

NAC Masters Summer Solstice - 5/11/2019**Results - Saturday****Event 1 Women 25-29 400 LC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Matevish, Lauren	28	Nashville Aquatic Club Masters-15	NT	5:19.38	
	1:15.18	2:36.65 (1:21.47)	3:58.38 (1:21.73)	5:19.38 (1:21.00)	
2 Harmsen, Hannah	29	Nashville Aquatic Club Masters-15	7:00.00	6:27.76	
	1:34.41	3:14.77 (1:40.36)	4:54.97 (1:40.20)	6:27.76 (1:32.79)	

Event 1 Women 40-44 400 LC Meter Freestyle

1 Whitney, Ashley	40	Nashville Aquatic Club Masters-15	4:42.84	4:48.31	
	1:12.15	2:25.15 (1:13.00)	3:37.02 (1:11.87)	4:48.31 (1:11.29)	

Event 1 Women 45-49 400 LC Meter Freestyle

1 Marvin, Linda L	46	Indy Aquatic Masters-16	6:30.00	6:13.84	
	1:27.60	3:03.63 (1:36.03)	4:39.44 (1:35.81)	6:13.84 (1:34.40)	
2 Berry, Marie	48	Nashville Aquatic Club Masters-15	7:43.20	7:43.77	
	1:50.90	3:49.68 (1:58.78)	5:49.18 (1:59.50)	7:43.77 (1:54.59)	

Event 1 Women 50-54 400 LC Meter Freestyle

1 Dickins de Giron, Avery	51	Nashville Aquatic Club Masters-15	7:00.00	6:31.35	
	1:32.75	3:12.98 (1:40.23)	4:53.81 (1:40.83)	6:31.35 (1:37.54)	

Event 1 Women 55-59 400 LC Meter Freestyle

1 Morse, Celia	58	Nashville Aquatic Club Masters-15	7:30.00	6:30.20	
	1:35.04	3:15.23 (1:40.19)	4:54.45 (1:39.22)	6:30.20 (1:35.75)	

Event 1 Women 65-69 400 LC Meter Freestyle

1 Erickson, Martha	68	Nashville Aquatic Club Masters-15	8:02.17	8:13.80	
	2:01.07	4:05.64 (2:04.57)	6:11.14 (2:05.50)	8:13.80 (2:02.66)	

Event 1 Women 70-74 400 LC Meter Freestyle

1 Pohlmann, Mary M	74	St. Louis Area Masters-22	7:48.58	7:42.04	
	1:51.04	3:51.19 (2:00.15)	5:47.90 (1:56.71)	7:42.04 (1:54.14)	

Event 1 Men 25-29 400 LC Meter Freestyle

1 Jones, Matt W	28	Athletes Without Limits-14	6:43.49	6:11.42	
	1:24.68	3:00.70 (1:36.02)	4:38.65 (1:37.95)	6:11.42 (1:32.77)	

Event 1 Men 30-34 400 LC Meter Freestyle

1 Zinser, Jason G	33	Nashville Aquatic Club Masters-15	6:15.00	5:52.19	
	1:17.96	2:46.00 (1:28.04)	4:19.21 (1:33.21)	5:52.19 (1:32.98)	

Event 1 Men 50-54 400 LC Meter Freestyle

1 Brown, John W	50	Nashville Aquatic Club Masters-15	5:44.00	5:50.11	
	1:22.07	2:50.72 (1:28.65)	4:21.12 (1:30.40)	5:50.11 (1:28.99)	
2 Egan, Brian	51	Nashville Aquatic Club Masters-15	6:01.70	5:58.43	
	1:23.77	2:56.30 (1:32.53)	4:28.68 (1:32.38)	5:58.43 (1:29.75)	
3 Long, Michael	50	Nashville Aquatic Club Masters-15	6:47.56	6:31.01	
	1:30.71	3:14.48 (1:43.77)	6:31.01 (3:16.53)		

Event 1 Men 55-59 400 LC Meter Freestyle

1 Harris, Patrick	57	Ensworth Aquatics Masters-15	5:19.50	5:16.67	
	1:14.37	2:36.12 (1:21.75)	3:57.65 (1:21.53)	5:16.67 (1:19.02)	
2 Edwards, Eric	56	Uc15-15	7:00.00	6:30.13	
	1:29.07	3:12.38 (1:43.31)	4:55.34 (1:42.96)	6:30.13 (1:34.79)	
3 Maple, John	57	Nashville Aquatic Club Masters-15	7:05.00	7:08.95	
	1:42.16	3:32.34 (1:50.18)	5:23.16 (1:50.82)	7:08.95 (1:45.79)	

