

2016 NAC Masters LC Summer Solstice - 6/4/2016 to 6/5/2016**Results****Event 2 Women 55-59 400 LC Meter IM**

Name	Age	Team	Seed Time	Finals Time	Points
1 Ritter, Susan M	59	Columbus Sharks Masters-17	NT	6:53.89	
2 Grebe, Suzanne	55	Nashville Aquatic Club Masters-15	NT	7:59.22	

Event 2 Men 60-64 400 LC Meter IM

1 Miller, Jamie A	62	North Carolina Masters Swimmin-13	10:00.00	9:57.64	
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Event 2 Men 90-94 400 LC Meter IM

1 Maine, Thomas O	91	St. Louis Area Masters-22	9:56.43	10:09.15	
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Event 3 Women 30-34 800 LC Meter Freestyle

1 Twist, Christina L	30	Ensworth Aquatics Masters-15	12:00.00	11:47.50	
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Event 3 Women 35-39 800 LC Meter Freestyle

1 Whitney, Ashley	37	Nashville Aquatic Club Masters-15	10:10.19	10:17.05	
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Event 3 Women 40-44 800 LC Meter Freestyle

1 Sloan, Elizabeth N	40	Nashville Aquatic Club Masters-15	12:00.00	14:19.40	
2 Powell, Kimberly S	43	Nashville Aquatic Club Masters-15	15:00.00	16:35.05	

Event 3 Women 45-49 800 LC Meter Freestyle

1 Rietz, Heather	48	Ensworth Aquatics Masters-15	12:30.00	11:34.94	
2 Dickins de Giron, Avery	48	Nashville Aquatic Club Masters-15	15:00.00	13:30.53	

Event 3 Women 50-54 800 LC Meter Freestyle

1 Dunn, Ella H	52	Nashville Aquatic Club Masters-15	14:00.00	14:24.18	
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Event 3 Women 55-59 800 LC Meter Freestyle

1 Morse, Cissy B	55	Nashville Aquatic Club Masters-15	14:05.00	14:29.41	
2 Aberg, Judy	57	Nashville Aquatic Club Masters-15	18:00.00	18:59.78	

Event 3 Women 65-69 800 LC Meter Freestyle

1 Erickson, Martha	65	Nashville Aquatic Club Masters-15	15:00.00	14:58.36	
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Event 3 Women 70-74 800 LC Meter Freestyle

1 Pohlmann, Mary M	71	St. Louis Area Masters-22	14:43.01	14:35.72	
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Event 4 Men 25-29 800 LC Meter Freestyle

1 Jackson, Adam	29	Ensworth Aquatics Masters-15	13:58.42	15:16.98	
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Event 4 Men 30-34 800 LC Meter Freestyle

1 White, Tony	31	Nashville Aquatic Club Masters-15	10:10.00	10:09.42	
2 Ritter, Adam J	31	Columbus Sharks Masters-17	10:00.00	13:05.28	

Event 4 Men 35-39 800 LC Meter Freestyle

1 Worku, Selamsew	37	Nashville Aquatic Club Masters-15	20:00.00	22:22.45	
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Event 4 Men 50-54 800 LC Meter Freestyle

1 Anderson, Eric R	53	Southpaw Masters-15	10:12.00	10:05.60	
2 Dodson, Glen N	54	Nashville Aquatic Club Masters-15	16:00.00	14:37.76	

Event 4 Men 55-59 800 LC Meter Freestyle

1 McFadden, Edmund W	56	Nashville Aquatic Club Masters-15	15:37.20	15:05.25	
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Event 4 Men 60-64 800 LC Meter Freestyle

1 Ritter, James H	60	Columbus Sharks Masters-17	14:00.00	11:37.59	
2 Caldwell, Bill S	60	Nashville Aquatic Club Masters-15	16:00.00	16:38.20	

Event 4 Men 70-74 800 LC Meter Freestyle

1 Bailey, Conner	70	Auburn Master Swimmers-15	13:30.00	13:15.45	
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2016 NAC Masters LC Summer Solstice - 6/4/2016 to 6/5/2016**Results****Event 5 Women 30-34 1500 LC Meter Freestyle**

1	Twist, Christina L	30	Ensworth Aquatics Masters-15	24:00.00	22:30.04
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Event 5 Women 40-44 1500 LC Meter Freestyle

1	Sloan, Elizabeth N	40	Nashville Aquatic Club Masters-15	25:00.00	28:25.39
2	Powell, Kimberly S	43	Nashville Aquatic Club Masters-15	30:00.00	32:52.76

Event 5 Women 45-49 1500 LC Meter Freestyle

1	Dickins de Giron, Avery	48	Nashville Aquatic Club Masters-15	26:00.00	25:51.29
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Event 5 Women 50-54 1500 LC Meter Freestyle

1	Adcock, Stephanie B	50	Nashville Aquatic Club Masters-15	23:00.00	23:27.70
2	Dunn, Ella H	52	Nashville Aquatic Club Masters-15	26:25.00	28:04.03

Event 5 Women 65-69 1500 LC Meter Freestyle

1	Erickson, Martha	65	Nashville Aquatic Club Masters-15	30:00.00	28:25.90
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Event 6 Men 30-34 1500 LC Meter Freestyle

*1	White, Tony	31	Nashville Aquatic Club Masters-15	NT	20:29.44
*1	Douds, Jon	30	Nashville Aquatic Club Masters-15	30:00.00	28:09.81

Event 6 Men 50-54 1500 LC Meter Freestyle

2	Becker, John C	52	Madison Titans-15	21:30.00	21:39.93
3	Dodson, Glen N	54	Nashville Aquatic Club Masters-15	30:00.00	28:55.27

Event 6 Men 60-64 1500 LC Meter Freestyle

1	Caldwell, Bill S	60	Nashville Aquatic Club Masters-15	30:00.00	32:08.85
2	Miller, Jamie A	62	North Carolina Masters Swimmin-13	31:50.00	35:03.48

