and Weekly Herald  
By Erin Moore

At 76 years old, David McIntyre seems to be kicking up the leaves in the autumn of his life. The retired businessman's diverse schedule keeps him in and out of pools, airplanes, rickshaws and galleries. If he's not in the water, he could be off on a safari in Africa or island hopping in the South Pacific. At least once a month, he's manning the gallery at the Arts Alliance of

Lemon Bay in Olde Englewood Village where his paintings are on display.

Retirement from a life of international business has only served to magnify his passion. Shortly after graduating from college in Michigan, McIntyre accepted a job teaching biology to students in Jamaica in the early '60s. What was intended to be a six-month assignment turned out to be a three-year adventure. From there, he landed another teaching position in Hawaii for three years. Returning to the mainland to complete a degree from Thunderbird Graduate School for Global Management in Phoenix, AZ, McIntyre launched a career traveling abroad beginning with a job with the 7UP soft drink company. "The world was my territory," McIntyre said with the exception of the U.S. and Canada.

Accompanied by his wife, Lois, the couple has traveled the globe exploring the culture and customs of countries on several continents. From India to the Cook Islands, Cambodia to Tanzania. Influenced by his grandmother and the work of post-impressionist Paul Gauguin, McIntyre took brush to canvas in 2002. The mostly self-taught artist has painted 160 canvases over the past 10 to 12 years and has sold all but 25.

"That same year, Lois and I were married on the beautiful South Sea island of Rarotonga. Our next stop was Tahiti, where Gauguin spent his last 10 years." On returning home he visited the grave site of Gauguin's son Emile, who is buried in Englewood's Lemon Bay Cemetery. This started a new adventure resulting in a trip to Denmark at the invitation of the descents of the great artist who knew nothing of their grandfather, Emile's, life in America. This started an ongoing joint research resulting in co-authoring a book entitled "Emile Gauguin: His Father's Son."

McIntyre's travels have also included trips to compete in five of the World Masters Games including Canada, Australia, Germany, New Zealand and most recently in Italy. In the summer of 2013, he received a gold medal in the 50 meter backstroke in the 75 to 79 year-old category.

McIntyre hopes his story inspires other retirees to make the most of their golden years. "Retirement is the best job I've ever had," he said. You can reach David at [david@davidmcintyre.us](mailto:david@davidmcintyre.us).

An abstract painting of an ocean swimmer by David now hangs in the Sarasota National Office of United States Masters Swimming.

# DIXIE ZONE CALENDAR

<b>2014</b>		
Apr. 10-13	SCY	YMCA Masters Nationals – Sarasota, FL
Apr. 11-13	LCM	Jimi Flowers Spring Splash, Auburn, AL
Apr. 12	SCY	Chattanooga River Rats Swim Meet – Chattanooga, TN
Apr. 13	OW	Open Water Festival 5K – Miromar Lakes, FL
Apr. 19	OW	Swim Miami – Miami, FL (not sanctioned)
Apr. 26	SCY	Stephen Billeaud Memorial Pentathlon – Lafayette, LA
May 1-4	SCY	USMS Spring Nationals – Santa Clara, CA
May 3	OW	Hurricane Man – St Petersburg, FL
May 17	OW	USMS >1/<3 mile Championships – Chattanooga, TN
May 18	LCM	Marlins Masters LC Meet 1 – Ocala, FL
May 24	OW	Ed Gaw Amelia Island Challenge – Fernandina Beach, FL
June 7	LCM	Eastern North Carolina Spring Splash – Goldsboro, NC
June 7	LCM	Classic City Masters Invitational – Athens, GA
June 7-8	LCM	Spring Chicken Classic – Nashville, TN
June 13-15	LCM	Bumpy Jones Classic – Sarasota, FL ** new dates
June 14	OW	Dixie Zone Open Water Championship – Chattanooga, TN
June 21	SCY	Alabama State Games – Birmingham, AL
June 21-22	LCM	Shut Up and Swim Roy Dessloch Invitational – Greenville, SC
June 27-29	LCM	Dixie Zone LCM Championships – Tupelo, MS
June 28-29	LCM	Powerade State Games of North Carolina – Charlotte, NC
July 12	LCM	Marlin Masters Summer Splash 2 – Ocala, FL
July 12-13	LCM	SPM Long Course Championships – St Petersburg, FL
July 19-20	LCM	June Krauser Summer Splash – Ft Lauderdale, FL
July 26-27	LCM	Dog Days of Summer Meet – Clearwater, FL
Aug. 2-9	LCM	FINA Masters World Championships – Montreal, Canada
Aug. 13-17	LCM	USMS Summer Nationals – University of Maryland
Sept. 17-21		USMS Convention – Jacksonville, FL
Sept. 20	SCY	Marin Masters SC Meet – Ocala, FL
Oct. 4	OW	Tropical Splash – Sarasota, FL
Oct. 10-12	SCM	Rowdy Gaines Classic – Orlando, FL
Nov. 8-9	SCM	Shark Tank Meet – Sarasota, FL
Dec. 13-14	SCM	Dixie Zone SCM Championship – Atlanta, GA
<b>2015</b>		
Apr. 23-26	SCY	USMS Spring Nationals – San Antonio, TX
Aug. 6-9	LCM	USMS Summer Nationals – SPIRE Institute, Geneva, OH

For more calendar details, check out [www.usms.org](http://www.usms.org) and [www.dixiezone.org](http://www.dixiezone.org).

It is recommended that meet directors post their meet information on the main USMS Calendar as well as on the Dixie Zone Calendar.

<b>Zone Website:</b> <a href="http://www.dixiezone.org">www.dixiezone.org</a>	<b>Zone Chair:</b> Matt Hooper <a href="mailto:hooperswim@yahoo.com">hooperswim@yahoo.com</a>	<b>Newsletter Editor:</b> Barb Protzman <a href="mailto:swimbarb@hotmail.com">swimbarb@hotmail.com</a>	<b>USMS Website:</b> <a href="http://www.usms.org">www.usms.org</a>
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