Event 1 Men 60-64 400 LC Meter Freestyle

1 Cooper, Donald	61	Nashville Aquatic Club Masters-15	6:05.00	5:59.27	
	1:22.55	2:55.19 (1:32.64)	4:27.41 (1:32.22)	5:59.27 (1:31.86)	

NAC Masters Summer Solstice - 5/11/2019**Results - Saturday****(Event 1 Men 60-64 400 LC Meter Freestyle)**

2	Esahak-Gage, George	61	Arizona Masters Swim Club Inc-48	6:50.00	6:14.70
	1:29.11	3:04.77 (1:35.66)	4:40.64 (1:35.87)	6:14.70 (1:34.06)	

Event 1 Men 65-69 400 LC Meter Freestyle

1	Miller, David	69	Nashville Aquatic Club Masters-15	6:15.00	6:17.99
	1:28.00	3:05.18 (1:37.18)	4:43.01 (1:37.83)	6:17.99 (1:34.98)	

Event 2 Women 100-119 200 LC Meter Freestyle Relay

2	Nashville Aquatic Club Masters-1	G		NT	2:10.12
	1) Ramsey, Haley W25	2) Simon, Celeste W34	3) Carpenter, Savannah W28	4) Cutler, Jessica W27	
	1:06.56	2:10.12 (1:03.56)			

Event 2 Women 160-199 200 LC Meter Freestyle Relay

5	Nashville Aquatic Club Masters-1	E		NT	2:30.89
	1) Dooley, Meredith W50	2) Berry, Marie W48	3) Riedinger, Kelly W40	4) Ballou, Stephanie W44	
	1:26.40	2:30.89 (1:04.49)			

Event 2 Women 200-239 200 LC Meter Freestyle Relay

6	Nashville Aquatic Club Masters-1	F		NT	2:38.80
	1) Dickins de Giron, Avery W51	2) Brantley, Susan W58	3) Phillips, Amy W57	4) Morse, Celia W58	
	1:19.89	2:38.80 (1:18.91)			

Event 2 Men 120-159 200 LC Meter Freestyle Relay

1	Nashville Aquatic Club Masters-1	B		NT	1:54.24
	1) Stephens, Chris M45	2) Piper, Sean M26	3) Jones, Nicholas M29	4) Zinser, Jason G M33	
	53.25	1:54.24 (1:00.99)			

Event 2 Men 200-239 200 LC Meter Freestyle Relay

3	Nashville Aquatic Club Masters-1	A		NT	2:13.26
	1) Cooper, Donald M61	2) Petty, Damon M53	3) Przymus, Dean R M59	4) Miller, Rusty M49	
	1:06.66	2:13.26 (1:06.60)			
4	Nashville Aquatic Club Masters-1	C		NT	2:18.60
	1) Long, Michael M50	2) Goldthwaite, Charles M51	3) Maple, John M57	4) Guillamondegui, Oscar M52	

Event 2 Men 240-279 200 LC Meter Freestyle Relay

7	Nashville Aquatic Club Masters-1	D		NT	2:51.91
	1) Caldwell, William M63	2) Brown, John W M50	3) Ehrenfeld, David M73	4) Fechheimer, Peter M79	
	1:28.43	2:51.91 (1:23.48)			

Event 3 Women 25-29 200 LC Meter Butterfly

1	Ramsey, Haley	25	Nashville Aquatic Club Masters-15	2:45.00	3:05.61
	1:26.07	3:05.61 (1:39.54)			

Event 3 Women 55-59 200 LC Meter Butterfly

1	Esahak-Gage, Jane	57	Arizona Masters Swim Club Inc-48	3:25.00	3:11.89
	1:32.34	3:11.89 (1:39.55)			

Event 3 Men 60-64 200 LC Meter Butterfly

1	Phillips, Mike	63	Excel Aquatics Masters-15	3:23.51	3:41.85
	1:40.56	3:41.85 (2:01.29)			

Event 4 Women 25-29 50 LC Meter Backstroke

1	Ligon, Kathleen	25	Uc24-24	40.00	31.96
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Event 4 Women 30-34 50 LC Meter Backstroke

