

29 April 2010

## 2009 Dixie Zone SCM Top 10 Women

**World record**

**USMS record**

**Dixie Zone record**

### Women 18-24

#### 50 Free

Dominguez, Kristen	24	ART	28.38
Nyblade, Kira	20	BLU	28.40
Gundersen, Nicole	24	ECS	28.95
Yoshimura, Stephanie	23	AWJ	29.71
Augeri, Casey	24	SYSM	30.11
Pierce, Nicole	21	GOLD	30.34
Schneider, Amy	23	AWJ	30.44
Murphy, Siobhan	23	FLAQ	31.70
Schpens, Clare	23	GAS	31.87
Mussler, Valerie	23	TBAM	32.95

#### 100 Free

Herdman, Selina	24	TOM	1:03.06
Yoshimura, Stephanie	23	AWJ	1:03.54
Schneider, Amy	23	AWJ	1:04.20
Dominguez, Kristen	24	ART	1:05.03
Pierce, Nicole	21	GOLD	1:07.41
Schpens, Clare	23	GAS	1:08.13
Levine, Sarah	20	SPM	1:08.85
Decker, Sally	20	SPM	1:10.56
Moore, Allison	23	PLAN	1:12.63
Carlson, Mary	22	TGM	1:12.83

#### 200 Free

Hudak, Courtney	23	SYSM	2:17.29
Schpens, Clare	23	GAS	2:23.36
Dominguez, Kristen	24	ART	2:25.08
Moore, Allison	23	PLAN	2:36.61
Mussler, Valerie	23	UNAT	2:45.65
Watson, Katie	23	FACT	2:45.79
Pierce, Nicole	21	GOLD	2:56.78

#### 400 Free

Hudak, Courtney	23	SYSM	4:53.12
Herdman, Selina	24	TOM	4:58.86
Schneider, Amy	23	AWJ	4:59.25
Swoch, Sarah	24	SPM	5:31.71
Decker, Sally	20	SPM	5:37.20
Carlson, Mary	22	TGM	5:39.85
Pierce, Nicole	21	GOLD	6:01.83

#### 1500 Free

Swoch, Sarah	24	SPM	22:52.44
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#### 50 Back

Herdman, Selina	24	TOM	32.87
Weber, Wendy	24	GAS	38.81
Watson, Katie	23	FACT	40.42
Swoch, Sarah	24	SPM	40.56
Mussler, Valerie	23	TBAM	40.50

#### 100 Back

Nyblade, Kira	20	BLU	1:10.27
Hudak, Courtney	23	SYSM	1:11.42
Augeri, Casey	24	SYSM	1:15.13
Schneider, Amy	23	AWJ	1:17.41
Carlson, Mary	22	TGM	1:21.87
Weber, Wendy	24	GAS	1:23.29
Decker, Sally	20	SPM	1:23.45
Swoch, Sarah	24	SPM	1:25.03
Mussler, Valerie	23	UNAT	1:26.73

#### 200 Back

Herdman, Selina	24	TOM	2:34.66
Swoch, Sarah	24	SPM	2:52.96
Decker, Sally	20	SPM	2:53.50
Weber, Wendy	24	GAS	3:01.38

#### 50 Breast

Nyblade, Kira	20	BLU	36.75
Yoshimura, Stephanie	23	AWJ	36.96
Murphy, Siobhan	23	FLAQ	41.96
Watson, Katie	23	FACT	42.67
Carlson, Mary	22	TGM	43.44
Weber, Wendy	24	GAS	43.48
Mussler, Valerie	23	UNAT	45.15
Burns, Natalie	22	MOO	52.12

#### 100 Breast

Nyblade, Kira	20	BLU	1:22.81
Murphy, Siobhan	23	FLAQ	1:29.13
Watson, Katie	23	FACT	1:32.75
Harrison, Samantha	21	BMST	1:32.89
Swoch, Sarah	24	SPM	1:33.06
Weber, Wendy	24	GAS	1:33.73
Carlson, Mary	22	TGM	1:34.79
Levine, Sarah	20	SPM	1:34.91
Mussler, Valerie	23	UNAT	1:36.12
Decker, Sally	20	SPM	1:38.98

#### 200 Breast

Swoch, Sarah	24	SPM	3:18.17
Weber, Wendy	24	GAS	3:23.42
Mussler, Valerie	23	TBAM	3:40.50

#### 50 Fly

Nyblade, Kira	20	BLU	31.74
Pierce, Nicole	21	GOLD	33.49
Levine, Sarah	20	SPM	34.28
Decker, Sally	20	SPM	34.44
Carlson, Mary	22	TGM	35.00
Gundersen, Nicole	24	ECS	35.22
Schpens, Clare	23	GAS	36.07
Weber, Wendy	24	GAS	39.72

#### 100 Fly

Augeri, Casey	24	SYSM	1:10.51
Pierce, Nicole	21	GOLD	1:17.43
Carlson, Mary	22	TGM	1:19.22
Decker, Sally	20	SPM	1:20.16

#### 200 Fly

Levine, Sarah	20	SPM	2:54.92
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#### 100 IM

Yoshimura, Stephanie	23	AWJ	1:11.23
Nyblade, Kira	20	BLU	1:11.59
Gundersen, Nicole	24	ECS	1:16.70
Schpens, Clare	23	GAS	1:18.23
Carlson, Mary	22	TGM	1:20.63
Decker, Sally	20	SPM	1:21.73
Moore, Allison	23	PLAN	1:21.77
Murphy, Siobhan	23	FLAQ	1:22.20
Weber, Wendy	24	GAS	1:23.26
Mussler, Valerie	23	UNAT	1:23.50

#### 200 IM

Schpens, Clare	23	GAS	2:50.75
Murphy, Siobhan	23	FLAQ	2:54.61
Carlson, Mary	22	TGM	2:55.03
Swoch, Sarah	24	SPM	2:59.64
Decker, Sally	20	SPM	3:03.65
Harrison, Samantha	21	BMST	3:04.11

#### 400 IM

Hudak, Courtney	23	SYSM	5:31.08
Schpens, Clare	23	GAS	5:54.50
Decker, Sally	20	SPM	6:12.84
Carlson, Mary	22	TGM	6:21.20
Swoch, Sarah	24	SPM	6:26.69

29 April 2010

## 2009 Dixie Zone SCM Top 10 Women

**World record**

**USMS record**

**Dixie Zone record**

### Women 25-29

#### 50 Free

Fromm, Blaire	25	DBMS	28.72
Hester, Heidi	29	PLAN	29.15
McCormack, Shannon	27	MOO	29.73
Keilen, Melissa	28	TBAY	29.87
Lastfogel, Laura	27	FLAQ	30.65
Bailey, Sara	29	SAST	31.22
Brock, Terra	28	DBMS	32.26
Badal, Ava	29	CFM	32.32
Le, Vi-An	26	PLAN	32.34
Nodier, Alicia	28	SMS	32.59

#### 100 Free

Melgaard, Megan	29	GAJA	59.83
Hester, Heidi	29	PLAN	1:01.14
Keilen, Melissa	28	TBAY	1:03.38
Fromm, Blaire	25	DBMS	1:03.46
Martin, Jennifer	29	FLAQ	1:05.74
McCormack, Shannon	27	MOO	1:06.99
Schouten, Kristen	29	CATM	1:07.16
Brock, Terra	28	DBMS	1:09.64
Lastfogel, Laura	27	FLAQ	1:09.70
Hoover, Carol	25	UNAT	1:10.79

#### 200 Free

Melgaard, Megan	29	GAJA	2:10.03
Hester, Heidi	29	PLAN	2:11.03
Keilen, Melissa	28	TBAY	2:25.25
Betancourt, Roselin	28	TOM	2:27.45
Wenzel, Katie	26	FLAQ	2:29.26
Brock, Terra	28	DBMS	2:31.62
Allen, Madeline	28	PALM	2:40.03
Nodier, Alicia	28	SMS	2:42.77
Markham, Susan	29	BMST	3:08.90
Gartner, Stacy	29	BMST	3:27.83

#### 400 Free

Hester, Heidi	29	PLAN	4:36.03
Melgaard, Megan	29	GAJA	4:39.34
Betancourt, Roselin	28	TOM	5:13.13
Brock, Terra	28	DBMS	5:17.24
Marechal, Severine	26	FLAQ	5:18.28
Keilen, Melissa	28	TBAY	5:25.12
Hoover, Carol	25	UNAT	5:26.62
Bailey, Sara	29	SAST	5:30.59
King, Rebecca	29	UNAT	5:44.95
Allen, Madeline	28	PALM	5:45.90