Event 7 Women 120-159 200 LC Meter Medley Relay

1	Nashville Aquatic Club Masters-1	A	NT	2:39.07
	1) Allison, Diane A W64	2) Frederick, Sara A W28	3) Bruce, Elizabeth W32	4) Denman, Addie B W27
	49.48	1:33.78 (44.30)	2:03.59 (29.81)	2:39.07 (35.48)
2	Nashville Aquatic Club Masters-1	B	NT	3:33.90
	1) Maxson, Carla J W56	2) Morse, Cissy B W55	3) Phillips, Amy W54	4) Wilson, Megan F W35
	1:07.40	1:59.25 (51.85)	2:53.40 (54.15)	3:33.90 (40.50)

Event 8 Men 120-159 200 LC Meter Medley Relay

1	Nashville Aquatic Club Masters-1	A	NT	2:24.26
	1) White, Tony M31	2) Lovelace, Robert C M27	3) Lovelace, Larry M62	4) Howard, John S M24
	40.26	1:12.47 (32.21)	2:24.26 (1:11.79)	
2	Nashville Aquatic Club Masters-1	B	NT	2:55.06
	1) Maple, John L M54	2) Fuenmayor, Jose M72	3) Cooper, Don M58	4) Douds, Jon M30
	53.62	2:20.10 (1:26.48)	2:55.06 (34.96)	

Event 9 Mixed 120-159 200 LC Meter Medley Relay

1	Nashville Aquatic Club Masters-1	A	NT	2:23.56
	1) Lovelace, Larry M62	2) Lovelace, Robert C M27	3) Whitney, Ashley W37	4) Frederick, Sara A W28
		1:16.60 ()	1:57.22 (40.62)	2:23.56 (26.34)
2	Ensworth Aquatics Masters-15	A	NT	2:36.76
	1) Maxwell, Kemp P M44	2) Ladd, Laura M W49	3) Beemer, Jeffrey M M47	4) Greenfield, Kathryn H W30
	39.26	1:24.90 (45.64)	2:02.60 (37.70)	2:36.76 (34.16)
3	Nashville Aquatic Club Masters-1	B	NT	2:51.01
	1) Morse, Cissy B W55	2) McFadden, Edmund W M56	3) Adcock, Stephanie B W50	4) Oertling, Joel D M57
	46.29		2:14.16 ()	2:51.01 (36.85)
---	Nashville Aquatic Club Masters-1	C	NT	X3:16.43
	1) Caldwell, Bill S M60	2) Dunn, Ella H W52	3) Grebe, Suzanne W55	
	47.35	1:38.22 (50.87)	2:34.56 (56.34)	3:16.43 (41.87)

2016 NAC Masters LC Summer Solstice - 6/4/2016 to 6/5/2016**Results****Event 10 Women 30-34 400 LC Meter Freestyle**

1	Twist, Christina L	30	Ensworth Aquatics Masters-15	5:45.00	5:41.60
	39.16	1:22.39 (43.23)	2:06.34 (43.95)	2:51.23 (44.89)	
	3:34.77 (43.54)	4:18.22 (43.45)	5:00.71 (42.49)	5:41.60 (40.89)	
2	Greenfield, Kathryn H	30	Ensworth Aquatics Masters-15	5:30.00	6:13.17
	38.92	1:24.07 (45.15)	2:10.84 (46.77)	2:58.99 (48.15)	
	3:46.94 (47.95)	4:36.51 (49.57)	5:25.24 (48.73)	6:13.17 (47.93)	

Event 10 Women 35-39 400 LC Meter Freestyle

1	Whitney, Ashley	37	Nashville Aquatic Club Masters-15	4:55.99	5:11.83
	34.00	1:11.61 (37.61)	1:49.27 (37.66)	2:27.70 (38.43)	
	3:07.14 (39.44)	3:48.40 (41.26)	4:30.11 (41.71)	5:11.83 (41.72)	
2	Wilson, Megan F	35	Nashville Aquatic Club Masters-15	8:00.00	7:21.83
	47.75	1:39.81 (52.06)	2:34.38 (54.57)	3:31.87 (57.49)	
	4:28.39 (56.52)	5:26.95 (58.56)	6:24.43 (57.48)	7:21.83 (57.40)	

Event 10 Women 50-54 400 LC Meter Freestyle

1	Adcock, Stephanie B	50	Nashville Aquatic Club Masters-15	5:45.00	6:00.78
	43.08	1:27.10 (44.02)	2:12.53 (45.43)	2:58.45 (45.92)	
	3:44.27 (45.82)	4:29.93 (45.66)	5:16.07 (46.14)	6:00.78 (44.71)	
2	Dunn, Ella H	52	Nashville Aquatic Club Masters-15	8:00.00	7:00.09
	44.84		2:29.06 ()		
	4:17.96 ()	5:14.68 (56.72)	6:09.58 (54.90)	7:00.09 (50.51)	

Event 10 Women 55-59 400 LC Meter Freestyle

1	Ritter, Susan M	59	Columbus Sharks Masters-17	5:30.00	5:35.32
	37.46		2:01.41 ()	2:44.61 (43.20)	
	3:27.19 (42.58)	4:10.61 (43.42)	4:53.57 (42.96)	5:35.32 (41.75)	
2	Grebe, Suzanne	55	Nashville Aquatic Club Masters-15	6:40.00	6:36.90
			2:25.07 ()	3:15.39 (50.32)	
	4:06.24 (50.85)	4:56.78 (50.54)	5:46.90 (50.12)	6:36.90 (50.00)	

Event 11 Men 25-29 400 LC Meter Freestyle

1	Jackson, Adam	29	Ensworth Aquatics Masters-15	6:58.21	7:09.32
		1:40.41 ()	2:34.39 (53.98)	3:30.58 (56.19)	
	7:09.32 (3:38.74)				

Event 11 Men 30-34 400 LC Meter Freestyle

1	White, Tony	31	Nashville Aquatic Club Masters-15	4:55.00	4:57.94
	33.25	1:10.83 (37.58)	1:47.48 (36.65)	2:24.89 (37.41)	
	3:02.80 (37.91)	3:41.43 (38.63)	4:20.23 (38.80)	4:57.94 (37.71)	

