

## Southern Masters SCM Swimming Championships, Sanction #: 244-S006

UNO Pool - December 6-7, 2014

## Results

**Women 25-29 200 SC Meter Freestyle**

1	Togias, Anna	29	Novaquatics-SP	2:22.87
	33.25	1:09.70	1:46.97	2:22.87

**Women 25-29 50 SC Meter Butterfly**

1	Togias, Anna	29	Novaquatics-SP	32.70
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**Women 25-29 200 SC Meter Butterfly**

1	Togias, Anna	29	Novaquatics-SP	2:40.90
	36.04	1:18.27	1:59.68	2:40.90

**Women 30-34 50 SC Meter Freestyle**

1	Lewis, Allison D	31	067-Pest-15	33.24
2	Holder, Alicia R	33	Elmwood-SO	34.87

**Women 30-34 100 SC Meter Freestyle**

1	Lewis, Allison D	31	067-Pest-15	1:14.40
	35.11	1:14.40		

**Women 30-34 200 SC Meter Freestyle**

1	Lewis, Allison D	31	067-Pest-15	2:40.36
	37.19	1:17.43	1:59.45	2:40.36
2	King, Rebecca L	34	Crawfish-SO	2:58.51
	40.78	1:26.05	2:13.04	2:58.51

**Women 30-34 400 SC Meter Freestyle**

1	Pou, Edina K	31	Elmwood-SO	5:03.40
	34.39	1:11.36	1:49.27	2:27.95
	3:06.04	3:45.14	4:24.34	5:03.40
2	Lewis, Allison D	31	067-Pest-15	5:36.54

**Women 30-34 1500 SC Meter Freestyle**

1	Pou, Edina K	31	Elmwood-SO	20:01.78
	36.13	1:14.59	1:53.23	2:32.22
	3:11.27	3:50.72	4:30.01	5:09.82
	5:49.22	6:29.00	7:08.87	7:49.52
	8:30.46	9:11.14	9:51.86	10:32.52
	11:12.87	11:54.09	12:35.33	13:15.61
	13:56.51	14:37.02	15:18.25	15:59.39
	16:40.04	17:20.69	18:00.97	18:41.13
	19:21.75	20:01.78		
2	Holder, Alicia R	33	Elmwood-SO	23:53.47
	41.91	1:26.41	2:12.87	3:00.03
	3:47.94	4:35.58	5:23.84	6:12.09
	7:00.43	7:48.69	8:36.78	9:25.45
	10:14.29	11:02.94	11:51.88	12:40.02
	13:28.53	14:16.83	15:05.41	15:53.49
	16:41.92	17:30.26	18:18.40	19:06.39
	19:54.47	20:42.66	21:30.45	22:18.70
	23:06.70	23:53.47		
3	Basta, Elizabeth M	30	Elmwood-SO	25:58.47
	46.56	1:37.92	2:29.14	3:20.65
	4:12.83	5:04.62	5:56.25	6:49.44
	7:41.93	8:34.48	9:27.66	10:19.42
	11:12.72	12:05.07	12:57.56	13:50.82
	14:42.50	15:35.39	16:28.00	17:20.19
	18:11.11	19:03.44	19:55.42	20:46.90
	21:38.62	22:31.21	23:23.16	24:15.81
	25:07.71	25:58.47		

**Women 30-34 100 SC Meter Backstroke**

1	King, Rebecca L	34	Crawfish-SO	1:22.68
	39.75	1:22.68		
2	Lewis, Allison D	31	067-Pest-15	1:25.77
	42.22	1:25.77		
3	Holder, Alicia R	33	Elmwood-SO	1:31.87
	44.46	1:31.87		

**Women 30-34 200 SC Meter Backstroke**

1	Lewis, Allison D	31	067-Pest-15	3:13.02
	46.12	1:35.34	2:25.10	3:13.02

**Women 30-34 50 SC Meter Breaststroke**

1	Pou, Edina K	31	Elmwood-SO	38.06
2	Holder, Alicia R	33	Elmwood-SO	45.15

**Women 30-34 100 SC Meter Breaststroke**

1	Pou, Edina K	31	Elmwood-SO	1:22.99
	39.21	1:22.99		

**Women 30-34 200 SC Meter Breaststroke**

1	Pou, Edina K	31	Elmwood-SO	2:59.41
	41.13	1:27.43	2:13.49	2:59.41

**Women 30-34 50 SC Meter Butterfly**

1	King, Rebecca L	34	Crawfish-SO	37.47
2	Lewis, Allison D	31	067-Pest-15	38.85

**Women 30-34 200 SC Meter Butterfly**

1	Pou, Edina K	31	Elmwood-SO	2:46.21
	36.31	1:18.05	2:00.85	2:46.21
2	King, Rebecca L	34	Crawfish-SO	3:19.73
	43.21	1:34.54	2:28.02	3:19.73