#### 800 Free

Nodier, Alicia	28	SMS	11:47.84
Le Lay, Morgan	28	GOLD	12:48.22

#### 1500 Free

Keilen, Melissa	28	TBAY	21:02.50
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#### 50 Back

Schouten, Kristen	29	CATM	34.73
Martin, Jennifer	29	FLAQ	34.81
Hester, Heidi	29	PLAN	35.85
Denton, Genny	26	CRAQ	37.14
Keilen, Melissa	28	TBAY	37.40
King, Rebecca	29	UNAT	37.83
Bailey, Sara	29	SAST	39.10
Boland, Christina	25	CATM	40.76
Markham, Susan	29	BMST	43.09
Crabtree, Erin	29	MOO	47.82

#### 100 Back

Hester, Heidi	29	PLAN	1:13.39
Fromm, Blaire	25	DBMS	1:15.10
Hester, Heidi	29	PLAN	1:15.53
Keilen, Melissa	28	TBAY	1:17.40
King, Rebecca	29	UNAT	1:20.25
Denton, Genny	26	CRAQ	1:21.50
Nodier, Alicia	28	SMS	1:29.10
Crabtree, Erin	29	MOO	1:29.11
Mendez, Katie	26	TGM	1:31.50
Gartner, Stacy	29	BMST	2:12.65

### 200 Back

Melgaard, Megan	29	GAJA	2:25.76
Hester, Heidi	29	PLAN	2:33.07
Crabtree, Erin	29	MOO	3:04.64

### 50 Breast

Martin, Jennifer	29	FLAQ	38.34
Lastfogel, Laura	27	FLAQ	40.49
Fromm, Blaire	25	DBMS	40.76
McCormack, Shannon	27	MOO	40.87
Brock, Terra	28	DBMS	40.88
Bailey, Sara	29	SAST	40.96
Le, Vi-An	26	PLAN	43.03
Hyndman, Megan	26	DBMS	43.46
Markham, Susan	29	BMST	42.64
Massey, Melissa	28	RAYS	43.43

### 100 Breast

Marechal, Severine	26	FLAQ	1:27.74
Lastfogel, Laura	27	FLAQ	1:29.55
Brock, Terra	28	DBMS	1:30.77
Hoover, Carol	25	UNAT	1:31.05
Le, Vi-An	26	PLAN	1:32.20
Wenzel, Katie	26	FLAQ	1:35.87
Hyndman, Megan	26	DBMS	1:37.22
Nodier, Alicia	28	SMS	1:38.70
Markham, Susan	29	BMST	1:39.93
Crabtree, Erin	29	MOO	1:41.16

### 200 Breast

Marechal, Severine	26	FLAQ	3:11.09
Bailey, Sara	29	SAST	3:12.62
Lastfogel, Laura	27	FLAQ	3:14.98
Markham, Susan	26	BMST	3:34.42
Gartner, Stacy	29	BMST	4:16.25

### 50 Fly

Fromm, Blaire	25	DBMS	31.32
Keilen, Melissa	28	TBAY	33.50
Schouten, Kristen	29	CATM	33.94
Badal, Ava	29	CFM	35.01
King, Rebecca	29	UNAT	35.25
Denton, Genny	26	SMS	35.80
Wenzel, Katie	26	FLAQ	36.85
Crabtree, Erin	29	MOO	38.26
Hyndman, Megan	26	DBMS	38.53
Allen, Madeline	28	PALM	38.83

### 100 Fly

Melgaard, Megan	29	GAJA	1:08.95
Fromm, Blaire	25	DBMS	1:11.90
Keilen, Melissa	28	TBAY	1:15.37
Betancourt, Roselin	28	TOM	1:16.17
Hoover, Carol	25	UNAT	1:17.20
Lastfogel, Laura	27	FLAQ	1:19.60
Le, Vi-An	26	PLAN	1:23.12
Wenzel, Katie	26	FLAQ	1:24.09
Badal, Ava	29	CFM	1:25.44
King, Rebecca	29	UNAT	1:26.73

### 200 Fly

Betancourt, Roselin	28	TOM	2:48.42
Wenzel, Katie	26	FLAQ	2:58.18
King, Rebecca	29	UNAT	3:12.00
Hyndman, Megan	26	DBMS	3:32.72

### 100 IM

Fromm, Blaire	25	DBMS	1:14.76
Keilen, Melissa	28	TBAY	1:15.19
McCormack, Shannon	27	MOO	1:17.55
Schouten, Kristen	29	CATM	1:17.96
King, Rebecca	29	UNAT	1:23.56
Crabtree, Erin	29	MOO	1:26.39
Hyndman, Megan	26	DBMS	1:26.47
Markham, Susan	29	BMST	1:27.43
Denton, Genny	26	SMS	1:28.07
Mendez, Katie	26	TGM	1:28.99

### 200 IM

Marechal, Severine	26	FLAQ	2:52.26
Brock, Terra	28	DBMS	2:54.30
Hyndman, Megan	26	DBMS	3:13.38
Crabtree, Erin	29	MOO	3:15.80

### 400 IM

Marechal, Severine	26	FLAQ	6:08.55
King, Rebecca	29	UNAT	6:24.64

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## 2009 Dixie Zone SCM Top 10 Women

**World record**   **USMS record**   **Dixie Zone record**

### Women 30-34

#### 50 Free

Caldas, Hannah	32	NCMS	27.89
Zak, Heather	33	SWIM	28.84
Godleski, Kelly	33	GAJA	29.45
Horak, Rachel	31	ART	29.75
Campbell, Sabrina	33	TOM	29.63
Suarez, Begona	34	TOM	32.15
Chenger, Patricia	34	UNAT	32.45
Tolpa, Allison	34	SYSM	32.49
Petrillo, Kristy	31	GAJA	34.61
Forkois, Adrienne	30	SPM	34.67

#### 100 Free

Caldas, Hannah	32	NCMS	1:00.21
Campbell, Sabrina	33	TOM	1:05.77
Brockman, Corrie	33	CATM	1:08.87
Chilcote, Stacey	34	CSTM	1:09.61
Chenger, Patricia	34	UNAT	1:10.30
Forkois, Adrienne	30	SPM	1:16.18
Petrillo, Kristy	31	GAJA	1:19.22
Lewis, Wendy	33	BMST	1:20.79
Barella, Michelle	34	GOLD	1:28.43
Nicken, Challen	32	SMS	1:31.25

#### 200 Free

Caldas, Hannah	32	NCMS	2:16.71
Nowviske, Mindy	30	DBMS	2:19.73
Felton, Tanya	30	SYSM	2:20.94
Godleski, Kelly	33	GAJA	2:24.58
Campbell, Sabrina	33	TOM	2:26.01
Chenger, Patricia	34	UNAT	2:46.26
Lewis, Wendy	33	BMST	2:58.00
Cartier, Noelle	34	SYSM	3:07.94
Barella, Michelle	34	GOLD	3:11.86

#### 400 Free

Nowviske, Mindy	30	DBMS	4:54.32
Caldas, Hannah	32	NCMS	5:04.02
Campbell, Sabrina	33	TOM	5:13.27
Chenger, Patricia	34	UNAT	5:56.72
Lewis, Wendy	33	BMST	6:15.11
Rosenblat, Daniela	34	FLAQ	7:12.90

#### 800 Free

Petrillo, Kristy	31	GAJA	14:30.92
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#### 1500 Free

Cascio, Alison	31	SMS	21:37.69
Lewis, Wendy	33	BMST	24:13.29
Poiletman, Diana	32	COLM	29:14.04

#### 50 Back

Horak, Rachel	31	ART	34.29
Godleski, Kelly	33	GAJA	35.64
Chenger, Patricia	34	UNAT	35.91
Humberstone, Sheila	33	GAJA	36.16
Campbell, Sabrina	33	TOM	36.49
Girard, Brooke	33	GOLD	37.94
Brockman, Corrie	33	CATM	40.20
Forkois, Adrienne	30	SPM	43.24
Lancaster, Laura	31	SMS	47.84
Fitzgibbons, Bridget	32	FLAQ	53.75

#### 100 Back

Horak, Rachel	31	ART	1:16.02
Humberstone, Sheila	33	GAJA	1:17.12
Chenger, Patricia	34	UNAT	1:18.32
Navas, Nicole	31	GOLD	1:22.69
Lewis, Wendy	33	BMST	1:37.34
Nicken, Challen	32	SMS	1:49.19
Fitzgibbons, Bridget	32	FLAQ	2:02.72