Event 11 Men 45-49 400 LC Meter Freestyle

1	Beemer, Jeffrey M	47	Ensworth Aquatics Masters-15	5:25.00	5:30.14
	37.08	1:17.69 (40.61)	1:59.39 (41.70)	2:42.26 (42.87)	
	3:24.81 (42.55)	4:07.72 (42.91)	4:49.31 (41.59)	5:30.14 (40.83)	

Event 11 Men 50-54 400 LC Meter Freestyle

1	Anderson, Eric R	53	Southpaw Masters-15	4:58.00	4:51.58
	33.42	1:09.99 (36.57)	1:46.79 (36.80)	2:23.97 (37.18)	
	3:01.09 (37.12)	3:38.29 (37.20)	4:14.97 (36.68)	4:51.58 (36.61)	
2	Becker, John C	52	Madison Titans-15	5:30.00	5:28.54
	36.58	1:17.24 (40.66)	1:58.30 (41.06)	2:40.82 (42.52)	
	3:23.18 (42.36)	4:05.82 (42.64)	4:46.84 (41.02)	5:28.54 (41.70)	
3	Mitchell, Jeffrey L	52	Excel Aquatics Masters-15	7:00.00	6:30.02
	46.46	6:30.02 (5:43.56)			

2016 NAC Masters LC Summer Solstice - 6/4/2016 to 6/5/2016**Results****(Event 11 Men 50-54 400 LC Meter Freestyle)**

4	Maple, John L	54	Nashville Aquatic Club Masters-15	6:56.84	7:02.40
	48.21	1:41.34 (53.13)	2:34.99 (53.65)	3:30.53 (55.54)	
	4:24.52 (53.99)	5:18.87 (54.35)	6:11.92 (53.05)	7:02.40 (50.48)	

Event 11 Men 55-59 400 LC Meter Freestyle

1	Climaco, Chris D	55	Uc15-15	12:00.00	15:17.45
	1:41.04	3:28.54 (1:47.50)	5:31.39 (2:02.85)		
			9:47.30 ()	15:17.45 (5:30.15)	

Event 11 Men 60-64 400 LC Meter Freestyle

1	Ritter, James H	60	Columbus Sharks Masters-17	6:30.00	4:45.50
	33.20	1:09.23 (36.03)	1:46.32 (37.09)	2:23.13 (36.81)	
	2:59.70 (36.57)	3:36.21 (36.51)	4:12.76 (36.55)	4:45.50 (32.74)	
2	Whitsitt, Robert E	60	Memphis Masters Swimming-15	6:07.35	6:06.17
	42.25	1:28.63 (46.38)	2:16.18 (47.55)	3:04.15 (47.97)	
	3:52.39 (48.24)	4:40.56 (48.17)	5:26.54 (45.98)	6:06.17 (39.63)	
3	Caldwell, Bill S	60	Nashville Aquatic Club Masters-15	7:30.00	8:10.43
	48.47		2:46.58 ()	3:53.72 (1:07.14)	
	4:58.90 (1:05.18)	6:04.08 (1:05.18)	7:09.04 (1:04.96)	8:10.43 (1:01.39)	
4	Miller, Jamie A	62	North Carolina Masters Swimmin-13	9:01.00	8:52.66
	57.73		3:14.42 ()	4:25.05 (1:10.63)	
	5:36.93 (1:11.88)	6:48.07 (1:11.14)	7:54.36 (1:06.29)	8:52.66 (58.30)	

Event 11 Men 70-74 400 LC Meter Freestyle

1	Bailey, Conner	70	Auburn Master Swimmers-15	6:45.00	6:34.55
	46.84	1:37.56 (50.72)	2:27.79 (50.23)	3:18.77 (50.98)	
	4:08.46 (49.69)	4:58.50 (50.04)	6:34.55 (1:36.05)		

Event 12 Women 25-29 50 LC Meter Backstroke

1	Frederick, Sara A	28	Nashville Aquatic Club Masters-15	35.60	42.63
2	Denman, Addie B	27	Nashville Aquatic Club Masters-15	1:00.00	44.20

Event 12 Women 45-49 50 LC Meter Backstroke

1	McPherson, Chris A	49	Ensworth Aquatics Masters-15	37.00	37.98
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Event 12 Women 50-54 50 LC Meter Backstroke

1	Phillips, Amy	54	Nashville Aquatic Club Masters-15	1:00.00	49.15
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Event 12 Women 55-59 50 LC Meter Backstroke

1	Maxson, Carla J	56	Nashville Aquatic Club Masters-15	1:01.15	1:09.12
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Event 12 Women 60-64 50 LC Meter Backstroke

1	Allison, Diane A	64	Nashville Aquatic Club Masters-15	44.74	47.36
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Event 12 Women 70-74 50 LC Meter Backstroke

1	Pohlmann, Mary M	71	St. Louis Area Masters-22	48.72	48.14
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Event 13 Men 40-44 50 LC Meter Backstroke

1	Maxwell, Kemp P	44	Ensworth Aquatics Masters-15	38.35	39.10
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Event 13 Men 55-59 50 LC Meter Backstroke

1	McFadden, Edmund W	56	Nashville Aquatic Club Masters-15	1:10.00	55.48
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Event 14 Women 25-29 100 LC Meter Breaststroke

1	Denman, Addie B	27	Nashville Aquatic Club Masters-15	2:30.00	1:47.48
	51.84	1:47.48 (55.64)			

2016 NAC Masters LC Summer Solstice - 6/4/2016 to 6/5/2016**Results****Event 14 Women 30-34 100 LC Meter Breaststroke**

1	Bruce, Elizabeth	32	Nashville Aquatic Club Masters-15	1:25.00	1:21.39
	37.94		1:21.39 (43.45)		
2	Twist, Christina L	30	Ensworth Aquatics Masters-15	1:31.92	1:33.35
	44.40		1:33.35 (48.95)		
3	Greenfield, Kathryn H	30	Ensworth Aquatics Masters-15	1:45.00	1:40.36
	46.72		1:40.36 (53.64)		