**Women 30-34 100 SC Meter IM**

1	Pou, Edina K	31	Elmwood-SO	1:15.52
	35.21	1:15.52		
2	Lewis, Allison D	31	067-Pest-15	1:28.45
	41.22	1:28.45		

**Women 30-34 200 SC Meter IM**

1	Pou, Edina K	31	Elmwood-SO	2:39.94
	34.58	1:17.50	2:03.40	2:39.94
2	Lewis, Allison D	31	067-Pest-15	3:18.53
	40.90	1:36.51	2:33.70	3:18.53

**Women 30-34 400 SC Meter IM**

1	Pou, Edina K	31	Elmwood-SO	5:33.99
	33.82	1:14.15	1:58.83	2:42.92
	3:29.37	4:16.88	4:55.63	5:33.99
2	King, Rebecca L	34	Crawfish-SO	6:25.65
	38.76	1:25.80	2:14.91	3:01.43
	3:56.94	4:54.77	5:41.07	6:25.65

**Women 35-39 50 SC Meter Freestyle**

1	Schott, Jennifer	38	Southern Masters-SO	33.20
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**Women 35-39 100 SC Meter Freestyle**

1	Gary, Alison	36	Crawfish-SO	1:10.10
	33.19	1:10.10		

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**Women 35-39 400 SC Meter Freestyle**

1 Gary, Alison 36 Crawfish-SO 5:22.12

**Women 35-39 100 SC Meter Backstroke**1 Schott, Jennifer 38 Southern Masters-SO 1:18.83  
38.16 1:18.83**Women 35-39 50 SC Meter Breaststroke**

1 Schott, Jennifer 38 Southern Masters-SO 42.72

**Women 35-39 100 SC Meter Breaststroke**1 Schott, Jennifer 38 Southern Masters-SO 1:31.63  
43.73 1:31.63**Women 35-39 50 SC Meter Butterfly**

1 Schott, Jennifer 38 Southern Masters-SO 33.69

**Women 45-49 50 SC Meter Freestyle**

1 Dooley, Sharon C 49 Unat Southern-SO 49.73

**Women 45-49 200 SC Meter Freestyle**1 Dooley, Sharon C 49 Unat Southern-SO 4:13.29  
52.97 1:53.55 2:56.02 4:13.29**Women 50-54 50 SC Meter Freestyle**1 Frederic, Christine H 50 Crawfish-SO 33.33  
2 Lachney, Fay V 53 Elmwood-SO 33.34**Women 50-54 100 SC Meter Freestyle**1 Lachney, Fay V 53 Elmwood-SO 1:12.51  
34.72 1:12.51**Women 50-54 200 SC Meter Freestyle**1 Lachney, Fay V 53 Elmwood-SO 2:35.56  
36.16 1:15.22 1:55.27 2:35.56  
2 Connault, Helen V 52 Unat Southern-SO 2:57.23  
39.60 1:23.88 2:11.28 2:57.23**Women 50-54 400 SC Meter Freestyle**

1 Lachney, Fay V 53 Elmwood-SO 5:23.82

**Women 50-54 1500 SC Meter Freestyle**1 Lachney, Fay V 53 Elmwood-SO 21:13.79  
38.68 1:20.44 2:03.02 2:45.70  
3:28.61 4:11.32 4:53.95 5:37.24  
6:20.37 7:03.31 7:46.16 8:29.25  
9:12.01 9:54.62 10:37.55 11:19.97  
12:02.64 12:45.80 13:28.34 14:11.01  
14:53.82 15:36.77 16:19.58 17:01.86  
17:44.19 18:26.71 19:08.93 19:51.12  
20:33.03 21:13.79**Women 50-54 50 SC Meter Backstroke**

1 Frederic, Christine H 50 Crawfish-SO 39.07

**Women 50-54 50 SC Meter Breaststroke**

1 Frederic, Christine H 50 Crawfish-SO 40.79

**Women 50-54 100 SC Meter Breaststroke**1 Frederic, Christine H 50 Crawfish-SO 1:28.31  
41.42 1:28.31**Women 50-54 200 SC Meter Breaststroke**1 Frederic, Christine H 50 Crawfish-SO 3:12.34  
42.83 1:32.13 2:22.49 3:12.34**Women 50-54 50 SC Meter Butterfly**