1	Simon, Celeste	34	Nashville Aquatic Club Masters-15	40.00	42.48
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NAC Masters Summer Solstice - 5/11/2019**Results - Saturday****Event 4 Women 40-44 50 LC Meter Backstroke**

1	Ballou, Stephanie	44	Nashville Aquatic Club Masters-15	41.30	40.38
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Event 4 Women 55-59 50 LC Meter Backstroke

1	Frederic, Christine	55	Sarasota Sharks Masters-14	42.95	39.62
2	Morse, Celia	58	Nashville Aquatic Club Masters-15	45.00	44.01
3	Phillips, Amy	57	Nashville Aquatic Club Masters-15	55.00	48.46

Event 4 Women 65-69 50 LC Meter Backstroke

1	Noyes, Penny P	65	Swim Kentucky Masters-41	34.99	36.18
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Event 4 Women 70-74 50 LC Meter Backstroke

1	Pohlmann, Mary M	74	St. Louis Area Masters-22	53.74	54.80
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Event 4 Men 25-29 50 LC Meter Backstroke

1	Jones, Nicholas	29	Nashville Aquatic Club Masters-15	32.00	30.01
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Event 4 Men 45-49 50 LC Meter Backstroke

1	Miller, Rusty	49	Nashville Aquatic Club Masters-15	39.99	33.65
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Event 4 Men 50-54 50 LC Meter Backstroke

1	Petty, Damon	53	Nashville Aquatic Club Masters-15	42.00	45.38
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Event 4 Men 55-59 50 LC Meter Backstroke

1	Przymus, Dean R	59	Nashville Aquatic Club Masters-15	38.00	34.57
2	Edwards, Eric	56	Uc15-15	1:00.00	47.01

Event 4 Men 60-64 50 LC Meter Backstroke

1	Caldwell, William	63	Nashville Aquatic Club Masters-15	55.28	54.85
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Event 5 Women 40-44 100 LC Meter Breaststroke

1	Riedinger, Kelly	40	Nashville Aquatic Club Masters-15	1:35.54	1:36.60
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Event 5 Women 50-54 100 LC Meter Breaststroke

1	Ladd, Laura	52	Ensworth Aquatics Masters-15	1:38.05	1:42.15
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Event 5 Women 55-59 100 LC Meter Breaststroke

1	Frederic, Christine	55	Sarasota Sharks Masters-14	1:32.60	1:33.84
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Event 5 Men 18-24 100 LC Meter Breaststroke

1	Frederic, Matthew	23	Sarasota Sharks Masters-14	1:30.23	1:23.05
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Event 5 Men 25-29 100 LC Meter Breaststroke

1	Jones, Matt W	28	Athletes Without Limits-14	2:09.00	2:03.11
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Event 5 Men 40-44 100 LC Meter Breaststroke

1	Shavrov, Alexander	43	Nashville Aquatic Club Masters-15	1:20.00	1:23.09
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Event 5 Men 50-54 100 LC Meter Breaststroke

1	Guillamondegui, Oscar	52	Nashville Aquatic Club Masters-15	1:20.00	1:27.73
2	Goldthwaite, Charles	51	Nashville Aquatic Club Masters-15	1:47.87	1:44.00

Event 5 Men 60-64 100 LC Meter Breaststroke

1	Eshak-Gage, George	61	Arizona Masters Swim Club Inc-48	2:00.00	1:46.54
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Event 5 Men 75-79 100 LC Meter Breaststroke

1	Fuenmayor, Jose	75	Nashville Aquatic Club Masters-15	1:49.92	1:49.68
2	Pohlmann, John T	76	St. Louis Area Masters-22	2:06.60	2:10.65
3	Koropey, Oleh	75	Swim Kentucky Masters-41	2:41.00	3:00.55

NAC Masters Summer Solstice - 5/11/2019**Results - Saturday****Event 6 Women 25-29 50 LC Meter Freestyle**

1	Ligon, Kathleen	25	Uc24-24	36.00	28.39
2	Carpenter, Savannah	28	Nashville Aquatic Club Masters-15	31.00	32.10
3	Ramsey, Haley	25	Nashville Aquatic Club Masters-15	27.00	32.32
4	Harmsen, Hannah	29	Nashville Aquatic Club Masters-15	40.00	38.05