Event 14 Women 45-49 100 LC Meter Breaststroke

1	Ladd, Laura M	49	Ensworth Aquatics Masters-15	1:37.18	1:41.13
	47.04		1:41.13 (54.09)		

Event 14 Women 55-59 100 LC Meter Breaststroke

1	Morse, Cissy B	55	Nashville Aquatic Club Masters-15	1:48.81	1:47.67
	52.99		1:47.67 (54.68)		
2	Grebe, Suzanne	55	Nashville Aquatic Club Masters-15	1:45.00	1:47.78
3	Owen, Cathleen P	58	Swimming With Illinois Masters-21	2:02.58	1:58.55
	55.92		1:58.55 (1:02.63)		

Event 14 Women 60-64 100 LC Meter Breaststroke

1	Moak, Mary N	60	Palm Beach Masters-50	1:48.00	1:45.78
	49.41		1:45.78 (56.37)		

Event 15 Men 25-29 100 LC Meter Breaststroke

1	Lovelace, Robert C	27	Nashville Aquatic Club Masters-15	1:03.75	1:03.68
	29.36		1:03.68 (34.32)		

Event 15 Men 30-34 100 LC Meter Breaststroke

1	Ritter, Adam J	31	Columbus Sharks Masters-17	1:03.16	1:05.44
	30.55		1:05.44 (34.89)		

Event 15 Men 45-49 100 LC Meter Breaststroke

1	Martin, Adrian	45	Uc15-15	1:25.00	1:33.43
	41.87		1:33.43 (51.56)		

Event 15 Men 70-74 100 LC Meter Breaststroke

1	Fuenmayor, Jose	72	Nashville Aquatic Club Masters-15	1:46.00	1:50.20
	51.26		1:50.20 (58.94)		
2	Pohlmann, John T	73	St. Louis Area Masters-22	2:02.87	2:00.25
	56.77		2:00.25 (1:03.48)		

Event 15 Men 75-79 100 LC Meter Breaststroke

---	Lenard, Walt	79	Ensworth Aquatics Masters-15	2:53.20	DQ
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Event 17 Men 60-64 200 LC Meter Butterfly

1	Miller, Jamie A	62	North Carolina Masters Swimmin-13	5:22.00	6:00.20
	1:17.05		2:53.66 (1:36.61) 4:33.40 (1:39.74) 6:00.20 (1:26.80)		

Event 17 Men 90-94 200 LC Meter Butterfly

1	Maine, Thomas O	91	St. Louis Area Masters-22	5:19.18	5:24.01
	1:08.95		2:32.22 (1:23.27) 5:24.01 (2:51.79)		

Event 18 Women 25-29 50 LC Meter Freestyle

1	Frederick, Sara A	28	Nashville Aquatic Club Masters-15	31.51	32.59
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Event 18 Women 35-39 50 LC Meter Freestyle

1	Wilson, Megan F	35	Nashville Aquatic Club Masters-15	1:00.00	41.08
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2016 NAC Masters LC Summer Solstice - 6/4/2016 to 6/5/2016**Results****Event 18 Women 45-49 50 LC Meter Freestyle**

1	Rietz, Heather	48	Ensworth Aquatics Masters-15	32.50	30.45
2	McPherson, Chris A	49	Ensworth Aquatics Masters-15	32.50	32.46
3	Ladd, Laura M	49	Ensworth Aquatics Masters-15	32.28	34.75

Event 18 Women 50-54 50 LC Meter Freestyle

1	Dunn, Ella H	52	Nashville Aquatic Club Masters-15	40.00	36.98
2	Phillips, Amy	54	Nashville Aquatic Club Masters-15	50.00	41.03

Event 18 Women 55-59 50 LC Meter Freestyle

1	Owen, Cathleen P	58	Swimming With Illinois Masters-21	42.52	49.09
2	Maxson, Carla J	56	Nashville Aquatic Club Masters-15	1:01.15	1:03.67

Event 18 Women 60-64 50 LC Meter Freestyle

1	Allison, Diane A	64	Nashville Aquatic Club Masters-15	35.95	38.16
2	Moak, Mary N	60	Palm Beach Masters-50	39.00	39.68

Event 19 Men 18-24 50 LC Meter Freestyle

1	Howard, John S	24	Nashville Aquatic Club Masters-15	29.53	30.37
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Event 19 Men 25-29 50 LC Meter Freestyle

1	Jackson, Adam	29	Ensworth Aquatics Masters-15	36.02	38.29
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Event 19 Men 30-34 50 LC Meter Freestyle

1	Ritter, Adam J	31	Columbus Sharks Masters-17	23.48	24.54
2	Farnham, Daniel W	33	Uc15-15	26.00	24.73
3	White, Tony	31	Nashville Aquatic Club Masters-15	27.90	29.28
4	Douds, Jon	30	Nashville Aquatic Club Masters-15	34.00	32.97

Event 19 Men 40-44 50 LC Meter Freestyle

1	Stadler, Tom	42	Middle TN Masters Swim Club-15	35.00	30.39
2	Maxwell, Kemp P	44	Ensworth Aquatics Masters-15	30.00	30.66

Event 19 Men 45-49 50 LC Meter Freestyle

1	Martin, Adrian	45	Uc15-15	33.00	30.47
2	Beemer, Jeffrey M	47	Ensworth Aquatics Masters-15	31.50	32.92

Event 19 Men 50-54 50 LC Meter Freestyle

1	Becker, John C	52	Madison Titans-15	32.00	31.57
2	Cuthbertson, William Y	54	Uc15-15	32.62	33.29

Event 19 Men 55-59 50 LC Meter Freestyle

1	Cooper, Don	58	Nashville Aquatic Club Masters-15	40.00	32.75
2	Gardella, Craig E	59	Nashville Aquatic Club Masters-15	35.00	34.94
3	Oertling, Joel D	57	Nashville Aquatic Club Masters-15	34.71	35.38
4	McFadden, Edmund W	56	Nashville Aquatic Club Masters-15	35.61	36.76

Event 19 Men 60-64 50 LC Meter Freestyle

1	Lovelace, Larry	62	Nashville Aquatic Club Masters-15	31.00	32.72
2	Whitsitt, Robert E	60	Memphis Masters Swimming-15	35.34	33.08
3	Caldwell, Bill S	60	Nashville Aquatic Club Masters-15	36.46	41.58
4	Musser, Merle D	64	Uc15-15	59.23	52.14