1 Frederic, Christine H 50 Crawfish-SO 35.20

**Women 50-54 200 SC Meter Butterfly**1 Connault, Helen V 52 Unat Southern-SO 3:51.82  
51.41 1:50.04 2:51.01 3:51.82**Women 50-54 100 SC Meter IM**1 Frederic, Christine H 50 Crawfish-SO 1:21.11  
37.51 1:21.11**Women 50-54 400 SC Meter IM**1 Connault, Helen V 52 Unat Southern-SO 7:22.65  
48.36 1:45.12 2:43.80 3:44.80  
4:47.04 5:50.62 6:37.11 7:22.65**Women 55-59 50 SC Meter Freestyle**1 Hughes, Sharon N 59 Elmwood-SO 41.17  
2 Walton, Ann 55 Crawfish-SO 51.76**Women 55-59 100 SC Meter Freestyle**1 Walton, Ann 55 Crawfish-SO 1:53.68  
54.60 1:53.68**Women 55-59 200 SC Meter Freestyle**1 Hughes, Sharon N 59 Elmwood-SO 3:13.10  
44.41 1:32.67 2:23.82 3:13.10  
2 Walton, Ann 55 Crawfish-SO 4:01.25  
54.43 1:55.13 2:59.24 4:01.25**Women 55-59 400 SC Meter Freestyle**

1 Walton, Ann 55 Crawfish-SO 8:22.31

**Women 55-59 1500 SC Meter Freestyle**1 Hughes, Sharon N 59 Elmwood-SO 27:32.58  
48.69 1:41.20 2:35.00 3:29.55  
4:24.18 5:19.22 6:14.43 7:09.43  
8:04.35 8:59.24 9:55.40 10:50.13  
11:45.44 12:41.37 13:37.23 14:32.39  
15:28.56 16:24.05 17:20.63 18:16.92  
19:12.94 20:09.26 21:06.40 22:03.49  
22:59.89 23:55.49 24:50.56 25:45.42  
26:40.66 27:32.58**Women 55-59 50 SC Meter Breaststroke**1 Hughes, Sharon N 59 Elmwood-SO 1:00.88  
2 Walton, Ann 55 Crawfish-SO 1:12.16**Women 55-59 50 SC Meter Butterfly**

1 Hughes, Sharon N 59 Elmwood-SO 52.70

**Women 60-64 50 SC Meter Freestyle**1 Williams, Dale B 62 Elmwood-SO 38.93  
2 Hall, Ellen H 63 Elmwood-SO 50.24**Women 60-64 100 SC Meter Freestyle**1 Many, Cecile 60 Elmwood-SO 1:30.51  
43.43 1:30.51

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## Results

**(Women 60-64 100 SC Meter Freestyle)**

2	Hall, Ellen H	63	Elmwood-SO	1:51.31
	53.40	1:51.31		

**Women 60-64 200 SC Meter Freestyle**

1	Hall, Ellen H	63	Elmwood-SO	3:59.71
	59.63	2:01.54	3:02.48	3:59.71

**Women 60-64 400 SC Meter Freestyle**

1	Many, Cecile	60	Elmwood-SO	6:43.76
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**Women 60-64 1500 SC Meter Freestyle**

1	Many, Cecile	60	Elmwood-SO	26:01.90
	46.00	1:36.28	2:27.73	3:19.22
	4:11.34	5:03.77	5:56.05	6:48.49
	7:40.75	8:32.84	9:24.77	10:16.93
	11:09.28	12:02.08	12:55.14	13:47.94
	14:40.43	15:33.03	16:25.79	17:18.34
	18:10.99	19:03.27	19:55.57	20:47.74
	21:40.32	22:32.61	23:25.20	24:17.80
	25:10.91	26:01.90		

**Women 60-64 50 SC Meter Backstroke**

1	Williams, Dale B	62	Elmwood-SO	47.34
2	Many, Cecile	60	Elmwood-SO	47.93
3	Hall, Ellen H	63	Elmwood-SO	1:07.82

**Women 60-64 100 SC Meter Backstroke**

1	Williams, Dale B	62	Elmwood-SO	1:45.47
	50.41	1:45.47		
2	Hall, Ellen H	63	Elmwood-SO	2:21.16
	1:09.56	2:21.16		

**Women 60-64 200 SC Meter Backstroke**

1	Williams, Dale B	62	Elmwood-SO	3:39.88
	50.64	1:46.50	2:43.77	3:39.88
2	Many, Cecile	60	Elmwood-SO	3:49.84
	52.89	1:51.06	2:50.98	3:49.84
3	Hall, Ellen H	63	Elmwood-SO	4:51.60
	1:11.93	2:25.42	3:38.88	4:51.60

**Women 60-64 50 SC Meter Breaststroke**

1	Hall, Ellen H	63	Elmwood-SO	1:07.05
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**Women 60-64 100 SC Meter Breaststroke**