Event 6 Women 30-34 50 LC Meter Freestyle

1	Jenkins, Rachel	33	Memphis Tiger Swimming Masters-15	29.00	29.10
2	Simon, Celeste	34	Nashville Aquatic Club Masters-15	33.00	34.82

Event 6 Women 45-49 50 LC Meter Freestyle

1	Braun, Erika	47	North Carolina Masters Swimmin-13	26.53	27.79
2	Gratsou-Zodl, Violetta	49	North Carolina Masters Swimmin-13	43.14	39.99

Event 6 Women 50-54 50 LC Meter Freestyle

1	Ladd, Laura	52	Ensworth Aquatics Masters-15	36.25	37.57
2	Dooley, Meredith	50	Nashville Aquatic Club Masters-15	38.00	37.77

Event 6 Women 55-59 50 LC Meter Freestyle

1	Brantley, Susan	58	Nashville Aquatic Club Masters-15	36.00	37.53
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Event 6 Women 65-69 50 LC Meter Freestyle

1	Noyes, Penny P	65	Swim Kentucky Masters-41	30.21	30.64
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Event 6 Men 18-24 50 LC Meter Freestyle

1	Frederic, Matthew	23	Sarasota Sharks Masters-14	29.61	29.94
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Event 6 Men 25-29 50 LC Meter Freestyle

1	Jones, Nicholas	29	Nashville Aquatic Club Masters-15	27.00	25.74
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Event 6 Men 30-34 50 LC Meter Freestyle

1	Michael, Tyler	31	Ensworth Aquatics Masters-15	31.75	29.14
2	Zinser, Jason G	33	Nashville Aquatic Club Masters-15	33.00	34.09

Event 6 Men 45-49 50 LC Meter Freestyle

1	Stephens, Chris	45	Nashville Aquatic Club Masters-15	25.50	25.84
2	Miller, Rusty	49	Nashville Aquatic Club Masters-15	31.05	28.38

Event 6 Men 50-54 50 LC Meter Freestyle

1	Long, Michael	50	Nashville Aquatic Club Masters-15	34.71	32.70
2	Egan, Brian	51	Nashville Aquatic Club Masters-15	34.27	33.66
3	Petty, Damon	53	Nashville Aquatic Club Masters-15	32.11	33.83

Event 6 Men 55-59 50 LC Meter Freestyle

1	Przymus, Dean R	59	Nashville Aquatic Club Masters-15	31.00	28.22
2	Edwards, Eric	56	Uc15-15	1:00.00	36.42

Event 6 Men 60-64 50 LC Meter Freestyle

1	Phillips, Mike	63	Excel Aquatics Masters-15	30.77	32.00
2	Cooper, Donald	61	Nashville Aquatic Club Masters-15	35.00	34.07
3	Caldwell, William	63	Nashville Aquatic Club Masters-15	42.67	42.23

Event 6 Men 65-69 50 LC Meter Freestyle

1	Miller, David	69	Nashville Aquatic Club Masters-15	34.00	32.75
2	Wickman, Craig	65	Swim Kentucky Masters-41	1:15.00	1:11.04

Event 6 Men 70-74 50 LC Meter Freestyle

1	Ehrenfeld, David	73	Nashville Aquatic Club Masters-15	36.87	39.46
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NAC Masters Summer Solstice - 5/11/2019**Results - Saturday****Event 6 Men 75-79 50 LC Meter Freestyle**

1	Fechheimer, Peter	79	Nashville Aquatic Club Masters-15	42.04	44.52
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Event 7 Women 25-29 200 LC Meter IM

1	Cutler, Jessica	27	Nashville Aquatic Club Masters-15	2:55.00	2:42.20
				1:15.69	2:42.20 (1:26.51)

Event 7 Women 40-44 200 LC Meter IM

1	Riedinger, Kelly	40	Nashville Aquatic Club Masters-15	3:20.13	3:24.31
				1:35.91	3:24.31 (1:48.40)
2	Ballou, Stephanie	44	Nashville Aquatic Club Masters-15	3:20.20	3:24.33
				1:32.55	3:24.33 (1:51.78)

