

Dixie Zone Newsletter

Summer 2014

FROM THE ZONE CHAIR

By: Matt Hooper

Greetings Dixie Zone. August is here, and USMS's long course season is in full-swing.

This month, preparations for USMS's 2014 Convention also notch up. The 2014 Convention is in our zone, once again in Jacksonville, Florida, and will be September 17-21. In preparation for that, each Local Master Swimming Committee (LMSC) last month were sent preliminary scores on USMS's 45 standards for LMSC. The standards are designed to help ensure that each LMSC is practicing effectively, and the preliminary scores were sent to help foster discussions within each LMSC on what is recommended by USMS be done (and whether/not it is).

In more direct preparation for Convention, three items to note:

1. This year the Zone will **elect a new at-large representative** to the USMS Board of Director. This person will be new as our current rep, Maria Elias-Williams, is not running for re-election to the position. We currently have one candidate for the election: Sean Fitzgerald. Sean has been a long-time Vice Chair for the Georgia LMSC, and recently just completed 8 years as Chair of USMS Legislation Committee. Further information on Sean (as well as other candidates up for similar positions in USMS's 7 other zones) can be found online here: <http://www.usms.org/admin/election14/>

2. At Convention, the Zone will **elect the hosts for the Zone Championships in 2015**. We are looking for 4 championships: short course yards, long course meters, short course meters, and open water. LMSCs please check with your meets/events and see if any are interested in being a Zone championship. If yes, please have them prepare a brief description of their event, including at least: dates of the meet, location and history. Also, it is advisable for someone at Convention to be prepared to answer questions about the event.

3. If anyone has **items for the agenda** for the Zone's meeting at Convention, please get them to me. They can be emailed to dixie@usms.org.

I hope your summer is going well and good luck in

College Park, Montreal and/or wherever your end-of-season meets may take you.

IMSHOF CLASS OF 2014

The International Masters Swimming Hall of Fame (IMSHOF) is proud to announce its class of 2014. The group of seven outstanding individuals will be inducted at the annual ceremony to be held Friday evening, September 19th, in Jacksonville, Florida, in conjunction with the United States Aquatic sports Convention. The prestigious IMSHOF class of 2014 includes four swimmers, one diver, one water polo player and one contributor from four different countries: the USA, Australia, South Africa and Croatia. The inductees are: PAM HUTCHINGS (AUS) - Masters Swimmer, JEAN TROY (USA) - Masters Swimmer, DAVID GUTHRIE (USA) - Masters Swimmer, TIM SHEAD (RSA/USA) - Masters Swimmer, JENNIFER MANGUM (USA) - Masters Diver, RADOVAN MISKOV (CRO) - Masters Water Polo, TED WITTE (USA) - Masters Contributor

The two inductees from the Dixie Zone are:

JEAN TROY, of the USA has competed in Masters Swimming since 1976 and has been in the Top Ten for 32 years. She set 37 FINA Masters World Records in the freestyle, butterfly and individual medley. She has competed at the 1992, 1994 and 2002 FINA Masters World Championships winning 5 gold, 3 silver and 3 bronze medals.

TIMOTHY SHEAD, competing for South Africa and the USA, first appeared in the Masters Top 10 in 1992 and has been listed there for a total of 17 years since then. As a versatile swimmer, he set 32 FINA Masters World Records, 20 long course meters and 12 short course meters in the I.M, backstroke, breaststroke and relay. He has competed in 10 FINA Masters World Championships winning 17 gold, 16 silver and 5 bronze medals in the I.M, backstroke, breaststroke and butterfly.

PAUL HUTINGER 1924-2014

Masters Swimmer Paul Hutinger passed away on July 17, 2014 after a battle with squamous cell carcinoma of the nose. He was inducted into the Masters Hall of Fame in 2004. Paul also was the 1977 recipient of the Capt. Ransom J. Arthur, MD award, which is USMS's

highest honor. He is survived by his wife, Margie, and one son, Chuck.

Dr. Paul Hutinger has been involved in swimming since the late 1930s when he worked as a swimming leader in the YMCA. He started competing during his freshman year of high school, 1939, in St. Louis, Missouri. He competed through high school, the Navy and into Iowa University, where he lettered all four years with Hall of Famers Doc Councilman as the assistant coach and Dave Armbruster as head coach. He has coached age groupers with national records; high school swimmers with All-America status; college teams ranked among the national top five; and Masters with three national team championships and national and world record holders. He received his B.S. and M.A. at Iowa and his Doctorate at Indiana University, with Councilman chairing his dissertation.