1	Hall, Ellen H	63	Elmwood-SO	2:27.94
	1:10.69	2:27.94		

**Women 60-64 200 SC Meter Breaststroke**

1	Hall, Ellen H	63	Elmwood-SO	5:05.97
	1:11.08	2:30.36	3:48.93	5:05.97

**Women 60-64 50 SC Meter Butterfly**

1	Williams, Dale B	62	Elmwood-SO	41.18
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**Women 60-64 100 SC Meter Butterfly**

1	Williams, Dale B	62	Elmwood-SO	1:50.42
	47.76	1:50.42		

**Women 60-64 100 SC Meter IM**

1	Williams, Dale B	62	Elmwood-SO	1:42.39
	46.87	1:42.39		

**Women 60-64 200 SC Meter IM**

---	Many, Cecile	60	Elmwood-SO	SCR
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**Women 65-69 50 SC Meter Freestyle**

1	Buccino, Vicki	68	Elmwood-SO	48.26
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**Women 65-69 100 SC Meter Freestyle**

---	Buccino, Vicki	68	Elmwood-SO	SCR
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**Women 65-69 200 SC Meter Freestyle**

1	Buccino, Vicki	68	Elmwood-SO	3:43.93
	51.99	1:48.89	2:46.95	3:43.93

**Women 65-69 400 SC Meter Freestyle**

---	Buccino, Vicki	68	Elmwood-SO	SCR
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**Women 65-69 1500 SC Meter Freestyle**

1	Buccino, Vicki	68	Elmwood-SO	29:59.22
	53.53	1:51.78	2:51.15	3:50.35
	4:50.68	5:51.41	6:52.68	7:53.23
	8:54.03	9:55.02	10:55.60	11:56.62
	12:56.87	13:57.19	14:57.72	15:58.27
	16:59.08	17:59.15	18:58.47	19:58.19
	20:58.39	21:59.28	23:00.21	24:00.45
	25:00.33	26:00.29	27:00.53	28:01.13
	29:01.39	29:59.22		

**Women 65-69 200 SC Meter Backstroke**

---	Buccino, Vicki	68	Elmwood-SO	SCR
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**Women 65-69 200 SC Meter IM**

---	Buccino, Vicki	68	Elmwood-SO	SCR
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**Men 25-29 50 SC Meter Freestyle**

1	Veintimilla, Miguel	27	Crawfish-SO	25.13
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**Men 25-29 200 SC Meter Freestyle**

1	Veintimilla, Miguel	27	Crawfish-SO	2:09.23
	28.64	1:00.54	1:34.57	2:09.23

**Men 25-29 50 SC Meter Butterfly**

1	Veintimilla, Miguel	27	Crawfish-SO	27.29
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**Men 35-39 50 SC Meter Freestyle**

1	Statkevicius, Al	38	Etobicoke	25.31
2	Hart, Christopher	39	Crawfish-SO	28.95
3	Pou, Manelik F	39	Elmwood-SO	33.76

**Men 35-39 100 SC Meter Freestyle**

---	Hart, Christopher	39	Crawfish-SO	SCR
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**Men 35-39 400 SC Meter Freestyle**

---	Hart, Christopher	39	Crawfish-SO	SCR
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**Men 35-39 50 SC Meter Breaststroke**

1	Statkevicius, Al	38	Etobicoke	32.02
2	Pou, Manelik F	39	Elmwood-SO	40.66

**Men 35-39 100 SC Meter Breaststroke**

1	Statkevicius, Al	38	Etobicoke	1:10.28
	33.83	1:10.28		
2	Pou, Manelik F	39	Elmwood-SO	1:27.65
	41.64	1:27.65		

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**Men 35-39 50 SC Meter Butterfly**

1 Hart, Christopher 39 Crawfish-SO 34.18

**Men 35-39 100 SC Meter IM**

--- Hart, Christopher 39 Crawfish-SO SCR

**Men 40-44 50 SC Meter Freestyle**

1 Mayo, Christopher 40 Crawfish-SO 30.84

2 Rester, Glenn S 41 Unat Southern-SO 32.16

**Men 40-44 100 SC Meter Freestyle**1 Mayo, Christopher 40 Crawfish-SO 1:07.98  
32.62 1:07.982 Rester, Glenn S 41 Unat Southern-SO 1:10.74  
33.17 1:10.74**Men 40-44 1500 SC Meter Freestyle**

1 Mayo, Christopher 40 Crawfish-SO 23:04.72

38.83 1:21.55 2:05.50 2:50.65

3:36.10 4:21.99 5:08.17 5:53.99

6:40.27 7:26.68 8:12.87 8:59.44

9:45.65 10:32.60 11:18.69 12:05.56

12:52.22 13:39.35 14:25.99 15:12.82

15:59.62 16:46.62 17:33.70 18:20.89

19:08.37 19:56.02 20:43.68 21:31.12

22:18.42 23:04.72

**Men 40-44 100 SC Meter Backstroke**1 Mayo, Christopher 40 Crawfish-SO 1:21.16  
40.54 1:21.16**Men 40-44 50 SC Meter Breaststroke**