Event 7 Women 45-49 200 LC Meter IM

1	Marvin, Linda L	46	Indy Aquatic Masters-16	4:00.00	3:28.91
				1:41.68	3:28.91 (1:47.23)

Event 7 Women 55-59 200 LC Meter IM

1	Esahak-Gage, Jane	57	Arizona Masters Swim Club Inc-48	3:10.00	3:03.49
				1:29.39	3:03.49 (1:34.10)
2	Morse, Celia	58	Nashville Aquatic Club Masters-15	4:00.00	3:38.14
				1:47.52	3:38.14 (1:50.62)
3	Brantley, Susan	58	Nashville Aquatic Club Masters-15	3:25.00	3:44.92
				1:51.16	3:44.92 (1:53.76)
4	Phillips, Amy	57	Nashville Aquatic Club Masters-15	5:00.00	4:22.51
				1:59.17	4:22.51 (2:23.34)

Event 7 Men 25-29 200 LC Meter IM

1	Piper, Sean	26	Nashville Aquatic Club Masters-15	NT	2:40.77
				1:13.79	2:40.77 (1:26.98)
2	Jones, Matt W	28	Athletes Without Limits-14	3:47.65	3:34.94
				1:37.55	3:34.94 (1:57.39)

Event 7 Men 55-59 200 LC Meter IM

1	Maple, John	57	Nashville Aquatic Club Masters-15	4:00.00	3:51.37
				1:57.91	3:51.37 (1:53.46)

Event 8 Women 25-29 50 LC Meter Butterfly

1	Ligon, Kathleen	25	Uc24-24	40.00	30.46
2	Cutler, Jessica	27	Nashville Aquatic Club Masters-15	31.00	31.88
3	Ramsey, Haley	25	Nashville Aquatic Club Masters-15	27.00	31.96
4	Carpenter, Savannah	28	Nashville Aquatic Club Masters-15	36.00	37.10

Event 8 Women 30-34 50 LC Meter Butterfly

1	Simon, Celeste	34	Nashville Aquatic Club Masters-15	40.00	39.54
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Event 8 Women 40-44 50 LC Meter Butterfly

1	Ballou, Stephanie	44	Nashville Aquatic Club Masters-15	38.00	39.62
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Event 8 Women 45-49 50 LC Meter Butterfly

1	Braun, Erika	47	North Carolina Masters Swimmin-13	28.40	29.51
2	Marvin, Linda L	46	Indy Aquatic Masters-16	40.00	39.61

Event 8 Women 50-54 50 LC Meter Butterfly

1	Dooley, Meredith	50	Nashville Aquatic Club Masters-15	44.00	44.48
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Event 8 Women 55-59 50 LC Meter Butterfly

1	Frederic, Christine	55	Sarasota Sharks Masters-14	36.24	34.76
2	Brantley, Susan	58	Nashville Aquatic Club Masters-15	45.00	47.27

NAC Masters Summer Solstice - 5/11/2019**Results - Saturday****Event 8 Women 65-69 50 LC Meter Butterfly**

1	Noyes, Penny P	65	Swim Kentucky Masters-41	33.57	33.73
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Event 8 Men 50-54 50 LC Meter Butterfly

1	Goldthwaite, Charles	51	Nashville Aquatic Club Masters-15	45.00	40.04
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Event 8 Men 55-59 50 LC Meter Butterfly

1	Przymus, Dean R	59	Nashville Aquatic Club Masters-15	34.00	30.58
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Event 8 Men 60-64 50 LC Meter Butterfly

1	Phillips, Mike	63	Excel Aquatics Masters-15	35.66	36.24
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Event 8 Men 75-79 50 LC Meter Butterfly

1	Fechheimer, Peter	79	Nashville Aquatic Club Masters-15	59.02	1:07.62
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Event 9 Women 25-29 200 LC Meter Freestyle

1	Matevish, Lauren	28	Nashville Aquatic Club Masters-15	NT	2:31.52
	1:13.02		2:31.52 (1:18.50)		
2	Harmsen, Hannah	29	Nashville Aquatic Club Masters-15	3:30.00	3:06.57
	1:33.04		3:06.57 (1:33.53)		

Event 9 Women 45-49 200 LC Meter Freestyle

1	Gratsou-Zodl, Violetta	49	North Carolina Masters Swimmin-13	3:23.00	3:19.07
	1:35.76		3:19.07 (1:43.31)		
2	Berry, Marie	48	Nashville Aquatic Club Masters-15	3:47.14	3:42.41
	1:48.18		3:42.41 (1:54.23)		