At Indiana University, Hutinger started one of the first fitness swimming programs with several other swimmers and maintained his competitive swimming edge. In the early '70s, he participated in organizational meetings and contributed ideas to help establish the fledgling Masters program. Graduate school in 1970 prevented him from competing in the first National Championships but the next year he swam at the second championships in Amarillo, Texas, sponsored by the American Swimming Coaches Association and John Spannuth. He held the first meet in the Midwest in 1971 and annually for 18 years at Western Illinois University (WIU) where he was a professor of physical education and coach of swimming and water polo for 27 years. His WIU teams placed in the top five university teams for most of those years. He also supported other early meets in Denver, Indiana University, San Mateo and Fort Lauderdale. He has competed in the program every year since 1971.

From 1974-1980 at WIU, he wrote and published "*Lane 4*," a Masters quarterly swim journal with international subscribers. Those same years, he served on the staff of "*Aquatic World*," published bimonthly, as a special contributor and wrote an "Advice for the Swimmers' Body" column. He also distributed his "*Masters Swimming Log and Guide*," a daily workbook. In 1982, he published "*Journal of Masters Swimming*," which he compiled from selected articles from "*Lane 4*."

Since 1970 and with his expertise in exercise physiology and access to the university lab, Dr. Hutinger compiled an ongoing scientific study of the effects of aging and swimming, from research he gathered on himself. He presented this research to the Canadian Masters Swim Clinic in 1977 and the World Swimming Conference in 1992. By age 70, he had lost only 10% of his performance capabilities compared to a non-trained individual who loses 45%. He received the prestigious Ransom Arthur Award in 1977.

In 1973, Dr. Hutinger formed the Illinois Masters and competed with them for 20 years. After retiring from WIU in 1992, he moved to Florida, and in 1996 he paved the way to organize the Florida Maverick Masters. Since then, his men's team has won three national championships in LCM and one combined championship.

Hutinger has held all three backstroke records in seven age groups (45-49 through 75-79) in all three courses except for the LCM 50 back in the 65-69 age group. In the 45-49 age group, he held records in every SCY event. In the 50-54 age group he held records in every event except for the 100 and 200 free. In the 60-64 age group in SCY he held the 50 fly record for seven years, 50 and 100 back for nine years, and the 100 I.M. for ten years. In LCM— the 50m and 100meter back for seven years; in SCM – the 50m and 100m back for eight years. He is the only Masters swimmer to have achieved a USMS All- American ranking every year since its inception in 1972.

Paul has set 26 FINA Masters World Records in all events except the breaststroke, many of which were held up to eight years. He has won 134 U.S. Masters National Championships and seven Master World Championships having competed in Brisbane (1988) and Munich (2000).

JON ERIKSON, OPEN WATER SWIMMER

In a year where accolades deservedly showered upon Jon Erikson, he unexpectedly passed away July 28. Jon was 59, lived in Boca Raton, FL, and the cause of his death is currently unknown.

From the age of 14 when he trained under Rosemary George and crossed the English Channel in 11 hours 23 minutes in 1969, to his last days, the ultimate in a channel swimmer was always fondly remembered, not only for his swimming exploits but also for his personality and good cheer.

In June, Erikson was inducted into the International Swimming Hall of Fame as an Honor Open Water Swimmer after a 12-year career with these achievements:

- 11 English Channel crossings (4 single crossing, 2 double crossings, and 1 triple crossing in 38 hours 27 minutes)
- 31 professional marathon swims in Canada, Mexico, United States, and Argentina
- the first crossing of Canada's Chaleur Bay
- 2 training swims over a 37-mile Chicago-to-Michigan City course including a 24 hour 30 minute swim and a 19 hour 12 minute swim in 1980.

Erikson was also scheduled to be honored at the 2014 Global Open Water Swimming Conference in Scotland on September 19-21 to be held in the beautiful Mount Stuart Castle on the Isle of Bute,

FLORIDA GOLD COAST LMSC NEWS

The Florida Gold Coast LMSC held their annual Awards Brunch on Sunday, June 1, 2014. Receiving top honors as the Swimmers of the Year for 2013 were:

Pool: Danielle Ogier, Lee Childs

Long Distance: Sonja Koppenwallner, Ricardo Valdivia

All swimmers who made All American or Top Ten rankings in individual or relay events were recognized. The LMSC had 17 Individual All Americans, 3 Long Distance All Americans, 39 Relay All Americans, and 11 Long Distance Relay All Americans. A total of 101 swimmers had Individual top ten rankings, and 145 swimmers made Relay Top Ten. Sixty-six swimmers obtained a World top ten ranking in either individual or relay events.