Event 19 Men 70-74 50 LC Meter Freestyle

1	Ehrenfeld, David C	70	Gjcc Sharks-15	38.45	36.87
2	Fuenmayor, Jose	72	Nashville Aquatic Club Masters-15	38.00	38.00

2016 NAC Masters LC Summer Solstice - 6/4/2016 to 6/5/2016**Results****Event 20 Women 30-34 200 LC Meter IM**

1	Twist, Christina L	30	Ensworth Aquatics Masters-15	3:05.00	3:08.47
	41.39	1:35.06 (53.67)	2:25.04 (49.98)	3:08.47 (43.43)	

Event 20 Women 35-39 200 LC Meter IM

1	Whitney, Ashley	37	Nashville Aquatic Club Masters-15	3:00.91	2:49.28
	37.26	1:22.34 (45.08)	2:11.03 (48.69)	2:49.28 (38.25)	

Event 20 Women 55-59 200 LC Meter IM

1	Grebe, Suzanne	55	Nashville Aquatic Club Masters-15	3:50.00	3:50.98
	57.69	2:03.12 (1:05.43)	2:59.88 (56.76)	3:50.98 (51.10)	

Event 20 Women 70-74 200 LC Meter IM

1	Pohlmann, Mary M	71	St. Louis Area Masters-22	3:56.95	4:04.08
	1:00.23	1:56.75 (56.52)	3:13.05 (1:16.30)	4:04.08 (51.03)	

Event 21 Men 18-24 200 LC Meter IM

1	Howard, John S	24	Nashville Aquatic Club Masters-15	3:08.00	3:09.95
	34.40	1:27.65 (53.25)	2:25.33 (57.68)	3:09.95 (44.62)	

Event 21 Men 35-39 200 LC Meter IM

1	Berwald, Joshua F	36	Palm Beach Masters-50	3:00.00	2:57.58
	37.80	1:20.17 (42.37)	2:13.15 (52.98)	2:57.58 (44.43)	

Event 21 Men 50-54 200 LC Meter IM

1	Maple, John L	54	Nashville Aquatic Club Masters-15	3:47.47	3:48.99
	51.82	1:55.14 (1:03.32)	2:57.52 (1:02.38)	3:48.99 (51.47)	

Event 21 Men 90-94 200 LC Meter IM

1	Maine, Thomas O	91	St. Louis Area Masters-22	4:35.62	4:40.33
	1:06.77	2:17.29 (1:10.52)	3:41.66 (1:24.37)	4:40.33 (58.67)	

Event 22 Women 25-29 50 LC Meter Butterfly

1	Frederick, Sara A	28	Nashville Aquatic Club Masters-15	35.60	38.25
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Event 22 Women 30-34 50 LC Meter Butterfly

1	Bruce, Elizabeth	32	Nashville Aquatic Club Masters-15	35.00	31.87
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Event 22 Women 45-49 50 LC Meter Butterfly

1	McPherson, Chris A	49	Ensworth Aquatics Masters-15	34.00	34.89
2	Ladd, Laura M	49	Ensworth Aquatics Masters-15	43.62	43.23

Event 22 Women 50-54 50 LC Meter Butterfly

1	Phillips, Amy	54	Nashville Aquatic Club Masters-15	1:00.00	53.90
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Event 23 Men 18-24 50 LC Meter Butterfly

1	Howard, John S	24	Nashville Aquatic Club Masters-15	28.73	36.83
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Event 23 Men 45-49 50 LC Meter Butterfly

1	Martin, Adrian	45	Uc15-15	34.00	34.66
2	Beemer, Jeffrey M	47	Ensworth Aquatics Masters-15	34.50	38.85

Event 23 Men 60-64 50 LC Meter Butterfly

1	Lovelace, Larry	62	Nashville Aquatic Club Masters-15	33.50	34.82
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Event 24 Women 25-29 200 LC Meter Freestyle

1	Denman, Addie B	27	Nashville Aquatic Club Masters-15	3:30.00	2:58.84
	40.33	1:25.88 (45.55)	2:12.47 (46.59)	2:58.84 (46.37)	

2016 NAC Masters LC Summer Solstice - 6/4/2016 to 6/5/2016**Results****Event 24 Women 30-34 200 LC Meter Freestyle**

1	Greenfield, Kathryn H	30	Ensworth Aquatics Masters-15	2:50.00	2:57.78
	40.07	1:25.69 (45.62)	2:12.76 (47.07)	2:57.78 (45.02)	

Event 24 Women 35-39 200 LC Meter Freestyle

1	Whitney, Ashley	37	Nashville Aquatic Club Masters-15	2:20.27	2:24.38
	34.36	1:11.68 (37.32)	1:47.63 (35.95)	2:24.38 (36.75)	
2	Wilson, Megan F	35	Nashville Aquatic Club Masters-15	4:00.00	3:33.26
	48.81	1:42.14 (53.33)	3:33.26 (1:51.12)		

Event 24 Women 50-54 200 LC Meter Freestyle

1	Adcock, Stephanie B	50	Nashville Aquatic Club Masters-15	NT	2:52.68
	37.99	1:22.13 (44.14)	2:07.42 (45.29)	2:52.68 (45.26)	
2	Dunn, Ella H	52	Nashville Aquatic Club Masters-15	4:00.00	3:16.83
	41.27	1:31.34 (50.07)	2:24.04 (52.70)	3:16.83 (52.79)	

Event 24 Women 55-59 200 LC Meter Freestyle

1	Ritter, Susan M	59	Columbus Sharks Masters-17	2:39.00	2:40.48
	37.16	1:18.06 (40.90)	1:59.76 (41.70)	2:40.48 (40.72)	

Event 25 Men 25-29 200 LC Meter Freestyle

1	Jackson, Adam	29	Ensworth Aquatics Masters-15	3:25.13	3:13.45
		1:33.54 ()	3:13.45 (1:39.91)		

Event 25 Men 30-34 200 LC Meter Freestyle

1	Ritter, Adam J	31	Columbus Sharks Masters-17	1:52.13	2:00.88
	27.69	59.21 (31.52)	1:30.36 (31.15)	2:00.88 (30.52)	
2	White, Tony	31	Nashville Aquatic Club Masters-15	2:21.50	2:24.13
	31.79	1:09.33 (37.54)	1:47.65 (38.32)	2:24.13 (36.48)	