Event 9 Women 50-54 200 LC Meter Freestyle

1	Dickins de Giron, Avery	51	Nashville Aquatic Club Masters-15	3:30.00	3:07.33
	1:31.19		3:07.33 (1:36.14)		
2	Dooley, Meredith	50	Nashville Aquatic Club Masters-15	3:05.00	3:09.67
	1:28.76		3:09.67 (1:40.91)		

Event 9 Women 55-59 200 LC Meter Freestyle

1	Brantley, Susan	58	Nashville Aquatic Club Masters-15	3:15.00	3:22.57
	1:37.36		3:22.57 (1:45.21)		
2	Phillips, Amy	57	Nashville Aquatic Club Masters-15	4:00.00	3:47.42
	1:48.90		3:47.42 (1:58.52)		

Event 9 Men 25-29 200 LC Meter Freestyle

1	Jones, Matt W	28	Athletes Without Limits-14	3:12.45	3:01.56
	1:26.93		3:01.56 (1:34.63)		

Event 9 Men 30-34 200 LC Meter Freestyle

1	Zinser, Jason G	33	Nashville Aquatic Club Masters-15	3:05.00	2:57.26
	1:17.26		2:57.26 (1:40.00)		

Event 9 Men 50-54 200 LC Meter Freestyle

1	Brown, John W	50	Nashville Aquatic Club Masters-15	2:50.00	2:49.27
	1:21.05		2:49.27 (1:28.22)		
2	Long, Michael	50	Nashville Aquatic Club Masters-15	3:10.85	3:02.53
	1:24.74		3:02.53 (1:37.79)		

Event 9 Men 55-59 200 LC Meter Freestyle

1	Harris, Patrick	57	Ensworth Aquatics Masters-15	2:33.88	2:24.24
	1:09.20		2:24.24 (1:15.04)		
2	Edwards, Eric	56	Uc15-15	3:30.00	3:04.68
	1:29.34		3:04.68 (1:35.34)		

NAC Masters Summer Solstice - 5/11/2019**Results - Saturday****Event 9 Men 60-64 200 LC Meter Freestyle**

1	Esahak-Gage, George	61	Arizona Masters Swim Club Inc-48	3:10.00	3:02.82
	1:27.12	3:02.82	(1:35.70)		
2	Caldwell, William	63	Nashville Aquatic Club Masters-15	3:51.06	3:48.54
	1:49.23	3:48.54	(1:59.31)		

Event 9 Men 65-69 200 LC Meter Freestyle

1	Miller, David	69	Nashville Aquatic Club Masters-15	2:50.00	2:57.38
	1:25.84	2:57.38	(1:31.54)		

Event 9 Men 70-74 200 LC Meter Freestyle

1	Ehrenfeld, David	73	Nashville Aquatic Club Masters-15	3:34.64	3:54.36
	1:44.73	3:54.36	(2:09.63)		

Event 10 Women 45-49 100 LC Meter Backstroke

1	Marvin, Linda L	46	Indy Aquatic Masters-16	1:40.00	1:43.74
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Event 10 Women 55-59 100 LC Meter Backstroke

1	Morse, Celia	58	Nashville Aquatic Club Masters-15	1:40.00	1:37.35
2	Phillips, Amy	57	Nashville Aquatic Club Masters-15	2:00.00	1:50.26

Event 10 Women 70-74 100 LC Meter Backstroke

1	Pohlmann, Mary M	74	St. Louis Area Masters-22	1:57.83	2:03.78
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Event 10 Men 25-29 100 LC Meter Backstroke

1	Jones, Nicholas	29	Nashville Aquatic Club Masters-15	1:06.00	1:06.74
2	Piper, Sean	26	Nashville Aquatic Club Masters-15	NT	1:11.02

Event 10 Men 50-54 100 LC Meter Backstroke

1	Goldthwaite, Charles	51	Nashville Aquatic Club Masters-15	1:41.34	1:38.27
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Event 10 Men 60-64 100 LC Meter Backstroke

1	Caldwell, William	63	Nashville Aquatic Club Masters-15	1:59.71	1:59.58
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Event 11 Women 40-44 200 LC Meter Breaststroke