At the June Krauser Summer Splash Meet held on July 26-27 at the North Palm Beach County Aquatic Center in Jupiter, FL, David Quiggin (GOLD) broke the World Record in the men's 70-74 100 meter Freestyle with a time of 1:04.60. Dave missed the record in the 200 free by only .5 sec.

2014 DIXIE ZONE SCM CHAMPIONSHIPS

By: Walter Leen

The annual St Nicks SCM Meet at the Georgia Tech pool in Atlanta in December 13-14 will also serve as the Dixie Zone Championship, the first such Dixie Zone Championship meet in Georgia in over 10 years. Here is the scoop.

USMS divides America into 8 Zones. Georgia is in the 8-state Dixie Zone that includes some powerhouse adult swim programs like the NC 486 person superteam and Florida the home of the largest contingent of senior age swimmers. Each year, 3 different existing meets in 3 separate Dixie states are selected to be a Zone championship meet for each course (SCY/LCM/SCM). Generally, the Dixie Zone Championship meets are rotated from State to State but it has been a long time since Georgia has hosted (or won) a Dixie Zone Championship meet, perhaps because Georgia Tech was the site of the 2010 SCY National Championship.

Most Masters swim folk know swimmers from the Georgia club with the logo GAJA which is a comingled element with swimmers from about 12 different

Georgia teams, with Killer Whales being the largest. GAJA won the 2010 National Team Championship at Georgia Tech by the narrowest of margins 2083 to 2076 over the NCMS team which included virtually every Masters swimmer in NC. The GAJA team is far less comprehensive and does not include independent clubs like Atlanta Water Jocks and Atlanta Rainbow Trout, both of which have world class swimmers. Still, as expected GAJA, as the largest of the home teams, won the 2010 Nationals and on neutral ground also won the 2011 LCM National Team Championship at Auburn as 97 of 99 GAJA swimmers and 54 of 76 relays won medals.

Still, a Georgia club has not won a Dixie Zone championship since 2003. The results of Dixie Zone Championship Meets are posted on the DixieZone.org website but the last Dixie Zone championship meet in Georgia was the same St Nicks SCM meet in 2003 which was held in a Marietta, Georgia pool, not the former 1996 Olympic pool at Georgia Tech that this meet will be held at.

Because there is not a National level SCM championship meet, the 12 teams in Georgia that usually race under the GAJA Travel team logo will be racing as smaller standalone clubs against each other and the superteams from other states. The meet is therefore a rare opportunity for each Georgia individual club to earn the highest honors possible for a Georgia GAJA club ---- to win a Dixie Zone SCM Championship team championship.

The Georgia Masters Killer Whales won the Dixie Zone team championship in the 2003 meet via a 23 swimmers effort including many that are still active including gold medal brothers Hal and Irwin Stolz, Cathy Jones, Lisa Watson and the ubiquitous John Zeigler. In the past the St Nicks meet has been a one-day meet with attendance ranging around 200 swimmers. The 2014 Meet will be expanded to 2 days to serve as the 2014 SCM Dixie Zone Championship meet and include longer relays, a rare opportunity to attain FINA World Top Ten rankings. The Killer Whales won the 2003 meet on relays as they won 18 relays and had 3 second places as the meet was also a 2 day affair featuring 400 & 800 length relays without the common 4 relay limit as John Zeigler was in 5 separate relays. Killer Whales had 12 relays that earned USMS Top Ten rankings including a Women's flagship squad with Cathy Jones that still holds a number of 120 age Georgia records as well as the Dixie Zone 800 free record.

In 2003, there were top gun swimmers from out of state teams such as Sally Newell and Clarke Mitchell of NC and 78 year old Florence Carr of FMM, the oldest gal in the meet.

Since 2003 the closest a Georgia team ever approached winning a Dixie Zone Team Championship was at the 2009 Dixie Zone SCM Championships held

at Columbia, SC, won by a larger US Marine Corp team from Beaufort with 24 relay squads. In 2012 at the Greenville, SC, Dixie Zone LCM Championships, GAJA with 29 swimmers was 3rd to a smaller high energy Grand Strand team of 22 swimmers that raced 34 relays versus just 11 for GAJA. There was no limit in the number of relays a person could swim and young Grand Strand swimmers raced back to back to 200 & 400 length relays.