1 Rester, Glenn S 41 Unat Southern-SO 38.07

**Men 40-44 100 SC Meter Breaststroke**1 Mayo, Christopher 40 Crawfish-SO 1:23.82  
39.39 1:23.822 Rester, Glenn S 41 Unat Southern-SO 1:24.74  
39.05 1:24.74**Men 40-44 100 SC Meter IM**1 Mayo, Christopher 40 Crawfish-SO 1:16.45  
36.46 1:16.45**Men 40-44 200 SC Meter IM**

--- Mayo, Christopher 40 Crawfish-SO SCR

**Men 45-49 50 SC Meter Freestyle**

1 Cambias, Robert J 46 Elmwood-SO 27.93

2 Walker, Robert 47 Elmwood-SO 29.50

**Men 45-49 100 SC Meter Freestyle**1 Cambias, Robert J 46 Elmwood-SO 1:05.31  
31.09 1:05.31

2 Walker, Robert 47 Elmwood-SO 1:08.66

**Men 45-49 1500 SC Meter Freestyle**

1 Walker, Robert 47 Elmwood-SO 24:06.49

36.04 1:15.89 1:58.19 2:42.35

3:28.21 4:15.45 5:04.08 5:54.48

6:45.02 7:36.37 8:26.45 9:17.48

10:07.61 10:57.86 11:48.51 12:39.09

13:29.60 14:18.32 15:57.36 16:47.69

17:37.62 18:27.39 19:16.29 20:04.85

20:54.01 21:42.33 22:31.96 23:19.90

24:06.49

**Men 45-49 50 SC Meter Breaststroke**

1 Cambias, Robert J 46 Elmwood-SO 36.92

**Men 45-49 100 SC Meter Breaststroke**1 Cambias, Robert J 46 Elmwood-SO 1:24.08  
40.70 1:24.08**Men 45-49 50 SC Meter Butterfly**

1 Cambias, Robert J 46 Elmwood-SO 30.93

2 Walker, Robert 47 Elmwood-SO 32.49

**Men 45-49 100 SC Meter Butterfly**1 Cambias, Robert J 46 Elmwood-SO 1:13.55  
33.60 1:13.55

--- Walker, Robert 47 Elmwood-SO SCR

**Men 50-54 50 SC Meter Freestyle**

1 Rasmussen, Anders 51 TXLA-ST 26.49

2 Anderson, Eric R 51 SouthPaw-SE 27.48

3 Baay, John 52 Wave-SO 31.62

--- Doyle, Michael B 50 PCAT-NT NS

**Men 50-54 100 SC Meter Freestyle**1 Doyle, Michael B 50 PCAT-NT 1:06.83  
32.25 1:06.832 Baay, John 52 Wave-SO 1:16.31  
35.38 1:16.31**Men 50-54 200 SC Meter Freestyle**1 Anderson, Eric R 51 SouthPaw-SE 2:15.27  
29.97 1:03.78 1:39.51 2:15.272 Doyle, Michael B 50 PCAT-NT 2:30.59  
34.06 1:12.93 1:52.29 2:30.593 Baay, John 52 Wave-SO 2:55.25  
36.91 1:21.22 2:10.29 2:55.25

--- Rasmussen, Anders 51 TXLA-ST NS

**Men 50-54 400 SC Meter Freestyle**1 Doyle, Michael B 50 PCAT-NT 5:17.79  
35.67 1:15.46 1:56.47 2:37.17

3:17.74 3:58.61 4:38.50 5:17.79

--- Rasmussen, Anders 51 TXLA-ST SCR

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**Men 50-54 1500 SC Meter Freestyle**

1	Fisher, Steven R	52	Elmwood-SO	19:36.08
	36.10	1:14.05	1:53.00	2:31.88
	3:11.01	3:50.48	4:29.95	5:09.57
	5:49.21	6:28.42	7:07.47	7:46.09
	8:24.93	9:03.67	9:42.73	10:21.68
	11:00.81	11:39.98	12:19.16	12:58.44
	13:37.85	14:17.36	14:57.12	15:36.78
	16:16.63	16:56.29	17:36.22	18:16.30
	18:56.30	19:36.08		
2	Doyle, Michael B	50	PCAT-NT	21:12.97
	36.27	1:17.10	1:59.02	2:41.66
	3:23.91	4:05.97	4:47.67	5:29.70
	6:11.24	6:53.26	7:34.73	8:16.83
	8:59.20	9:41.37	10:23.61	11:05.49
	11:50.84	12:34.25	13:17.49	14:01.69
	14:45.29	15:28.40	16:11.82	16:55.50
	17:38.82	18:22.15	19:05.95	19:48.78
	20:31.79	21:12.97		
---	Anderson, Eric R	51	SouthPaw-SE	SCR