1	Riedinger, Kelly	40	Nashville Aquatic Club Masters-15	3:31.65	3:34.74
	1:44.25	3:34.74	(1:50.49)		

Event 11 Men 25-29 200 LC Meter Breaststroke

1	Jones, Matt W	28	Athletes Without Limits-14	4:35.01	4:30.46
	2:07.23	4:30.46	(2:23.23)		

Event 11 Men 55-59 200 LC Meter Breaststroke

1	McAdam, Robert	57	Greenville Splash Masters-55	2:55.99	2:54.67
	1:23.92	2:54.67	(1:30.75)		

Event 11 Men 60-64 200 LC Meter Breaststroke

1	Cooper, Donald	61	Nashville Aquatic Club Masters-15	3:45.00	3:35.47
	1:43.65	3:35.47	(1:51.82)		

Event 11 Men 75-79 200 LC Meter Breaststroke

1	Koropey, Oleh	75	Swim Kentucky Masters-41	6:00.00	6:29.63
	3:10.81	6:29.63	(3:18.82)		

Event 12 Women 25-29 100 LC Meter Freestyle

1	Matevish, Lauren	28	Nashville Aquatic Club Masters-15	NT	1:10.09
2	Ramsey, Haley	25	Nashville Aquatic Club Masters-15	1:00.00	1:11.56
3	Carpenter, Savannah	28	Nashville Aquatic Club Masters-15	1:10.00	1:18.29
4	Harmsen, Hannah	29	Nashville Aquatic Club Masters-15	1:30.00	1:25.47

NAC Masters Summer Solstice - 5/11/2019**Results - Saturday****Event 12 Women 30-34 100 LC Meter Freestyle**

1	Jenkins, Rachel	33	Memphis Tiger Swimming Masters-15	1:00.99	1:02.68
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Event 12 Women 45-49 100 LC Meter Freestyle

1	Braun, Erika	47	North Carolina Masters Swimmin-13	59.68	1:01.90
2	Gratsou-Zodl, Violetta	49	North Carolina Masters Swimmin-13	1:41.20	1:31.76
3	Berry, Marie	48	Nashville Aquatic Club Masters-15	1:49.25	1:44.79

Event 12 Women 50-54 100 LC Meter Freestyle

1	Dickins de Giron, Avery	51	Nashville Aquatic Club Masters-15	1:40.00	1:26.11
2	Dooley, Meredith	50	Nashville Aquatic Club Masters-15	1:23.00	1:26.60

Event 12 Women 55-59 100 LC Meter Freestyle

1	Brantley, Susan	58	Nashville Aquatic Club Masters-15	1:30.00	1:30.01
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Event 12 Men 18-24 100 LC Meter Freestyle

1	Frederic, Matthew	23	Sarasota Sharks Masters-14	1:10.64	1:14.65
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Event 12 Men 25-29 100 LC Meter Freestyle

1	Jones, Nicholas	29	Nashville Aquatic Club Masters-15	1:02.00	59.64
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Event 12 Men 30-34 100 LC Meter Freestyle

1	Michael, Tyler	31	Ensworth Aquatics Masters-15	1:12.00	1:07.99
2	Zinser, Jason G	33	Nashville Aquatic Club Masters-15	1:20.00	1:15.60

Event 12 Men 50-54 100 LC Meter Freestyle

1	Guillamondegui, Oscar	52	Nashville Aquatic Club Masters-15	1:08.00	1:11.74
2	Long, Michael	50	Nashville Aquatic Club Masters-15	1:21.06	1:16.08
3	Petty, Damon	53	Nashville Aquatic Club Masters-15	1:16.12	1:24.99

Event 12 Men 55-59 100 LC Meter Freestyle

1	Harris, Patrick	57	Ensworth Aquatics Masters-15	1:03.00	1:03.89
2	Edwards, Eric	56	Uc15-15	1:45.00	1:21.54

Event 12 Men 60-64 100 LC Meter Freestyle

1	Phillips, Mike	63	Excel Aquatics Masters-15	1:10.16	1:13.34
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Event 12 Men 65-69 100 LC Meter Freestyle

1	Miller, David	69	Nashville Aquatic Club Masters-15	1:18.00	1:15.14
2	Wickman, Craig	65	Swim Kentucky Masters-41	2:45.00	3:12.34

Event 12 Men 70-74 100 LC Meter Freestyle

1	Ehrenfeld, David	73	Nashville Aquatic Club Masters-15	1:24.45	1:41.68
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Event 13 Women 40-44 200 LC Meter Backstroke