Georgia invites all Dixie Zone teams to come to this meet but beware of the Yellow Monster in the pool that is a FINA WALL and be ready for the Reindeer Relay.

RECORDS TOPPLE AT TUPELO

A total of 30 Southern Master Records were set as Master Swimmers from seven states competed at the world class Myrtha 50M pool in the new Tupelo Mississippi Aquatics Center at the Dixie Zone/SMS LCM Championships June 27-29. 23 individual SMS records and seven relay records (800M free, four 400M free and medley and two 200M relays) were set as well as a yet undetermined number of Dixie Zone Top Ten and USMS Top Ten swims for 2014.

Swimmers enjoyed the friendly hospitality of Barbara Aguirre, local Shockwave Coach (whose team came in first), Jill Kellum, Meet Director, the age group swimming parents, and friends of the Aquatic Center who timed, brought food, ran the meet, and some swam as well. The pool is very fast and the facilities well designed with top of the line starting blocks which contributed to the many records broken. Door prizes were given between each event which allowed swimmers a chance to catch their breath. Food was provided after the 800M events on Friday night, after the Saturday and Sunday events at noon, and at the meet party sponsored by the Tupelo Visitor's Center next to the drugstore where Elvis' mom bought him his first guitar when he was eleven. Each swimmer received a free pass to Elvis' birthplace and childhood home until Elvis moved to Memphis at age 13. This Aquatic Center is a showplace for the 35,000 citizens of Tupelo. The MS High School State Meet was held here and they hope to host a future USMS National Summer LCM Meet. SMS welcomes the excitement of Masters Swimming by the Shockwave Masters of Tupelo who join Hattiesburg, Jackson, Biloxi, Vicksburg, Delta State, and the many other individual master swimmers in Mississippi. When driving the Natchez Trace, stop off at Tupelo and swim at the Tupelo Aquatic Center.

SOUTH CAROLINA NEWS

Palmetto Masters is hosting the **First Annual Growler Invitational** on August 22-24, 2014. This will be a short course yards meet at the LTP Swimming and

Tennis Club in Mount Pleasant, SC. The pool is an 8-lane 25-yard outdoor pool. Palmetto will have great prizes, giveaways and an awesome social. This is an inaugural event. The link to information and registration is https://www.clubassistant.com/club/meet_information.cfm?c=1674&smid=5804

In 2014 Palmetto Masters merged 4 local Masters teams together to form one large team. Our membership has grown from 66 at the start of 2014 to our current membership of 139. We took a group to the Shut Up and Swim event in Greenville June 21-22, and as team broke 25 state records (15 individual and 10 relays). 100% of our team members swimming in the event broke a state record! We feel like this was quite an achievement despite the team finishing 2nd.

Shut Up and Swim Roy Dessloch Invitational, Greenville, SC June 21-22, 2014

The Westside Masters Swim Team hosted the Shut Up and Swim Invitational Long Course Meet. The meet was held at the beautiful Westside Aquatic Center in Greenville, South Carolina. Karen Alexander was the meet director and did a fantastic job planning and organizing the meet with her friends. The meet was full of relays including relays that are normally not offered such as 400 Free, 400 Medley and the 800 Free relay with opportunities for women, men and mixed. The meet was held to honor Roy Dessloch. Roy Dessloch recently retired from coaching age group and Masters swimming. Roy was instrumental in bringing Masters swimming to the level it is today in South Carolina. Roy also spent many years volunteering for the South Carolina LMSC in various roles. Whenever Roy was coaching on deck, swimmers could hear him cheering and whistling. He never missed a split and always offered feedback to his swimmers. He was a compassionate coach and would spend time caring for his swimmers both in swimming and in life. The meet social was held at the Drury Inn which was a celebration to honor Roy. The meet social had a Beach theme with music and a slide show. It was a fun opportunity for swimmers to get to know each other better from South Carolina, Georgia and North Carolina. Many swimmers won fun door prizes at the social. The meet ran very smoothly and swimmers had fast times and made many new friends and memories. The meet gave away very nice high point awards and team awards. The first place in state team was Greenville Splash YMCA Masters and Georgia Masters was the first place out of state team.

December 5-7, 2014 will be the South Carolina Short Course Meters Championships at the Drew Pool in Columbia, SC.