#### 200 Back

Chenger, Patricia	34	UNAT	2:55.11
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### 50 Breast

Caldas, Hannah	32	NCMS	35.88
Rawlings, Blake	30	NCMS	38.35
Girard, Brooke	33	GOLD	38.71
Humberstone, Sheila	33	GAJA	39.15
Tolpa, Allison	34	SYSM	41.61
Lewis, Wendy	33	BMST	44.16
Forkois, Adrienne	30	SPM	44.23
Sarisky, Laura	32	TOM	45.90
Lancaster, Laura	31	SMS	48.87
Rosenblat, Daniela	34	FLAQ	49.58

### 100 Breast

Caldas, Hannah	32	NCMS	1:22.13
Nowviske, Mindy	30	DBMS	1:23.35
Girard, Brooke	33	GOLD	1:24.54
Humberstone, Sheila	33	GAJA	1:26.63
Brockman, Corrie	33	CATM	1:28.39
Sarisky, Laura	32	TOM	1:39.24
Forkois, Adrienne	30	SPM	1:39.33
Lewis, Wendy	33	BMST	1:40.93
Rosenblat, Daniela	34	FLAQ	1:43.40
Edwards, Cameron	33	UNAT	1:44.58

### 200 Breast

Caldas, Hannah	32	NCMS	2:54.73
Nowviske, Mindy	30	DBMS	3:00.82
Girard, Brooke	33	GOLD	3:05.90
Lewis, Wendy	33	BMST	3:31.21
Sarisky, Laura	32	TOM	3:34.87
Forkois, Adrienne	30	SPM	3:35.33
Rosenblat, Daniela	34	FLAQ	3:48.99

### 50 Fly

Caldas, Hannah	32	NCMS	31.26
Wilson, Charlene	34	GAJA	31.79
Campbell, Sabrina	33	TOM	32.62
Horak, Rachel	31	ART	33.39
Suarez, Begona	34	TOM	35.87
Girard, Brooke	33	GOLD	36.00
Forkois, Adrienne	30	SPM	37.23
Edwards, Cameron	33	UNAT	39.48
Sarisky, Laura	32	TOM	45.57
Lancaster, Laura	31	SMS	45.90

### 100 Fly

Wilson, Charlene	34	GAJA	1:11.53
Nicken, Challen	32	SMS	1:57.45

### 100 IM

Caldas, Hannah	32	NCMS	1:11.00
Rawlings, Blake	30	NCMS	1:13.93
Wilson, Charlene	34	GAJA	1:15.27
Humberstone, Sheila	33	GAJA	1:16.74
Campbell, Sabrina	33	TOM	1:16.24
Nowviske, Mindy	30	DBMS	1:16.83
Zak, Heather	33	SWIM	1:16.92
Horak, Rachel	31	ART	1:16.99
Brockman, Corrie	33	CATM	1:19.80
Girard, Brooke	33	GOLD	1:20.32

### 200 IM

Caldas, Hannah	32	NCMS	2:34.65
Wilson, Charlene	34	GAJA	2:42.35
Felton, Tanya	30	SYSM	2:43.02
Campbell, Sabrina	33	TOM	2:46.22
Nowviske, Mindy	30	DBMS	2:48.12
Forkois, Adrienne	30	SPM	3:09.19
Lewis, Wendy	33	BMST	3:12.71
Seiler, Revai	31	ART	3:31.51
Nicken, Challen	32	SMS	3:43.99

### 400 IM

Forkois, Adrienne	30	SPM	6:34.44
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## 2009 Dixie Zone SCM Top 10 Women

**World record**   **USMS record**   **Dixie Zone record**

### Women 35-39

#### 50 Free

Mayville-Armas, J.	35	FLAQ	27.20
Braun, Erika	37	NCMS	27.28
Steinberg, Kiki	38	FACT	29.92
Stewart, Ann	39	GOLD	30.73
Manna, Christine	35	PLAN	30.79
Graham, Rebecca	36	DAQM	32.13
Tucker, Mary	39	SYSM	32.14
Christopher, Deven	35	GOLD	33.96
Dempsey, Michelle	39	NCMS	34.72
Gnau, Heather	38	BMST	35.96

#### 100 Free

Mayville-Armas, J.	35	FLAQ	1:01.71
Visser, Linda	39	FACT	1:04.37
Stewart, Ann	39	GOLD	1:08.66
Texel, Paula	39	SPM	1:09.27
Graham, Rebecca	36	DAQM	1:15.20
Jones, Cathy	38	GAJA	1:17.18
Dempsey, Michelle	39	NCMS	1:17.21
Stewart, Karin	36	SMS	1:19.37
Atkinson, Carol	39	NCMS	1:20.41
Gnau, Heather	38	BMST	1:24.99

#### 200 Free

Merritt, Anne Hanna	35	HURM	2:16.57
Mayville-Armas, J.	35	FLAQ	2:17.69
Visser, Linda	39	FACT	2:17.87
Natkin, Heidi	35	AWJ	2:33.59
Christopher, Deven	35	GOLD	2:38.66
Tucker, Mary	39	SYSM	2:39.63
Butcher, Beverly	39	SYSM	2:48.33
Atkinson, Carol	39	NCMS	3:01.35
Graham, Rebecca	36	DAQM	3:01.47
Shelton, Sarah	35	GOLD	3:06.71

#### 400 Free

Visser, Linda	39	FACT	4:57.47
Collett, Tracy	39	GAJA	5:28.03
Christopher, Deven	35	GOLD	5:35.28
Butcher, Beverly	39	SYSM	6:03.77
Stewart, Karin	36	SMS	6:11.82
Gnau, Heather	38	BMST	6:38.86

#### 800 Free

Serrano, Mollie	36	PLAN	11:31.35
Moore, Jamie	36	SMS	13:55.47

#### 50 Back

Visser, Linda	39	FACT	34.47
Stewart, Ann	39	GOLD	35.97
Texel, Paula	39	SPM	36.21
Lontz, Alison	37	GAJA	36.27
Jones, Cathy	38	GAJA	38.78
Dempsey, Michelle	39	NCMS	41.68
Mena Fernandez, A.	38	GOLD	43.61
Stewart, Karin	36	SMS	45.91
Powell, Elizabeth	39	GAJA	45.97
Rubert, Shelley	38	TGM	46.78

#### 100 Back

Merritt, Anne Hanna	35	HURM	1:10.96
Visser, Linda	39	FACT	1:14.78
Steinberg, Kiki	38	FACT	1:14.85
Stewart, Ann	39	GOLD	1:21.07
Jones, Cathy	38	GAJA	1:25.70
Dempsey, Michelle	39	NCMS	1:32.51
Butcher, Beverly	39	SYSM	1:33.22
Atkinson, Carol	38	NCMS	1:34.79
Rubert, Shelley	38	TGM	1:45.61
McKnight, Laurie	37	SMS	1:59.86

### 200 Back

Visser, Linda	39	TOM	2:38.16
Texel, Paula	39	SPM	2:49.99
Christopher, Deven	35	GOLD	2:54.75
Stewart, Ann	39	GOLD	2:58.07
Jones, Cathy	38	GAJA	3:08.14
Shelton, Sarah	35	GOLD	3:48.20
McKnight, Laurie	37	SMS	4:10.92

### 50 Breast

Legaspi, Kelly	38	UNAT	33.14
Braun, Erika	37	NCMS	35.70
Visser, Linda	39	FACT	38.19
Lontz, Alison	37	GAJA	39.39
Collett, Tracy	39	GAJA	39.85
Stewart, Ann	39	GOLD	46.20
Natkin, Heidi	35	AWJ	42.35
Mena Fernandez, A.	38	GOLD	43.44
Gnau, Heather	38	BMST	49.36
Mazurek, Jill	38	GAJA	50.69

### 100 Breast

Legaspi, Kelly	38	UNAT	1:13.08
Visser, Linda	39	TOM	1:20.34
Merritt, Anne Hanna	35	HURM	1:21.80
Collett, Tracy	39	GAJA	1:29.74
Texel, Paula	39	SPM	1:32.97
Mena Fernandez, A.	38	GOLD	1:37.35
Gnau, Heather	38	BMST	1:43.47
Powell, Elizabeth	39	GAJA	1:48.06
Shelton, Sarah	35	GOLD	1:52.73