**Men 50-54 50 SC Meter Backstroke**

1	Rasmussen, Anders	51	TXLA-ST	29.52
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**Men 50-54 100 SC Meter Backstroke**

1	Rasmussen, Anders	51	TXLA-ST	1:06.74
	32.72	1:06.74		

**Men 50-54 50 SC Meter Breaststroke**

1	Anderson, Eric R	51	SouthPaw-SE	38.19
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**Men 50-54 200 SC Meter Breaststroke**

---	Rasmussen, Anders	51	TXLA-ST	SCR
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**Men 50-54 50 SC Meter Butterfly**

1	Rasmussen, Anders	51	TXLA-ST	28.29
2	Doyle, Michael B	50	PCAT-NT	31.01
3	Baay, John	52	Wave-SO	37.29

**Men 50-54 100 SC Meter Butterfly**

1	Doyle, Michael B	50	PCAT-NT	1:08.82
	32.40	1:08.82		

**Men 50-54 200 SC Meter Butterfly**

1	Doyle, Michael B	50	PCAT-NT	2:41.06
	34.23	1:16.19	2:01.15	2:41.06

**Men 50-54 100 SC Meter IM**

---	Baay, John	52	Wave-SO	DQ
	Shoulders past vertical toward breast - back			
				41.44

---	Rasmussen, Anders	51	TXLA-ST	SCR
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**Men 50-54 200 SC Meter IM**

1	Rasmussen, Anders	51	TXLA-ST	2:24.80
	31.88	1:10.82	1:52.40	2:24.80

**Men 50-54 400 SC Meter IM**

---	Rasmussen, Anders	51	TXLA-ST	NS
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**Men 55-59 50 SC Meter Freestyle**

1	Hartman, Richard	59	Crawfish-SO	29.84
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2	Snyder, Scott W	57	Reds-SO	33.74
3	Loome, James L	58	Unat Southern-SO	35.35

**Men 55-59 100 SC Meter Freestyle**

1	Hartman, Richard	59	Crawfish-SO	1:06.26
	31.65	1:06.26		

**Men 55-59 200 SC Meter Freestyle**

1	Hartman, Richard	59	Crawfish-SO	2:32.33
	35.47	1:13.55	1:52.87	2:32.33
2	Snyder, Scott W	57	Reds-SO	2:34.91
	35.72	1:13.52	1:53.53	2:34.91

**Men 55-59 400 SC Meter Freestyle**

---	Hartman, Richard	59	Crawfish-SO	SCR
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**Men 55-59 1500 SC Meter Freestyle**

---	Snyder, Scott W	57	Reds-SO	SCR
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**Men 55-59 100 SC Meter Backstroke**

1	Snyder, Scott W	57	Reds-SO	1:18.19
	36.98	1:18.19		

**Men 55-59 50 SC Meter Breaststroke**

1	Hartman, Richard	59	Crawfish-SO	42.60
2	Loome, James L	58	Unat Southern-SO	43.59

**Men 55-59 50 SC Meter Butterfly**

1	Snyder, Scott W	57	Reds-SO	31.65
2	Hartman, Richard	59	Crawfish-SO	34.51

**Men 55-59 100 SC Meter IM**

1	Hartman, Richard	59	Crawfish-SO	1:21.69
	39.56	1:21.69		

**Men 60-64 50 SC Meter Freestyle**

1	Carroum, Don	63	Southern Masters-SO	37.14
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**Men 60-64 100 SC Meter Freestyle**

1	Wood, Larry W	60	TXLA-ST	1:04.54
	31.64	1:04.54		
2	Wofford, John D	62	Catfish Masters-SO	1:21.53
	39.48	1:21.53		

**Men 60-64 200 SC Meter Freestyle**

1	Wood, Larry W	60	TXLA-ST	2:17.76
	32.28	1:07.13	1:42.82	2:17.76
2	Wofford, John D	62	Catfish Masters-SO	3:00.85
	42.05	1:28.14	2:15.70	3:00.85
3	Carroum, Don	63	Southern Masters-SO	3:18.65
	42.76	1:31.25	2:24.49	3:18.65