2015 AUBURN MASTERS INVITATIONAL

By: Conner Bailey

Auburn Masters Swimmers are hosting their 17th annual SCY invitational in February 7-8. In all previous years, the meet has been in the middle of the month, but in 2015, Auburn University is hosting the Southeastern Conference Swimming & Diving Championships. Since the SEC has expanded with inclusion of the University of Missouri and Texas A&M University, the SEC meet has expanded by a full day. Varsity swimmers from visiting teams will want the pool on our normal weekend and we are happy to welcome them even if this means our meet gets bumped. As a result, our 2015 Masters meet will be held Feb. 7-8.

Auburn Masters Swimmers enjoy a very good working relationship with the Aquatics Center staff, the varsity team, and the large local age group team. Over the years our coaches have had connections to both the varsity and age group teams, and over the years various varsity swimmers have given stroke clinics to our team. Several Masters swimmers work as officials for varsity and age group meets and several varsity swimmers, after completing their NCAA eligibility, have swum in our February meets. The most notable example of this was in 2010 when AU Olympic swimmers Freddy Bousquet from France and Mark Gangloff from the U.S. swam in our meet, the last time that tech suits could be worn in competition. Freddy swam 18.67 for the 50 yard freestyle, the fifth fastest 50 in history and a USMS record that may stand for a while. In that same meet, Mark swam a 48.27 100 IM and for the 50 and 100 breaststroke turned in times of 23.87 and 52.30, respectively. Those breaststroke standards hold today as the fastest ever in a Masters meet.

We don't have Olympic swimmers in every one of our meets, but we do have fast swimming in a fast pool. Registration will be handled online through Club Assistant and the sanction is pending. We will again have a 1650 available for the first 32 swimmers registering for that event. The Auburn meet typically draws close to 180 swimmers each year.

EASTERN SHORE MASTERS SWIMMING

Eastern Shore Masters Swimming (ESMS) will host our 4th annual Oktobersplash 1-day invitational swim meet on Sunday Oct. 19, 2014 in Fairhope, AL. Registration is now open. Please see following link for meet registration:

<https://docs.google.com/a/teamworkscommunity.com/file/d/0B4rXschYpYr-OWdGeTJiYUIJcU0/edit?pli=1>

Or visit our Facebook page:

<https://www.facebook.com/pages/Eastern-Shore-Masters-Swimming/286699494679177>.

We'd love to see you there. Afterwards, all swimmers are invited to gather with us at the Fairhope Brewery for good food, refreshing beverages and fun!

STEPHEN BILLEAUD MEMORIAL MEET

On Saturday, April 27, the fourteen swimmers entered in the 4th Annual Stephen Billeaud Memorial Swim Meet were greeted by perfect weather and a beautiful blue sky with just enough cloud cover to block out the sun on backstroke events. Temperatures in the upper 70s made for a very comfortable venue, and the crystal clear water set the stage for a great meet. With a small turn-out, this meet was an intimate, fun way to get some exercise, test our abilities, and honor the memory of our friend and former Southern Masters teammate, Stephen Billeaud.

Stephen Billeaud was one member of the well-known Billeaud swimming family. He swam competitively for LSU and went on to compete at the national level of US Masters Swimming. Most will remember Stephen for his great smile, his love of life and his enthusiastic attitude behind the blocks. Of course, he could quickly turn on the intensity when it was time to compete, or as his daughter Alexis said, when it was time to be serious as a father. Stephen competed in the last meet of his life as a member of the SMS National Team at the USMS National Championships held in Austin, Texas May 1-4, 2008. He died two weeks later in a water-skiing accident on May 18, 2008. Those of us who had the privilege of knowing and swimming with Stephen will forever miss his passion for life, swimming and his family.

The 4th Annual Stephen Billeaud Memorial Swim Meet began with a short remembrance of Stephen by Meet Director and Crawfish West coach, Thomas Clavier, as well as comments by Stephen's daughter Alexis Billeaud. Stephen's granddaughter Zoe also swam in the meet. We had a fun mother-daughter showdown as Alexis and Zoe raced it out in the 100 Free. Mom Alexis out touched Zoe at the end, but not by much. Competing in their first USMS meet were Jordan Robert, Kathleen Ahluwalia, Stuart Huntsman, Troy Seaux & Chris Zumbek, all from Crawfish Masters. Chris Zumbek embraced his first competition head on, placing second in the 1650!