### 200 Breast

Legaspi, Kelly	38	FLAQ	2:44.49
Visser, Linda	39	FACT	2:53.00
Collett, Tracy	39	GAJA	3:13.39
Gnau, Heather	38	BMST	3:39.59

### 50 Fly

Braun, Erika	37	NCMS	29.96
Mayville-Armas, J.	35	FLAQ	31.67
Visser, Linda	39	TOM	31.90
Lontz, Alison	37	GAJA	33.19
Manna, Christine	35	PLAN	34.52
Stewart, Ann	39	GOLD	35.82
Christopher, Deven	35	GOLD	38.77
Atkinson, Carol	39	NCMS	40.60
Elkovich, Jeannie	36	ART	41.88
Hart, Sarah	39	ECS	42.57

### 100 Fly

Mayville-Armas, J.	35	FLAQ	1:13.30
Stewart, Ann	39	GOLD	1:25.15

### 200 Fly

Visser, Linda	39	FACT	2:45.76
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### 100 IM

Mayville-Armas, J.	35	FLAQ	1:08.04
Braun, Erika	37	NCMS	1:08.14
Visser, Linda	39	FACT	1:11.87
Texel, Paula	39	SPM	1:19.07
Stewart, Ann	39	GOLD	1:20.03
Atkinson, Carol	39	NCMS	1:32.48
Graham, Rebecca	36	DAQM	1:32.99
Miller, Wendy	39	GAJA	1:34.95
Gnau, Heather	38	BMST	1:35.20
Powell, Elizabeth	39	GAJA	1:37.44

### 200 IM

Merritt, Anne Hanna	35	HURM	2:34.11
Visser, Linda	39	TOM	2:37.48
Lontz, Alison	37	GAJA	2:49.78
Collett, Tracy	39	GAJA	2:49.92
Natkin, Heidi	35	AWJ	2:49.94
Christopher, Deven	35	GOLD	3:02.41
Jones, Cathy	38	GAJA	3:12.55
McKnight, Laurie	37	SMS	4:14.44

### 400 IM

Merritt, Anne Hanna	35	HURM	5:22.13
Visser, Linda	39	TOM	5:34.51
Natkin, Heidi	35	AWJ	5:59.28

World record

USMS record

Dixie Zone record

**Women 40-44****50 Free**

Willis, Jennifer	41	AQNT	27.21
LeClair, Dale	40	GOLD	30.61
Johnson, Jill	44	GOLD	31.17
Hulett, Jennifer	40	FLAQ	32.10
Raney, Kendrah	41	CVYS	32.49
Aziz, Kristin	44	GAJA	32.56
Kochis, Nikki	40	SYSM	33.19
Worner, Leslie	44	ECS	33.25
Holly, Carol	44	GAJA	33.74
Williams, Laura	40	BLU	32.79

**100 Free**

Willis, Jennifer	41	AQNT	59.55
Lohberg, Birgit	44	GOLD	1:00.21
LeClair, Dale	40	GOLD	1:04.93
Mizell, Carolyn	42	AQNT	1:08.10
Johnson, Jill	44	GOLD	1:09.22
Qualls-Kalafut, Mary	44	RAY	1:10.77
Aziz, Kristin	44	GAJA	1:12.13
Monaghan, Michelle	42	GOLD	1:12.74
Williams, Laura	40	BLU	1:13.24
Holly, Carol	44	GAJA	1:16.10

**200 Free**

Lohberg, Birgit	44	GOLD	2:09.10
LeClair, Dale	40	GOLD	2:22.82
Johnson, Jill	44	GOLD	2:30.23
Bowman, Rachel H	44	SYSM	2:32.99
Aziz, Kristin	44	GAJA	2:34.29
Qualls-Kalafut, Mary	44	RAY	2:34.57
Goldfinger, Marcia	40	FLAQ	3:43.01
Paiva, Maria	44	FLAQ	2:43.22
Bolan, Kristy	40	GAJA	2:43.57
Zappa, Flavia	42	SPM	3:27.94

**400 Free**

LeClair, Dale	40	GOLD	5:02.28
Ramnath, Fernette	44	SYSM	5:13.41
Aziz, Kristin	44	GAJA	5:19.24
Johnson, Jill	44	GOLD	5:20.74
Vazquez, Maria	44	GAJA	5:30.08
Paiva, Maria	44	FLAQ	5:48.03
Kozelle, Chris	40	UNAT	7:05.30
Goldfinger, Marcia	40	FLAQ	7:47.09

**800 Free**

LeClair, Dale	40	GOLD	10:39.97
Johnson, Jill	44	GOLD	10:54.06
Aziz, Kristin	44	GAJA	11:04.09
Qualls-Kalafut, Mary	44	RAY	11:24.31
Bolan, Kristy	40	GAJA	11:41.63
Paiva, Maria	44	FLAQ	11:49.93
Goldfinger, Marcia	40	FLAQ	16:09.38

**1500 Free**

Ramnath, Fernette	44	SYSM	20:09.09
Aziz, Kristin	44	GAJA	20:51.94
Zappa, Flavia	42	SPM	28:23.68

**50 Back**

Vazquez, Maria	44	GAJA	37.59
Monaghan, Michelle	42	GOLD	37.74
Williams, Laura	40	BLU	39.48
Dugas, CeCe	43	SMS	44.32
Berti, Paula	40	CSTM	47.78
Wrede, Barbara	42	GAJA	1:02.30

**100 Back**

Willis, Jennifer	41	AQNT	1:07.96
Vazquez, Maria	44	GAJA	1:21.29
Repassy, Lisa	43	SYSM	1:21.49
Bowman, Rachel	44	SYSM	1:22.28
Hulett, Jennifer	40	FLAQ	1:24.30
Qualls-Kalafut, Mary	44	RAY	1:27.32
Dugas, CeCe	43	SMS	1:41.77
Berti, Paula	40	CSTM	1:44.85

**200 Back**

Ramnath, Fernette	44	SYSM	2:46.35
Vazquez, Maria	44	GAJA	2:50.07
Zappa, Flavia	42	SPM	4:40.29

**50 Breast**

Raney, Kendrah	41	CVYS	41.81
Dugas, CeCe	43	SMS	47.99
Berti, Paula	40	CSTM	51.64
Zappa, Flavia	42	SPM	1:01.02
Wrede, Barbara	42	GAJA	1:03.33

**100 Breast**

Willis, Jennifer	41	AQNT	1:22.22
Mizell, Carolyn	42	AQNT	1:29.86
Paiva, Maria	44	FLAQ	1:33.65
Raney, Kendrah	41	CVYS	1:37.05
Dugas, CeCe	43	SMS	1:42.44
Zappa, Flavia	42	SPM	2:12.47

**200 Breast**

Paiva, Maria	44	FLAQ	3:19.93
Zappa, Flavia	42	SPM	4:35.66

**50 Fly**

Lohberg, Birgit	44	GOLD	29.94
Willis, Jennifer	41	AQNT	30.15
Hulett, Jennifer	40	FLAQ	34.95
Ramnath, Fernette	44	SYSM	35.38
Mizell, Carolyn	42	AQNT	35.56
Johnson, Jill	44	GOLD	35.94
Raney, Kendrah	41	CVYS	36.13
Meador, Maureen	41	GAJA	37.00
Worner, Leslie	44	ECS	38.75
Kozelle, Chris	40	UNAT	44.64

**100 Fly**

Lohberg, Birgit	44	GOLD	1:05.19
Meador, Maureen	41	GAJA	1:24.80
Raney, Kendrah	41	CVYS	1:27.26
Goldfinger, Marcia	40	FLAQ	2:07.27
Zappa, Flavia	42	SPM	2:21.17

**200 Fly**

Lohberg, Birgit	44	GOLD	2:26.39
Meador, Maureen	41	GAJA	3:11.25
Zappa, Flavia	42	SPM	4:52.01

**100 IM**

Mizell, Carolyn	42	AQNT	1:19.23
Johnson, Jill	44	GOLD	1:19.23
Ramnath, Fernette	44	SYSM	1:19.30
Paiva, Maria	44	FLAQ	1:24.17
Meador, Maureen	41	GAJA	1:26.91
Aziz, Kristin	44	GAJA	1:29.28
Holly, Carol	44	GAJA	1:31.00
Berti, Paula	40	CSTM	1:43.76
Goldfinger, Marcia	40	FLAQ	2:01.40
Zappa, Flavia	42	SPM	2:04.19