**Men 60-64 400 SC Meter Freestyle**

1	Wood, Larry W	60	TXLA-ST	4:54.10
	33.96	1:11.66	1:49.27	2:27.06
	3:04.70	3:41.91	4:18.73	4:54.10

## Southern Masters SCM Swimming Championships, Sanction #: 244-S006

UNO Pool - December 6-7, 2014

## Results

**Men 60-64 1500 SC Meter Freestyle**

1	Wood, Larry W	60	TXLA-ST	19:22.02
	35.43	1:13.70	1:52.30	2:30.95
	3:09.40	3:48.35	4:27.26	5:06.28
	5:45.97	6:25.28	7:04.73	7:43.51
	8:23.92	9:03.18	9:42.16	10:20.86
	10:59.76	11:38.48	12:17.86	12:56.50
	13:35.57	14:14.42	14:53.10	15:32.34
	16:11.53	16:50.85	17:29.55	18:08.74
	18:46.53	19:22.02		
2	Carroum, Don	63	Southern Masters-SO	28:39.56
	45.69	1:39.74	2:36.62	3:33.44
	4:31.19	5:29.71	6:28.98	7:28.60
	8:28.14	9:26.94	10:26.10	11:25.80
	12:25.01	13:24.19	14:23.43	15:19.78
	16:17.31	17:13.43	18:09.54	19:07.47
	20:03.58	21:00.60	21:58.34	22:54.55
	23:52.05	24:48.28	25:44.29	26:42.11
	27:41.75	28:39.56		

**Men 60-64 50 SC Meter Backstroke**

1	Wofford, John D	62	Catfish Masters-SO	48.08
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**Men 60-64 100 SC Meter Backstroke**

1	Wofford, John D	62	Catfish Masters-SO	1:40.46
	50.21	1:40.46		

**Men 60-64 50 SC Meter Breaststroke**

1	Carroum, Don	63	Southern Masters-SO	1:06.58
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**Men 60-64 50 SC Meter Butterfly**

1	Wofford, John D	62	Catfish Masters-SO	41.39
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**Men 60-64 100 SC Meter Butterfly**

1	Wofford, John D	62	Catfish Masters-SO	1:46.93
	49.58	1:46.93		

**Men 60-64 100 SC Meter IM**

1	Wofford, John D	62	Catfish Masters-SO	1:37.19
	45.68	1:37.19		

**Men 60-64 200 SC Meter IM**

1	Wofford, John D	62	Catfish Masters-SO	3:26.20
	46.88	1:39.89	2:39.41	3:26.20
---	Wood, Larry W	60	TXLA-ST	SCR

**Men 65-69 50 SC Meter Freestyle**

1	McWhorter, Gerald W	65	Catfish Masters-SO	37.19
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**Men 65-69 50 SC Meter Backstroke**

---	McWhorter, Gerald W	65	Catfish Masters-SO	SCR
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**Men 65-69 50 SC Meter Breaststroke**

1	McWhorter, Gerald W	65	Catfish Masters-SO	43.82
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**Men 65-69 100 SC Meter Breaststroke**

1	McWhorter, Gerald W	65	Catfish Masters-SO	1:41.37
	47.94	1:41.37		

**Men 65-69 200 SC Meter Breaststroke**

---	McWhorter, Gerald W	65	Catfish Masters-SO	SCR
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**Men 65-69 50 SC Meter Butterfly**

1	McWhorter, Gerald W	65	Catfish Masters-SO	46.01
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**Men 65-69 100 SC Meter IM**

---	McWhorter, Gerald W	65	Catfish Masters-SO	SCR
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**Men 65-69 200 SC Meter IM**

---	McWhorter, Gerald W	65	Catfish Masters-SO	SCR
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**Men 75-79 400 SC Meter Freestyle**

1	Holmes, Douglas A	78	Southern Masters-SO	8:47.35
	57.12	2:04.22	3:11.68	4:20.48
	5:27.79	6:36.56	7:44.40	8:47.35

**Men 75-79 50 SC Meter Backstroke**

1	Holmes, Douglas A	78	Southern Masters-SO	53.20
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**Men 75-79 100 SC Meter Backstroke**

1	Holmes, Douglas A	78	Southern Masters-SO	2:01.98
	59.99	2:01.98		

**Men 75-79 200 SC Meter Backstroke**

1	Holmes, Douglas A	78	Southern Masters-SO	4:21.30
	1:02.57	2:09.19	3:17.93	4:21.30

**Men 75-79 100 SC Meter Breaststroke**

1	Holmes, Douglas A	78	Southern Masters-SO	2:22.95
	1:05.27	2:22.95		

**Men 75-79 200 SC Meter Breaststroke**

1	Holmes, Douglas A	78	Southern Masters-SO	4:56.01
	1:04.28	2:21.14	3:39.12	4:56.01

**Men 75-79 50 SC Meter Butterfly**

1	Holmes, Douglas A	78	Southern Masters-SO	54.58
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**Men 75-79 200 SC Meter Butterfly**