Event 25 Men 40-44 200 LC Meter Freestyle

1	Stadler, Tom	42	Middle TN Masters Swim Club-15	2:30.00	2:37.86
	35.23	1:13.34 (38.11)	1:54.12 (40.78)	2:37.86 (43.74)	

Event 25 Men 45-49 200 LC Meter Freestyle

1	Beemer, Jeffrey M	47	Ensworth Aquatics Masters-15	2:30.00	2:38.69
	36.13	1:16.47 (40.34)	1:58.50 (42.03)	2:38.69 (40.19)	

Event 25 Men 50-54 200 LC Meter Freestyle

1	Anderson, Eric R	53	Southpaw Masters-15	2:18.50	2:17.70
	31.66	1:06.49 (34.83)	1:42.21 (35.72)	2:17.70 (35.49)	
2	Mitchell, Jeffrey L	52	Excel Aquatics Masters-15	3:15.00	2:59.53

Event 25 Men 55-59 200 LC Meter Freestyle

1	Cooper, Don	58	Nashville Aquatic Club Masters-15	3:30.00	2:55.32
	40.23		2:11.75 ()	2:55.32 (43.57)	

Event 25 Men 60-64 200 LC Meter Freestyle

1	Whitsitt, Robert E	60	Memphis Masters Swimming-15	2:55.10	2:53.29
	40.36	1:24.27 (43.91)	2:10.14 (45.87)	2:53.29 (43.15)	
2	Caldwell, Bill S	60	Nashville Aquatic Club Masters-15	3:23.17	3:51.06
	48.41	1:47.22 (58.81)	2:49.76 (1:02.54)	3:51.06 (1:01.30)	

Event 25 Men 70-74 200 LC Meter Freestyle

1	Bailey, Conner	70	Auburn Master Swimmers-15	3:05.00	3:03.24
	43.98	1:31.06 (47.08)	2:18.15 (47.09)	3:03.24 (45.09)	
2	Ehrenfeld, David C	70	Gjcc Sharks-15	3:30.10	3:34.64
	46.99	1:42.84 (55.85)	2:40.34 (57.50)	3:34.64 (54.30)	

2016 NAC Masters LC Summer Solstice - 6/4/2016 to 6/5/2016**Results****Event 26 Women 45-49 100 LC Meter Backstroke**

1	McPherson, Chris A	49	Ensworth Aquatics Masters-15	1:20.00	1:24.22
	40.67	1:24.22 (43.55)			

Event 26 Women 50-54 100 LC Meter Backstroke

1	Phillips, Amy	54	Nashville Aquatic Club Masters-15	2:00.00	1:48.56
	52.94	1:48.56 (55.62)			

Event 26 Women 55-59 100 LC Meter Backstroke

1	Morse, Cissy B	55	Nashville Aquatic Club Masters-15	1:40.46	1:40.77
2	Maxson, Carla J	56	Nashville Aquatic Club Masters-15	3:03.11	2:41.92
	1:17.55	2:41.92 (1:24.37)			

Event 26 Women 60-64 100 LC Meter Backstroke

1	Allison, Diane A	64	Nashville Aquatic Club Masters-15	1:37.88	1:46.87
	50.74	1:46.87 (56.13)			

Event 26 Women 70-74 100 LC Meter Backstroke

1	Pohlmann, Mary M	71	St. Louis Area Masters-22	1:45.55	1:46.29
	51.40	1:46.29 (54.89)			

Event 29 Women 30-34 200 LC Meter Breaststroke

1	Twist, Christina L	30	Ensworth Aquatics Masters-15	NT	3:21.27
	45.69	1:36.84 (51.15)	2:28.94 (52.10)	3:21.27 (52.33)	
2	Greenfield, Kathryn H	30	Ensworth Aquatics Masters-15	NT	3:43.52
	51.14	1:49.33 (58.19)	2:47.23 (57.90)	3:43.52 (56.29)	

Event 29 Women 55-59 200 LC Meter Breaststroke

1	Grebe, Suzanne	55	Nashville Aquatic Club Masters-15	NT	3:45.31
	52.59	1:50.56 (57.97)	2:48.62 (58.06)	3:45.31 (56.69)	

Event 29 Men 60-64 200 LC Meter Breaststroke

1	Miller, Jamie A	62	North Carolina Masters Swimmin-13	4:53.00	5:13.07
	1:12.44	2:34.24 (1:21.80)	3:55.34 (1:21.10)	5:13.07 (1:17.73)	
2	Musser, Merle D	64	Uc15-15	6:08.00	5:56.45
	1:18.48	2:51.73 (1:33.25)	4:24.18 (1:32.45)	5:56.45 (1:32.27)	

Event 29 Men 70-74 200 LC Meter Breaststroke

1	Pohlmann, John T	73	St. Louis Area Masters-22	4:14.13	4:24.59
	1:02.83	2:10.98 (1:08.15)	3:18.46 (1:07.48)	4:24.59 (1:06.13)	

Event 30 Women 25-29 100 LC Meter Freestyle

1	Denman, Addie B	27	Nashville Aquatic Club Masters-15	1:30.00	1:24.19
	39.80	1:24.19 (44.39)			

Event 30 Women 30-34 100 LC Meter Freestyle

1	Greenfield, Kathryn H	30	Ensworth Aquatics Masters-15	1:15.00	1:22.36
	38.20	1:22.36 (44.16)			

Event 30 Women 35-39 100 LC Meter Freestyle

1	Wilson, Megan F	35	Nashville Aquatic Club Masters-15	2:00.00	1:33.42
	45.24	1:33.42 (48.18)			

Event 30 Women 45-49 100 LC Meter Freestyle

1	Rietz, Heather	48	Ensworth Aquatics Masters-15	1:12.00	1:09.94
	33.95	1:09.94 (35.99)			
2	Ladd, Laura M	49	Ensworth Aquatics Masters-15	1:14.19	1:16.08
	36.74	1:16.08 (39.34)			