**200 IM**

Willis, Jennifer	41	AQNT	2:31.26
Ramnath, Fernette	44	SYSM	2:50.34
Bowman, Rachel	44	SYSM	2:58.92
Paiva, Maria	44	FLAQ	2:59.78
Qualls-Kalafut, Mary	44	RAY	3:09.55

**400 IM**

Bowman, Rachel	44	SYSM	6:13.20
Meador, Maureen	41	GAJA	6:22.03
Paiva, Maria	44	FLAQ	6:27.86
Zappa, Flavia	42	SPM	9:04.46

## 2009 Dixie Zone SCM Top 10 Women

World record

USMS record

Dixie Zone record

## Women 45-49

## 50 Free

Shonkwiler, Cathy	49	TOM	29.25
Fedako, Cathy	48	SYSM	29.85
Hamel, Laura	45	SYSM	30.43
Malan, Marina	49	GAJA	31.32
Thomas, Ann	49	FLAQ	31.61
Irish Bostic, Linda	46	NCMJ	32.12
Hooe, Donna	47	GAJA	32.42
Greaves, Merit	45	TBAM	32.51
Lachney, Fay	48	SMS	33.11
Spivey, Kelly	46	TMM	34.39

## 100 Free

Shonkwiler, Cathy	49	TOM	1:04.65
Spaun, Karen	45	SYSM	1:06.52
Fedako, Cathy	48	SYSM	1:06.64
Bennett, Ellen	46	SYSM	1:07.30
Castro, Leticia	49	GOLD	1:09.01
Irish Bostic, Linda	46	NCMJ	1:09.78
Lachney, Fay	48	SMS	1:10.51
Hooe, Donna	47	GAJA	1:10.89
Malan, Marina	49	GAJA	1:11.13
Greaves, Merit	45	TBAM	1:13.86

## 200 Free

Elias-Williams, Maria	45	GSMS	2:17.23
Shonkwiler, Cathy	49	TOM	2:24.19
Lachney, Fay	48	SMS	2:28.77
Irish Bostic, Linda	46	NCMJ	2:30.74
Hooe, Donna	47	GAJA	2:38.05
Bennett, Sarah	46	FLAQ	2:52.22
Montgomery, C.	45	GOLD	3:07.23
Desmarais, Josee	49	FLAQ	3:11.70
Gatto, Caroline	49	GAJA	3:15.36
O'Regan, Martha	47	BMST	3:27.26

## 400 Free

Shonkwiler, Cathy	49	TOM	5:07.34
Lachney, Fay	48	SMS	5:13.14
Fedako, Cathy	48	SYSM	5:23.08
Irish Bostic, Linda	46	NCMJ	5:23.76
Reinke, Cheryl	45	UNAT	5:32.27
Hooe, Donna	47	GAJA	5:40.00
Bennett, Sarah	46	FLAQ	6:13.29
Montgomery, Viki	49	NCMS	6:16.42
Bennett, Sarah	46	FLAQ	6:06.24
Montgomery, C.	45	GOLD	6:53.76

## 800 Free

Castro, Leticia	49	GOLD	10:38.74
Lachney, Fay	48	SMS	10:42.78
Irish Bostic, Linda	46	NCMJ	11:18.16
Hooe, Donna	47	GAJA	11:28.63
Bennett, Sarah	46	FLAQ	12:53.23
Walpole, Leticia	46	CSTM	16:54.02
Nicolay, Anne	49	SMS	16:59.51

## 1500 Free

Elias-Williams, Maria	45	GSMS	18:41.77
Spaun, Karen	45	SYSM	19:52.64
Lachney, Fay	48	SMS	20:21.20
Reinke, Cheryl	45	UNAT	21:28.73
Hooe, Donna	47	GAJA	21:46.49
Greaves, Merit	45	TBAM	22:38.48
Montgomery, Viki	49	NCMS	23:37.52

## 50 Back

Shonkwiler, Cathy	49	TOM	33.93
Greaves, Merit	45	TBAM	39.68
Dean, Brooke	46	BMST	41.16
Hooe, Donna	47	GAJA	42.26
Thomas, Ann	49	FLAQ	44.35
Montgomery, C.	45	GOLD	45.40
Bennett, Sarah	46	FLAQ	45.86
Keeney, Cheryl	46	FLAQ	53.46
Davenport, Gloria	49	NCMJ	56.62
Nicolay, Anne	49	SMS	58.92

## 100 Back

Shonkwiler, Cathy	49	TOM	1:15.79
Elias-Williams, Maria	45	GSMS	1:23.59
Greaves, Merit	45	TBAM	1:25.65
Hooe, Donna	47	GAJA	1:26.19
Dean, Brooke	46	BMST	1:31.00
Lachney, Fay	48	SMS	1:32.17
Thomas, Ann	49	FLAQ	1:34.31
Montgomery, C.	45	GOLD	1:39.69
Keeney, Cheryl	46	FLAQ	1:51.89
Walpole, Leticia	46	CSTM	2:15.76

## 200 Back

Hooe, Donna	47	GAJA	3:02.64
Dean, Brooke	46	BMST	3:19.79
Montgomery, C.	45	GOLD	3:29.98
Montgomery, Viki	49	NCMS	3:35.99
Montgomery, C.	45	GOLD	3:37.60
Bennett, Sarah	46	FLAQ	3:39.24

## 50 Breast

Hamel, Laura	45	SYSM	39.47
Wilber, Dara	49	SMRT	40.42
Greaves, Merit	45	TBAM	40.76
Scott, Leslie	45	GS	43.33
Shonkwiler, Cathy	49	TOM	43.44
Parks, Dawn	49	UNAT	46.69
Bennett, Sarah	46	FLAQ	46.87
Hooe, Donna	47	GAJA	47.45
Gatto, Caroline	49	GAJA	47.45
Dean, Brooke	46	BMST	48.98
O'Regan, Martha	47	BMST	1:00.17

## 100 Breast

Bennett, Ellen	46	SYSM	1:25.92
Wilber, Dara	49	SMRT	1:28.87
Greaves, Merit	45	TBAM	1:31.45
Lachney, Fay	48	SMS	1:40.71
Parks, Dawn	49	UNAT	1:41.80
Desmarais, Josee	49	FLAQ	1:42.37
Bennett, Sarah	46	FLAQ	1:43.12
Burts, Amanda	48	GAJA	1:45.59
Gatto, Caroline	49	GAJA	1:47.95

## 200 Breast

Bennett, Ellen	46	SYSM	3:07.83
Wilber, Dara	49	SMRT	3:09.28
Greaves, Merit	45	TBAM	3:15.14
Desmarais, Josee	49	FLAQ	3:32.34
Spivey, Kelly	46	TMM	3:41.81
Parks, Dawn	49	UNAT	3:42.45
Bennett, Sarah	46	FLAQ	3:42.61

## 50 Fly

Shonkwiler, Cathy	49	TOM	32.16
Elias-Williams, Maria	45	GSMS	34.48
Malan, Marina	49	GAJA	35.04
Lachney, Fay	48	SMS	36.69
Hooe, Donna	47	GAJA	37.82
Scott, Leslie	45	GS	38.24
Bronson, Jennifer	47	SPM	38.90
Thomas, Ann	49	FLAQ	39.08
Dean, Brooke	46	BMST	40.87
Davenport, Gloria	49	NCMJ	51.41

## 100 Fly

Shonkwiler, Cathy	49	TOM	1:15.07
Castro, Leticia	49	GOLD	1:19.25
Lachney, Fay	48	SMS	1:23.26
O'Regan, Martha	47	BMST	1:50.31

## 200 Fly

Castro, Leticia	49	GOLD	2:53.09
Hooe, Donna	47	GAJA	3:31.84

## 100 IM

Shonkwiler, Cathy	49	TOM	1:17.95
Elias-Williams, Maria	45	GSMS	1:19.10
Wilber, Dara	49	SMRT	1:19.73
Greaves, Merit	45	TBAM	1:22.36
Hooe, Donna	47	GAJA	1:24.35
Thomas, Ann	49	FLAQ	1:24.53
Dean, Brooke	46	BMST	1:28.24
Scott, Leslie	45	GS	1:28.87
Bronson, Jennifer	47	SPM	1:33.82
Bennett, Sarah	46	FLAQ	1:35.51

## 200 IM

Bennett, Ellen	46	SYSM	2:46.54
Wilber, Dara	49	SMRT	2:53.95
Lachney, Fay	48	SMS	2:58.61
Greaves, Merit	45	TBAM	3:04.66
Spivey, Kelly	46	TMM	3:13.94
Thomas, Ann	49	FLAQ	3:19.55
Bennett, Sarah	46	FLAQ	3:26.61
Montgomery, Viki	49	NCMS	3:34.39
Gatto, Caroline	49	GAJA	3:50.14