Perhaps the highlight of the day was the new SMS records set by Pat Arnold as she celebrated her 75th birthday. She shattered her mother's records in the 50 Breast, 50 Fly and 200 IM, with incredible swimming. [Note; Pat subsequently set new 200 Breast and 200 Back records at USMS Nationals in Santa Clara, CA on May 1-4.] Congratulations Pat, you are an inspiration!

Special thanks to Crawfish West (and Coach Thomas) for hosting the meet, and to Crawfish West swimmers

who acted as timers and cheerleaders: Max Pesacreta, Melissa Pesacreta, Anna Barry, Anni Clavier, Misha Norris, Sophie Sierveld, Emily Weber and Marie Noel. SMS Chairman Chris Frederic said this was the most fun she has had at a swim meet in a while, and the best part was enjoying the friendship of fellow SMS members. If you missed the meet this year, make plans to attend this low-key next year. In your plans, include time after the meet to attend the Festival International de Louisiane, a fun, family oriented of Louisiana's native cultures through music and the arts.

6TH ANNUAL TAMPA BAY FROGMAN SWIM

Unbelievably, it's almost time for registration opening for the 2015 Tampa Bay Frogman Swim, ranked as one of the top 50 open water swims in the USA!! As always, registration will open August 6 (at 7am) in honor of the Extortion 17 heroes. You'll find a registration link on our website (www.tampabayfrogman.com) or go directly to www.imathlete.com. Remember, the event sold out in less than five hours last year so be sure to set your alarms!! As we always say, "this is more than just a

swim", so once again we're asking all swimmers to personally fundraise with a goal of at least \$1,000 to help in our effort to surpass our 2014 dollar amount in support of the Navy SEAL Foundation. Kayak support registration will also open August 6.

The 2014 numbers were:

Amount raised... \$274,000 !!!

Number of swimmers... 155

Number of kayakers... 170

Number of volunteers... 75

We can't extend enough thanks to all the swimmers, kayakers, volunteers, supporters, donors and sponsors for making this event so successful. Thank you!!!

The proceeds from the Tampa Bay Frogman Swim will be used to provide injury assistance to Navy SEALs and tragedy assistance for families who have lost a loved one in training or combat.

DIXIE ZONE CALENDAR

2014		
Aug. 2-9	LCM	FINA Masters World Championships – Montreal, Canada
Aug. 9	SCY	Dash to the Finish Summer Swim Meet – Daytona Beach, FL
Aug. 13-17	LCM	USMS Summer Nationals – University of Maryland
Aug. 16	OW	USMS 2-mile Cable Championship – Lake Placid, NY
Aug. 22-24	SCY	First Annual Growler Invitational – Mt. Pleasant, SC
Aug. 23	OW	USMS >6/<9 Mile Championship – Lake George, NY
Sept. 12		Level 1 & 2 Masters Coach Certification Class – Jacksonville, FL
Sept. 13	SCY	Southside Seals Pentathlon – Peachtree City, GA
Sept. 14	SCM	Wellington, FL
Sept. 17		Level 3 Masters Coach Certification Class – Jacksonville, FL
Sept. 17-21		USMS Convention – Jacksonville, FL
Sept. 20	SCY	Marlins Masters SC Meet – Ocala, FL
Oct. 4	OW	Tropical Splash – Sarasota, FL
Oct. 10-12	SCM	Rowdy Gaines Classic – Orlando, FL
Oct. 18	SCY	University of Tampa Swimming Masters Classic – Tampa, FL
Oct. 19	SCY	ESMS Oktober Splash Invitational – Fairhope, AL
Nov. 8-9	SCM	Shark Tank Meet – Sarasota, FL
Dec. 13-14	SCM	Dixie Zone SCM Championship – Atlanta, GA
Dec. 13-14	SCM	Holiday Classic Meet – Coral Springs, FL
2015		
Jan. 11	OW	Tampa Bay Frogman Swim (5K) – Tampa, FL (not sanctioned)
Feb. 7-8	SCY	Auburn Masters Invitational – Auburn, AL
Apr. 23-26	SCY	USMS Spring Nationals – San Antonio, TX
May 7-10	SCY	YMCA Masters Nationals – Sarasota, FL
Aug. 6-9	LCM	USMS Summer Nationals – SPIRE Institute, Geneva, OH

For more calendar details, check out www.usms.org and www.dixiezone.org.
It is recommended that meet directors post their meet information on the main USMS Calendar as well as on the Dixie Zone Calendar.

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