2016 NAC Masters LC Summer Solstice - 6/4/2016 to 6/5/2016**Results****Event 30 Women 50-54 100 LC Meter Freestyle**

1	Dunn, Ella H	52	Nashville Aquatic Club Masters-15	1:45.00	1:23.29
	39.24		1:23.29 (44.05)		
2	Phillips, Amy	54	Nashville Aquatic Club Masters-15	1:50.00	1:37.08
	46.24		1:37.08 (50.84)		

Event 30 Women 55-59 100 LC Meter Freestyle

1	Ritter, Susan M	59	Columbus Sharks Masters-17	1:15.00	1:15.16
	36.47		1:15.16 (38.69)		

Event 30 Women 60-64 100 LC Meter Freestyle

1	Allison, Diane A	64	Nashville Aquatic Club Masters-15	1:23.37	1:26.89
	40.28		1:26.89 (46.61)		
2	Moak, Mary N	60	Palm Beach Masters-50	1:35.02	1:31.21
	44.00		1:31.21 (47.21)		

Event 31 Men 18-24 100 LC Meter Freestyle

1	Howard, John S	24	Nashville Aquatic Club Masters-15	1:10.32	1:12.95
	35.30		1:12.95 (37.65)		

Event 31 Men 30-34 100 LC Meter Freestyle

1	Ritter, Adam J	31	Columbus Sharks Masters-17	50.34	53.42
	25.74		53.42 (27.68)		
2	Farnham, Daniel W	33	Uc15-15	56.50	56.57
	27.04		56.57 (29.53)		
3	White, Tony	31	Nashville Aquatic Club Masters-15	1:02.50	1:04.85
	31.56		1:04.85 (33.29)		
4	Douds, Jon	30	Nashville Aquatic Club Masters-15	1:20.00	1:20.73
	36.06		1:20.73 (44.67)		

Event 31 Men 35-39 100 LC Meter Freestyle

1	Berwald, Joshua F	36	Palm Beach Masters-50	1:15.00	1:23.69
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Event 31 Men 40-44 100 LC Meter Freestyle

1	Stadler, Tom	42	Middle TN Masters Swim Club-15	1:15.00	1:09.42
	33.89		1:09.42 (35.53)		
2	Maxwell, Kemp P	44	Ensworth Aquatics Masters-15	1:05.00	1:11.27

Event 31 Men 45-49 100 LC Meter Freestyle

1	Martin, Adrian	45	Uc15-15	1:08.00	1:10.83
	33.86		1:10.83 (36.97)		

Event 31 Men 50-54 100 LC Meter Freestyle

1	Anderson, Eric R	53	Southpaw Masters-15	1:02.50	1:03.38
	29.55		1:03.38 (33.83)		
2	Becker, John C	52	Madison Titans-15	1:06.00	1:11.06
	33.94		1:11.06 (37.12)		
3	Cuthbertson, William Y	54	Uc15-15	1:11.51	1:17.74
	34.99		1:17.74 (42.75)		
4	Maple, John L	54	Nashville Aquatic Club Masters-15	1:28.98	1:27.10
	42.97		1:27.10 (44.13)		

Event 31 Men 55-59 100 LC Meter Freestyle

1	Cooper, Don	58	Nashville Aquatic Club Masters-15	1:35.00	1:17.17
	37.89		1:17.17 (39.28)		
2	Oertling, Joel D	57	Nashville Aquatic Club Masters-15	1:26.00	1:23.32
	38.31		1:23.32 (45.01)		

2016 NAC Masters LC Summer Solstice - 6/4/2016 to 6/5/2016**Results****(Event 31 Men 55-59 100 LC Meter Freestyle)**

3	McFadden, Edmund W	56	Nashville Aquatic Club Masters-15	1:29.14	1:31.84
	44.09				1:31.84 (47.75)

Event 31 Men 60-64 100 LC Meter Freestyle

1	Ritter, James H	60	Columbus Sharks Masters-17	58.45	58.21
	28.97				58.21 (29.24)
2	Lovelace, Larry	62	Nashville Aquatic Club Masters-15	1:15.00	1:13.92
	35.87				1:13.92 (38.05)
3	Whitsitt, Robert E	60	Memphis Masters Swimming-15	1:14.96	1:15.32
	36.87				1:15.32 (38.45)
4	Caldwell, Bill S	60	Nashville Aquatic Club Masters-15	1:29.04	1:41.15
	46.78				1:41.15 (54.37)

Event 31 Men 70-74 100 LC Meter Freestyle

1	Ehrenfeld, David C	70	Gjcc Sharks-15	1:31.05	1:30.25
	40.48				1:30.25 (49.77)

Event 33 Women 55-59 200 LC Meter Backstroke

1	Morse, Cissy B	55	Nashville Aquatic Club Masters-15	NT	3:44.20
	52.74				3:44.20 (2:51.46)
2	Maxson, Carla J	56	Nashville Aquatic Club Masters-15	NT	5:39.58
	1:16.95				2:46.11 (1:29.16) 4:15.27 (1:29.16) 5:39.58 (1:24.31)

Event 33 Men 35-39 200 LC Meter Backstroke

1	Berwald, Joshua F	36	Palm Beach Masters-50	2:46.00	2:57.88
	40.46				1:24.38 (43.92) 2:10.06 (45.68) 2:57.88 (47.82)

Event 33 Men 60-64 200 LC Meter Backstroke

1	Musser, Merle D	64	Uc15-15	5:22.59	5:53.13
	1:20.90				2:50.69 (1:29.79) 4:23.54 (1:32.85) 5:53.13 (1:29.59)

Event 33 Men 70-74 200 LC Meter Backstroke

1	Bailey, Conner	70	Auburn Master Swimmers-15	3:55.00	3:42.17
	55.96				1:52.93 (56.97) 2:48.54 (55.61) 3:42.17 (53.63)

Event 34 Women 18-24 50 LC Meter Breaststroke

---	Cooper, Melissa L	24	Nashville Aquatic Club Masters-15	34.28	DQ
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Event 34 Women 25-29 50 LC Meter Breaststroke

1	Frederick, Sara A	28	Nashville Aquatic Club Masters-15	40.42	42.32
2	Denman, Addie B	27	Nashville Aquatic Club Masters-15	1:10.00	47.75