## 400 IM

Castro, Leticia	49	GOLD	5:52.59
Bennett, Ellen	46	SYSM	5:55.57
Bennett, Sarah	46	FLAQ	7:21.27

## 2009 Dixie Zone SCM Top 10 Women

World record

USMS record

Dixie Zone record

## Women 50-54

## 50 Free

Carpenter, Kelley	52	SYSM	31.28
Cavanaugh, Debbie	51	GOLD	31.24
Devanney, Celia	52	GOLD	31.85
McDonnell, Peggy	54	GOLD	32.13
Constantino, Patricia	54	GAJA	32.58
Ferguson, Janet	52	PORT	33.47
Seier, Lydia	53	GOLD	33.49
Altman, Donna	51	BMST	33.61
Beach, Lynn	53	GAJA	33.78
McNulty, Barbara	52	SPM	34.36

## 100 Free

Cavanaugh, Debbie	51	GOLD	1:08.32
Devanney, Celia	52	GOLD	1:08.75
Seier, Lydia	53	GOLD	1:13.62
Altman, Donna	51	BMST	1:15.14
Ferguson, Janet	52	PORT	1:16.64
Almand, Jennifer	51	GAJA	1:16.75
Hebel, Janice	50	GS	1:18.98
Ayers, Cheryl	53	GAJA	1:19.76
McNulty, Barbara	52	SPM	1:20.29
Hughes, Sharon	54	SMS	1:30.16

## 200 Free

Cavanaugh, Debbie	51	GOLD	2:28.16
Devanney, Celia	52	GOLD	2:29.19
McDonnell, Peggy	54	GOLD	2:31.26
Seier, Lydia	53	GOLD	2:42.64
Hebel, Janice	50	GS	2:48.91
Altman, Donna	51	BMST	2:50.50
Ferguson, Janet	52	PORT	2:51.04
Larson, Linda	54	FLAQ	2:52.32
Donoghue, Dawn	51	SYSM	2:55.25
Itzler, Ellen	51	FLAQ	2:59.41

## 400 Free

Devanney, Celia	52	GOLD	5:11.51
Cavanaugh, Debbie	51	GOLD	5:12.42
Mc Nulty, Barbara	52	SPM	5:55.71
Harrelson, JoAnn	53	SPM	5:55.72
Ferguson, Janet	52	PORT	6:03.86
Larson, Linda	54	FLAQ	6:05.43
Janss, Anna	50	GAJA	6:12.91
Hughes, Sharon	54	SMS	6:34.51
Hill, Viki	53	BMST	7:15.80
Frederick, Jane	50	BMST	7:27.16

## 800 Free

Devanney, Celia	52	GOLD	10:42.40
Larson, Linda	54	FLAQ	12:13.96
Ferguson, Janet	52	PORT	12:21.40
Itzler, Ellen	51	FLAQ	13:10.29
Hughes, Sharon	54	SMS	13:29.02

## 1500 Free

Devanney, Celia	52	GOLD	20:23.19
Santini, Stephanie	50	SMS	22:24.06
Altman, Donna	51	BMST	23:00.67
Frederick, Jane	50	BMST	28:33.69
Hill, Viki	53	BMST	28:51.38
Moucha, Sue	51	FMM	41:02.17

## 50 Back

Cavanaugh, Debbie	51	GOLD	35.47
Constantino, Patricia	54	GAJA	38.09
McDonnell, Peggy	54	GOLD	39.16
Larson, Linda	54	FLAQ	40.68
Altman, Donna	51	BMST	41.87
Seier, Lydia	53	GOLD	43.10
Itzler, Ellen	51	FLAQ	44.67
Mc Nulty, Barbara	52	SPM	46.21
Frederick, Jane	50	BMST	51.80
Hughes, Sharon	54	SMS	51.96

## 100 Back

Cavanaugh, Debbie	51	GOLD	1:16.09
Larson, Linda	54	FLAQ	1:26.36
Altman, Donna	51	BMST	1:30.36
Donoghue, Dawn	51	SYSM	1:38.00
McNulty, Barbara	52	SPM	1:38.09
Huggins, Laura	53	UNAT	1:49.13
Price, Buffy	53	FACT	1:50.51
Frederick, Jane	50	BMST	1:57.66
Hill, Viki	53	BMST	2:04.11
Walton, Ann	50	SMS	2:16.34

## 200 Back

Cavanaugh, Debbie	51	GOLD	2:45.96
Larson, Linda	54	FLAQ	3:08.55
Altman, Donna	51	BMST	3:23.21
Harrelson, JoAnn	53	SPM	3:37.38
Frederick, Jane	50	BMST	4:06.78
Moucha, Sue	51	FMM	5:13.22

## 50 Breast

Cavanaugh, Debbie	51	GOLD	38.82
Constantino, Patricia	54	GAJA	40.03
McDonnell, Peggy	54	GOLD	42.07
Beach, Lynn	53	GAJA	45.27
Hebel, Janice	50	GS	45.54
Harrelson, JoAnn	53	SPM	47.61
Choo, Gloria	53	ART	49.65
Larson, Linda	54	FLAQ	50.48
Frederick, Jane	50	BMST	54.09
Sabatien, Diane	53	SMS	54.06

## 100 Breast

Cavanaugh, Debbie	51	GOLD	1:27.01
McDonnell, Peggy	54	GOLD	1:31.48
Almand, Jennifer	51	GAJA	1:35.49
Hebel, Janice	50	GS	1:38.76
Harrelson, JoAnn	53	SPM	1:40.20
Itzler, Ellen	51	FLAQ	1:47.00
Frazier, Cathy	52	CATM	1:48.20
Larson, Linda	54	FLAQ	1:48.45
Choo, Gloria	53	ART	1:52.64
Frederick, Jane	50	BMST	1:58.50

## 200 Breast

Cavanaugh, Debbie	51	GOLD	3:08.80
Hebel, Janice	50	GS	3:33.33
Harrelson, JoAnn	53	SPM	3:35.68
Larson, Linda	54	FLAQ	4:01.01
Hill, Viki	53	BMST	4:15.51
Price, Buffy	53	FACT	4:23.61
Moucha, Sue	51	FMM	5:40.64

## 50 Fly

Ferguson, Janet	52	PORT	35.91
Devanney, Celia	52	GOLD	36.57
McNulty, Barbara	52	SPM	37.52
Beach, Lynn	53	GAJA	38.78
Seier, Lydia	53	GOLD	39.09
Altman, Donna	51	BMST	39.68
Larson, Linda	54	FLAQ	41.47
Harrelson, JoAnn	53	SPM	46.51
Kerness, Tracey	53	ECS	47.79
Wills, Jeanne	52	TMM	48.13

## 100 Fly

McDonnell, Peggy	54	GOLD	1:18.17
Devanney, Celia	52	GOLD	1:20.39
Mc Nulty, Barbara	52	SPM	1:26.62
Beach, Lynn	53	GAJA	1:31.25
Ferguson, Janet	52	PORT	1:32.06
Altman, Donna	51	BMST	1:35.63
Frederick, Jane	50	BMST	2:03.00

## 200 Fly

McNulty, Barbara	52	SPM	3:12.25
Harrelson, JoAnn	53	SPM	3:33.18
Altman, Donna	51	BMST	3:56.65
Larson, Linda	54	FLAQ	3:56.70
Frederick, Jane	50	BMST	4:26.84

## 100 IM

Cavanaugh, Debbie	51	GOLD	1:17.43
McDonnell, Peggy	54	GOLD	1:19.11
Constantino, Patricia	54	GAJA	1:22.68
Beach, Lynn	53	GAJA	1:28.38
Ferguson, Janet	52	PORT	1:28.42
Almand, Jennifer	51	GAJA	1:28.44
Hebel, Janice	50	GS	1:29.86
Altman, Donna	51	BMST	1:35.03
Harrelson, JoAnn	53	SPM	1:35.19
Kerness, Tracey	53	ECS	1:44.92

## 200 IM

McDonnell, Peggy	54	GOLD	2:50.79
Almand, Jennifer	51	GAJA	3:13.00
Ferguson, Janet	52	PORT	3:15.21
Harrelson, JoAnn	53	SPM	3:22.65
Larson, Linda	54	FLAQ	3:23.87
Itzler, Ellen	51	FLAQ	3:37.02
Hill, Viki	53	BMST	3:57.46
Price, Buffy	53	FACT	4:00.45
Moucha, Sue	51	FMM	5:28.50