1	Ballou, Stephanie	44	Nashville Aquatic Club Masters-15	3:20.00	3:10.96
				1:32.54	3:10.96 (1:38.42)
2	Riedinger, Kelly	40	Nashville Aquatic Club Masters-15	3:11.04	3:11.42
				1:34.40	3:11.42 (1:37.02)

Event 13 Women 55-59 200 LC Meter Backstroke

1	Phillips, Amy	57	Nashville Aquatic Club Masters-15	4:00.00	3:56.36
				1:55.52	3:56.36 (2:00.84)

Event 13 Women 70-74 200 LC Meter Backstroke

1	Pohlmann, Mary M	74	St. Louis Area Masters-22	4:03.87	4:25.41
				2:09.72	4:25.41 (2:15.69)

NAC Masters Summer Solstice - 5/11/2019**Results - Saturday****Event 13 Men 60-64 200 LC Meter Backstroke**

1	Caldwell, William	63	Nashville Aquatic Club Masters-15	4:13.00	4:11.60
	2:03.57	4:11.60 (2:08.03)			

Event 14 Women 25-29 50 LC Meter Breaststroke

1	Harmsen, Hannah	29	Nashville Aquatic Club Masters-15	50.00	51.95
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Event 14 Women 45-49 50 LC Meter Breaststroke

1	Braun, Erika	47	North Carolina Masters Swimmin-13	36.81	38.04
2	Gratsou-Zodl, Violetta	49	North Carolina Masters Swimmin-13	54.74	53.10

Event 14 Women 50-54 50 LC Meter Breaststroke

1	Dooley, Meredith	50	Nashville Aquatic Club Masters-15	53.00	55.01
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Event 14 Women 55-59 50 LC Meter Breaststroke

1	Frederic, Christine	55	Sarasota Sharks Masters-14	42.80	41.61
2	Morse, Celia	58	Nashville Aquatic Club Masters-15	46.78	47.64

Event 14 Women 65-69 50 LC Meter Breaststroke

1	Noyes, Penny P	65	Swim Kentucky Masters-41	46.17	45.64
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Event 14 Men 18-24 50 LC Meter Breaststroke

1	Frederic, Matthew	23	Sarasota Sharks Masters-14	35.27	35.48
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Event 14 Men 40-44 50 LC Meter Breaststroke

1	Shavrov, Alexander	43	Nashville Aquatic Club Masters-15	35.56	36.14
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Event 14 Men 50-54 50 LC Meter Breaststroke

1	Brown, John W	50	Nashville Aquatic Club Masters-15	44.15	44.66
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Event 14 Men 55-59 50 LC Meter Breaststroke

1	Przymus, Dean R	59	Nashville Aquatic Club Masters-15	41.00	37.98
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Event 14 Men 60-64 50 LC Meter Breaststroke

1	Cooper, Donald	61	Nashville Aquatic Club Masters-15	45.00	41.23
2	Phillips, Mike	63	Excel Aquatics Masters-15	40.46	43.45
3	Esahak-Gage, George	61	Arizona Masters Swim Club Inc-48	50.00	48.29

Event 14 Men 65-69 50 LC Meter Breaststroke

1	Wickman, Craig	65	Swim Kentucky Masters-41	2:00.00	1:49.08
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Event 14 Men 75-79 50 LC Meter Breaststroke

1	Fuenmayor, Jose	75	Nashville Aquatic Club Masters-15	47.34	46.78
2	Pohlmann, John T	76	St. Louis Area Masters-22	51.68	51.35
3	Fechheimer, Peter	79	Nashville Aquatic Club Masters-15	58.06	1:05.00
4	Koropey, Oleh	75	Swim Kentucky Masters-41	1:10.00	1:12.17

Event 15 Women 25-29 100 LC Meter Butterfly

1	Cutler, Jessica	27	Nashville Aquatic Club Masters-15	1:10.00	1:11.42
2	Ramsey, Haley	25	Nashville Aquatic Club Masters-15	1:05.00	1:15.22
3	Matevish, Lauren	28	Nashville Aquatic Club Masters-15	NT	1:16.55

Event 15 Women 45-49 100 LC Meter Butterfly

1	Marvin, Linda L	46	Indy Aquatic Masters-16	1:30.04	1:32.59
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Event 15 Women 55-59 100 LC Meter Butterfly

1	Esahak-Gage, Jane	57	Arizona Masters Swim Club Inc-48	1:35.00	1:25.55
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