Event 34 Women 30-34 50 LC Meter Breaststroke

1	Bruce, Elizabeth	32	Nashville Aquatic Club Masters-15	40.00	36.32
2	Twist, Christina L	30	Ensworth Aquatics Masters-15	42.58	42.17

Event 34 Women 35-39 50 LC Meter Breaststroke

1	Whitney, Ashley	37	Nashville Aquatic Club Masters-15	40.01	39.57
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Event 34 Women 45-49 50 LC Meter Breaststroke

1	Ladd, Laura M	49	Ensworth Aquatics Masters-15	41.19	44.00
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Event 34 Women 50-54 50 LC Meter Breaststroke

1	Adcock, Stephanie B	50	Nashville Aquatic Club Masters-15	47.00	48.07
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Event 34 Women 55-59 50 LC Meter Breaststroke

1	Grebe, Suzanne	55	Nashville Aquatic Club Masters-15	48.00	48.22
2	Owen, Cathleen P	58	Swimming With Illinois Masters-21	1:01.44	55.66

2016 NAC Masters LC Summer Solstice - 6/4/2016 to 6/5/2016**Results****Event 34 Women 60-64 50 LC Meter Breaststroke**

1	Moak, Mary N	60	Palm Beach Masters-50	47.52	48.19
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Event 35 Men 18-24 50 LC Meter Breaststroke

1	Howard, John S	24	Nashville Aquatic Club Masters-15	35.87	42.75
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Event 35 Men 25-29 50 LC Meter Breaststroke

1	Lovelace, Robert C	27	Nashville Aquatic Club Masters-15	29.00	29.04
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Event 35 Men 40-44 50 LC Meter Breaststroke

1	Maxwell, Kemp P	44	Ensworth Aquatics Masters-15	44.19	46.46
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Event 35 Men 45-49 50 LC Meter Breaststroke

1	Martin, Adrian	45	Uc15-15	42.00	40.73
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Event 35 Men 55-59 50 LC Meter Breaststroke

1	Cooper, Don	58	Nashville Aquatic Club Masters-15	1:15.00	43.11
2	Gardella, Craig E	59	Nashville Aquatic Club Masters-15	38.00	46.22

Event 35 Men 60-64 50 LC Meter Breaststroke

1	Caldwell, Bill S	60	Nashville Aquatic Club Masters-15	1:01.00	58.11
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Event 35 Men 70-74 50 LC Meter Breaststroke

1	Fuenmayor, Jose	72	Nashville Aquatic Club Masters-15	45.00	45.91
2	Bailey, Conner	70	Auburn Master Swimmers-15	45.00	47.68
3	Pohlmann, John T	73	St. Louis Area Masters-22	46.91	48.33

Event 36 Women 35-39 100 LC Meter Butterfly

1	Whitney, Ashley	37	Nashville Aquatic Club Masters-15	1:30.23	1:27.36
	42.21		1:27.36 (45.15)		

Event 36 Women 70-74 100 LC Meter Butterfly

1	Pohlmann, Mary M	71	St. Louis Area Masters-22	2:06.94	2:08.13
	1:00.81		2:08.13 (1:07.32)		

Event 37 Men 60-64 100 LC Meter Butterfly

1	Miller, Jamie A	62	North Carolina Masters Swimmin-13	2:07.00	2:34.36
	1:11.74		2:34.36 (1:22.62)		

Event 38 Women 120-159 200 LC Meter Freestyle Relay

1	Ensworth Aquatics Masters-15	A	NT	2:11.53
	1) Twist, Christina L W30	2) Ladd, Laura M W49	3) McPherson, Chris A W49	4) Rietz, Heather W48
	33.45	1:08.69 (35.24)	1:41.18 (32.49)	2:11.53 (30.35)
2	Nashville Aquatic Club Masters-1	A	NT	2:18.31
	1) Bruce, Elizabeth W32	2) Denman, Addie B W27	3) Adcock, Stephanie B W50	4) Frederick, Sara A W28
	30.93	1:09.03 (38.10)	1:44.65 (35.62)	2:18.31 (33.66)
3	Nashville Aquatic Club Masters-1	B	NT	2:32.97
	1) Allison, Diane A W64	2) Phillips, Amy W54	3) Morse, Cissy B W55	4) Dunn, Ella H W52
	38.73	1:56.76 ()	2:32.97 (36.21)	

Event 39 Men 120-159 200 LC Meter Freestyle Relay

1	Nashville Aquatic Club Masters-1	A	NT	1:59.87
	1) Lovelace, Robert C M27	2) Howard, John S M24	3) Lovelace, Larry M62	4) White, Tony M31
	24.83	56.08 (31.25)	1:29.95 (33.87)	1:59.87 (29.92)
2	Nashville Aquatic Club Masters-1	B	NT	2:25.47
	1) Cooper, Don M58	2) Douds, Jon M30	3) McFadden, Edmund W M56	4) Oertling, Joel D M57
		1:49.28 ()	2:25.47 (36.19)	

2016 NAC Masters LC Summer Solstice - 6/4/2016 to 6/5/2016**Results****Event 40 Mixed 120-159 200 LC Meter Freestyle Relay**

1	Ensworth Aquatics Masters-15	A		NT	2:09.27
	1) Rietz, Heather W48		2) Maxwell, Kemp P M44	3) Greenfield, Kathryn H W30	4) Beemer, Jeffrey M M47
	31.76		1:37.06 ()	2:09.27 (32.21)	
2	Nashville Aquatic Club Masters-1	B		NT	2:17.62
	1) Howard, John S M24		2) Denman, Addie B W27	3) Douds, Jon M30	4) Bruce, Elizabeth W32
	32.90		1:45.51 ()	2:17.62 (32.11)	
3	Nashville Aquatic Club Masters-1	A		NT	2:29.49
	1) White, Tony M31		2) Whitney, Ashley W37	3) Frederick, Sara A W28	4) Lovelace, Robert C M27
	30.74	1:13.80 (43.06)	1:49.24 (35.44)	2:29.49 (40.25)	
---	Nashville Aquatic Club Masters-1	C		NT	X2:14.36
			1:44.11 ()	2:14.36 (30.25)	