## 400 IM

McDonnell, Peggy	54	GOLD	6:13.74
Harrelson, JoAnn	53	SPM	7:01.73
Larson, Linda	54	FLAQ	7:11.58
Frederick, Jane	50	BMST	8:24.13
Moucha, Sue	51	FMM	10:58.66

29 April 2010

## 2009 Dixie Zone SCM Top 10 Women

**World record**   **USMS record**   **Dixie Zone record**

### Women 55-59

#### 50 Free

Sargeant, Pat	56	GOLD	29.76
Protzman, Barbara	55	GOLD	32.74
Ogier, Danielle	57	FLAQ	33.11
Walker, Deb	58	FACT	33.25
Fitzgerald, Kathleen	56	MOO	34.25
Willman, Becky	57	GOLD	35.74
Williams, Dale	57	UNAT	38.31
Hinson, Jan	55	BSLM	38.46
Rolon, Ana	57	MOO	39.16
Porter, Robin	58	ART	39.19

#### 100 Free

Sargeant, Pat	56	GOLD	1:06.29
Protzman, Barbara	55	GOLD	1:11.12
Ogier, Danielle	57	FLAQ	1:12.47
Willman, Becky	57	GOLD	1:23.13
Williams, Dale	57	UNAT	1:24.36
Rolon, Ana	57	MOO	1:26.80
Many, Cecile	55	SMS	1:27.86
Hinson, Jan	55	BSLM	1:30.20
Porter, Robin	58	ART	1:35.13
Smith, Alison	50	NCMS	1:38.63

#### 200 Free

Sargeant, Pat	56	GOLD	2:26.58
Ogier, Danielle	57	FLAQ	2:33.74
Protzman, Barbara	55	GOLD	2:37.92
Willman, Becky	57	GOLD	2:59.89
Many, Cecile	55	SMS	3:05.03
Greb, Connie	58	FACT	3:05.46
Hinson, Jan	55	BSLM	3:13.42
Davis, Carolyn	59	BMST	3:43.76
Thomas, Susan	57	BMST	3:55.14
Mitchell, Anita	59	FLAQ	4:20.49

#### 400 Free

Sargeant, Pat	56	GOLD	5:18.82
Ogier, Danielle	57	FLAQ	5:29.83
Protzman, Barbara	55	GOLD	5:38.90
Fitzgerald, Kathleen	56	MOO	6:11.94
Willman, Becky	57	GOLD	6:21.86
Many, Cecile	55	SMS	6:28.15
Hinson, Jan	55	BSLM	6:59.44
Pace, Jesse	57	SAST	7:39.67
Smith, Alison	50	NCMS	7:34.38
Davis, Carolyn	59	BMST	8:31.45

#### 800 Free

Mattson, Skippy	56	GAJA	11:38.43
Willman, Becky	57	GOLD	13:19.71
Hinson, Jan	55	BSLM	14:14.28
Williams, Dale	57	UNAT	15:32.09

#### 1500 Free

Sargeant, Pat	56	GOLD	21:13.11
Thomas, Susan	57	BMST	32:19.54

#### 50 Back

Sargeant, Pat	56	GOLD	37.16
Fitzgerald, Kathleen	56	MOO	45.21
Many, Cecile	55	SMS	46.88
Pace, Jesse	57	SAST	47.79
Thomas, Susan	57	BMST	55.86
Payne, Sherryl	56	GAJA	59.69
Hall, Ellen	58	SMS	1:02.34
Ohlandt, Dianne	59	TTM	1:06.97

#### 100 Back

Sargeant, Pat	56	GOLD	1:18.80
Fitzgerald, Kathleen	56	MOO	1:37.23
Many, Cecile	55	SMS	1:40.71
Pace, Jesse	57	SAST	1:43.82
Thomas, Susan	57	BMST	2:04.85
Kemerling, Carol ine	55	LCM	2:15.20
Payne, Sherryl	56	GAJA	2:15.53
Ohlandt, Dianne	59	TTM	2:16.14

#### 200 Back

Sargeant, Pat	56	GOLD	2:49.73
Mattson, Skippy	56	GAJA	2:59.65
Many, Cecile	55	SMS	3:35.13
Smith, Alison	50	NCMS	4:27.72
Thomas, Susan	57	BMST	4:33.81

#### 50 Breast

Walker, Deb	58	FACT	40.60
Mattson, Skippy	56	GAJA	41.78
Elwen, Ginny	56	COLM	42.00
Ogier, Danielle	57	FLAQ	42.29
Sargeant, Pat	56	GOLD	44.21
Greb, Connie	58	FACT	49.77
Thomas, Susan	57	BMST	55.68

#### 100 Breast

Walker, Deb	58	FACT	1:27.86
Mattson, Skippy	56	GAJA	1:29.47
Ogier, Danielle	57	FLAQ	1:33.28
Smith, Alison	50	NCMS	2:00.29
Thomas, Susan	57	BMST	2:02.94

#### 200 Breast

Walker, Deb	58	FACT	3:13.24
Mattson, Skippy	56	GAJA	3:17.87
Elwen, Ginny	56	COLM	3:21.84
Ogier, Danielle	57	FLAQ	3:24.96
Thomas, Susan	57	BMST	4:25.21

#### 50 Fly

Sargeant, Pat	56	GOLD	33.88
Protzman, Barbara	55	GOLD	36.01
Murray, Cheryl	57	NCMS	39.79
Many, Cecile	55	SMS	42.90
Williams, Dale	57	UNAT	43.95
Willman, Becky	57	GOLD	46.10
Rolon, Ana	57	MOO	49.27
Hall, Ellen	58	SMS	54.13
Payne, Sherryl	56	GAJA	54.29
Davis, Carolyn	59	BMST	54.84

#### 100 Fly

Sargeant, Pat	56	GOLD	1:17.82
Protzman, Barbara	55	GOLD	1:25.69
Many, Cecile	55	SMS	2:01.21
Hall, Ellen	58	SMS	2:09.50
Ohlandt, Dianne	59	TTM	2:16.45
Davis, Carolyn	59	BMST	2:18.15

#### 200 Fly

Murray, Cheryl	57	NCMS	3:28.54
Davis, Carolyn	59	BMST	4:35.34

#### 100 IM

Sargeant, Pat	56	GOLD	1:17.98
Ogier, Danielle	57	FLAQ	1:21.67
Protzman, Barbara	55	GOLD	1:23.78
Greb, Connie	58	FACT	1:33.80
Many, Cecile	55	SMS	1:40.49
Rolon, Ana	57	MOO	1:44.99
Davis, Carolyn	59	BMST	1:53.27
Porter, Robin	58	ART	1:58.12
Hall, Ellen	58	SMS	1:58.40
Thomas, Susan	57	BMST	1:59.41

#### 200 IM

Sargeant, Pat	56	GOLD	2:49.04
Protzman, Barbara	55	GOLD	3:01.07
Greb, Connie	58	FACT	3:26.12
Pace, Jesse	57	SAST	3:52.21
Smith, Alison	50	NCMS	4:00.10
Davis, Carolyn	59	BMST	4:22.79
Ohlandt, Dianne	59	TTM	4:43.81

#### 400 IM

Sargeant, Pat	56	GOLD	6:03.55
Protzman, Barbara	55	GOLD	6:36.81
Mattson, Skippy	56	GAJA	6:40.51
Hall, Ellen	58	SMS	8:58.67
Davis, Carolyn	59	BMST	9:16.58

29 April 2010

## 2009 Dixie Zone SCM Top 10 Women

World record

USMS record

Dixie Zone record

### Women 60-64

#### 50 Free

Mitchell, Jeannie	63	GOLD	35.87
Webb, Linda	64	FLAQ	36.65
Wilson, Meegan	61	FACT	37.24
Carpenter-van Dijk,S.	60	TMM	41.72
Kelly, Alice	61	FACT	42.66
Samuelson, Martha	60	SYSM	44.33
Tucker, Diana	63	SMS	44.51
Buccino, Vicki	63	SMS	44.97
Kaye, Elsa	63	FACT	45.13
Riley, Linda M	62	SYSM	51.40