1	Holmes, Douglas A	78	Southern Masters-SO	4:45.78
	1:04.64	2:18.87	3:34.50	4:45.78

**Men 75-79 200 SC Meter IM**

1	Holmes, Douglas A	78	Southern Masters-SO	4:37.55
	59.90	2:10.54	3:35.48	4:37.55

**Men 75-79 400 SC Meter IM**

1	Holmes, Douglas A	78	Southern Masters-SO	9:27.82
	56.83	2:06.99	3:16.56	4:25.24
	5:51.44	7:13.50	8:23.02	9:27.82

**Women 120-159 200 SC Meter Freestyle Relay**

1	Southern Masters-SO	A	2:20.16
	1) Basta, Elizabeth M W30	2) Pou, Edina K W31	
	3) Holder, Alicia R W33	4) King, Rebecca L W34	
	37.85	1:08.91	1:46.38
			2:20.16

**Women 160-199 200 SC Meter Medley Relay**

1	Southern Masters-SO	A	2:34.01
	1) Frederic, Christine H W50	2) Pou, Edina K W31	
	3) Gary, Alison	4) Williams, Dale B W62	
	47.80	1:26.69	2:01.71
			2:34.01

## Southern Masters SCM Swimming Championships, Sanction #: 244-S006

UNO Pool - December 6-7, 2014

## Results

**Women 200-239 200 SC Meter Freestyle Relay**

1	Southern Masters-SO	A		2:26.09
	1) Lachney, Fay V W53	2) Williams, Dale B W62		
	3) Hughes, Sharon N W59	4) Frederic, Christine H W50		
	33.85	1:14.51	1:53.77	2:26.09
2	Southern Masters-SO	B		2:56.20
	1) Hall, Ellen H W63	2) Buccino, Vicki W68		
	3) Schott, Jennifer W38	4) Many, Cecile W60		
	49.76	1:38.92	2:13.93	2:56.20

**Men 120-159 200 SC Meter Freestyle Relay**

1	Southern Masters-SO	B		1:54.56
	1) Cambias, Robert J M46	2) Walker, Robert M47		
	3) Pou, Manelik F M39	4) Fisher, Steven R M52		
	29.57	59.33	1:27.98	1:54.56

**Men 160-199 200 SC Meter Freestyle Relay**

1	Southern Masters-SO	A		2:08.88
	1) Snyder, Scott W M57	2) Hartman, Richard M59		
	3) Hart, Christopher	4) Veintimilla, Miguel M27		
	28.90	58.69	1:32.01	2:08.88

**Men 160-199 200 SC Meter Medley Relay**

1	Southern Masters-SO	A		2:16.68
	1) Mayo, Christopher M40	2) Cambias, Robert J M46		
	3) Rester, Glenn S M41	4) Hartman, Richard M59		
	36.61	1:14.94	1:46.68	2:16.68

**Mixed 120-159 200 SC Meter Freestyle Relay**

1	Southern Masters-SO	A		2:04.77
	1) Gary, Alison	2) Pou, Edina K W31		
	3) Cambias, Robert J M46	4) Rester, Glenn S M41		
	32.14	1:03.33	1:33.47	2:04.77

**Mixed 120-159 200 SC Meter Medley Relay**

1	Southern Masters-SO	A		2:30.04
	1) Holder, Alicia R W33	2) Pou, Manelik F M39		
	3) Pou, Edina K W31	4) Fisher, Steven R M52		
	42.15	1:22.82	1:56.14	2:30.04
2	Southern Masters-SO	B		2:34.47
	1) King, Rebecca L W34	2) Basta, Elizabeth M W30		
	3) Cambias, Robert J M46	4) Walker, Robert M47		
	39.54	1:29.87	2:03.34	2:34.47

**Mixed 200-239 200 SC Meter Freestyle Relay**

1	Southern Masters-SO	A		2:12.07
	1) Frederic, Christine H W50	2) Williams, Dale B W62		
	3) Hartman, Richard M59	4) Mayo, Christopher M40		
	32.85	1:11.68	1:30.74	2:12.07

**Mixed 200-239 200 SC Meter Medley Relay**

1	Southern Masters-SO	A		2:24.24
	1) Snyder, Scott W M57	2) Frederic, Christine H W50		
	3) Schott, Jennifer W38	4) Hartman, Richard M59		
	37.76	1:18.64	1:53.56	2:24.24

**Mixed 240-279 200 SC Meter Freestyle Relay**

1	Southern Masters-SO	A		2:59.49
	1) Wofford, John D M62	2) Hall, Ellen H W63		
	3) Walton, Ann	4) Holmes, Douglas A M78		
	35.31	1:24.44	2:16.20	2:59.49