#### 100 Free

Mitchell, Jeannie	63	GOLD	1:23.20
Wilson, Meegan	61	FACT	1:23.39
Webb, Linda	64	FLAQ	1:26.25
Carpenter-van Dijk,S	60	TMM	1:36.40
Kelly, Alice	61	FACT	1:38.62
Buccino, Vicki	63	SMS	1:41.88
Ludick, Jane	64	LCM	2:22.49

#### 200 Free

Mancino, Cathy	60	GOLD	2:53.49
Mitchell, Jeannie	63	GOLD	2:59.94
Wilson, Meegan	61	FACT	3:01.41
Webb, Linda	64	FLAQ	3:16.75
Buccino, Vicki	63	SMS	3:28.04
Carpenter-van Dijk,S.	60	TMM	3:32.73
Kelly, Alice	61	FACT	3:39.92
Kaye, Elsa	63	FACT	4:06.44
Riley, Linda M	62	SYSM	4:12.50

#### 400 Free

Mancino, Cathy	60	GOLD	6:01.65
Mitchell, Jeannie	63	GOLD	6:12.44
Webb, Linda	64	FLAQ	6:48.59
Buccino, Vicki	63	SMS	7:15.41
Martin, Michelle	60	ART	7:20.30

#### 800 Free

Mancino, Cathy	60	GOLD	12:27.00
Buccino, Vicki	63	SMS	14:32.25

#### 1500 Free

Cathey, Sandra	60	NCMS	27:30.69
Tucker, Diana	63	SMS	28:34.95

#### 50 Back

Mitchell, Jeannie	63	GOLD	40.75
Carpenter-van Dijk,S	60	TMM	49.47
Patterson, Patricia	63	CATM	51.65
Kelly, Alice	61	FACT	54.81
Buccino, Vicki	63	SMS	55.81
Tucker, Diana	63	SMS	57.81
Ludick, Jane	64	LCM	1:03.99
Crawford, Kathy	60	GAJA	1:28.21

#### 100 Back

Mitchell, Jeannie	63	GOLD	1:28.63
Carpenter-van Dijk,S.	60	TMM	1:52.09
Buccino, Vicki	63	SMS	2:01.49
Ludick, Jane	64	LCM	2:20.73
Crawford, Kathy	60	GAJA	3:24.80

#### 200 Back

Mitchell, Jeannie	63	GOLD	3:13.81
Cathey, Sandra	60	NCMS	3:45.04
Martin, Michelle	60	ART	3:58.45
Carpenter-van Dijk,S	60	TMM	4:00.69
Buccino, Vicki	63	SMS	4:21.72
Ludick, Jane	64	LCM	5:02.62

#### 50 Breast

Wilson, Meegan	61	FACT	45.72
Webb, Linda	64	FLAQ	46.02
Brown, Dana	63	SMRT	46.54
Samuelson, Martha	60	SYSM	47.13
Mitchell, Jeannie	63	GOLD	48.93
Buccino, Vicki	63	SMS	55.88
Tucker, Diana	63	SMS	56.15
Roark, Frances	63	AMS	58.87
Ludick, Jane	64	LCM	1:13.26
Riley, Linda M	62	SYSM	1:13.41

#### 100 Breast

Wilson, Meegan	61	FACT	1:39.19
Brown, Dana	62	SMRT	1:39.37
Webb, Linda	64	FLAQ	1:45.04
Cathey, Sandra	60	NCMS	1:56.63
Roark, Frances	63	AMS	2:08.31
Kaye, Elsa	63	FACT	2:16.43

#### 200 Breast

Brown, Dana	62	SMRT	3:34.66
Wilson, Meegan	61	FACT	3:36.83
Samuelson, Martha	60	SYSM	3:46.12
Webb, Linda	64	FLAQ	3:48.03
Roark, Frances	63	AMS	4:40.04
Kaye, Elsa	63	FACT	4:46.14

#### 50 Fly

Wilson, Meegan	61	FACT	42.60
Webb, Linda	64	FLAQ	44.63
Patterson, Patricia	63	CATM	49.42
Mitchell, Jeannie	63	GOLD	49.64
Tucker, Diana	63	SMS	57.61
Ludick, Jane	64	LCM	1:23.82

#### 100 Fly

Mancino, Cathy	60	GOLD	1:32.86
Martin, Michelle	60	ART	1:59.13

#### 200 Fly

Mancino, Cathy	60	GOLD	3:26.23
Martin, Michelle	60	ART	4:08.09
Cathey, Sandra	60	NCMS	4:15.04

#### 100 IM

Brown, Dana	62	SMRT	1:32.06
Mancino, Cathy	60	GOLD	1:33.05
Wilson, Meegan	61	FACT	1:35.21
Mitchell, Jeannie	63	GOLD	1:35.68
Webb, Linda	64	FLAQ	1:38.53
Carpenter-van Dijk,S	60	TMM	1:58.40
Tucker, Diana	63	SMS	1:59.45
Ludick, Jane	64	LCM	2:33.32

#### 200 IM

Mancino, Cathy	60	GOLD	3:18.69
Brown, Dana	62	SMRT	3:23.36
Wilson, Meegan	61	FACT	3:31.86
Webb, Linda	64	FLAQ	3:45.38
Kaye, Elsa	63	FACT	4:29.94

#### 400 IM

Mancino, Cathy	60	GOLD	7:05.57
Martin, Michelle	60	ART	7:59.16

## 2009 Dixie Zone SCM Top 10 Women

World record

USMS record

Dixie Zone record

## Women 65-69

## 50 Free

Suttie, Rae	65	FACT	41.29
Marane, Bentley	66	GAJA	45.70
Newland, Susan	68	FACT	45.96
Bromwich, Elaine	67	SPM	46.37
Marane, Bentley	66	GAJA	46.40
Allen, Jean	69	FMM	55.77
Hutinger, Margie	69	FMM	58.51
Ottosen, Sue	66	GAJA	1:02.33
Lent, Beth	66	GAJA	1:10.53

## 100 Free

Bromwich, Elaine	67	SPM	1:40.20
Chapman, Joann	65	BMST	1:43.31
Marane, Bentley	66	GAJA	1:44.12
Newland, Susan	68	FACT	1:44.49
Delaney, Florence	65	FACT	1:51.39
Mead, Mary	68	UNAT	2:07.40
Hutinger, Margie	69	FMM	2:13.27
Siegmund, Sharon	66	GAJA	2:15.77
Ottosen, Sue	66	GAJA	2:19.89

## 200 Free

Bromwich, Elaine	67	SPM	3:38.82
Chapman, Joann	65	BMST	3:50.17
Newland, Susan	68	FACT	3:55.42
Hutchinson, Joyce	68	FACT	4:14.07
Mead, Mary	68	UNAT	4:40.61
Siegmund, Sharon	66	GAJA	4:44.20
Hutinger, Margie	69	FMM	4:51.96
Ottosen, Sue	66	GAJA	5:00.48

## 400 Free

Bromwich, Elaine	67	SPM	7:41.34
Chapman, Joann	65	BMST	7:52.08
Marane, Bentley	66	GAJA	8:00.31
Hutchinson, Joyce	68	FACT	8:53.89
Siegmund, Sharon	66	GAJA	9:41.95
Mead, Mary	68	UNAT	9:47.16
Hutinger, Margie	69	FMM	10:15.88

## 800 Free

Siegmund, Sharon	66	GAJA	19:11.25
Hutinger, Margie	69	FMM	21:26.69

## 1500 Free

Bromwich, Elaine	67	SPM	29:29.53
Bradley, Marianne	66	FACT	31:36.01
Hutinger, Margie	69	FMM	41:11.93

## 50 Back

Chapman, Joann	65	BMST	56.23
Newland, Susan	68	FACT	58.02
Bromwich, Elaine	67	SPM	58.49
Bradley, Marianne	66	FACT	58.51
Allen, Jean	69	FMM	1:01.81
Marane, Bentley	66	GAJA	1:05.04
Hutinger, Margie	69	FMM	1:09.29
Lent, Beth	66	GAJA	1:27.17

## 100 Back

Chapman, Joann	65	BMST	2:02.94
Marane, Bentley	66	GAJA	2:17.12
Allen, Jean	69	FMM	2:20.62
Ottosen, Sue	66	GAJA	2:30.43
Hutinger, Margie	69	FMM	2:33.41

## 200 Back

Chapman, Joann	65	BMST	4:13.37
Bromwich, Elaine	67	SPM	4:29.99
Hutinger, Margie	69	FMM	5:27.36

## 50 Breast

Bromwich, Elaine	67	SPM	49.31
Allen, Jean	69	FMM	1:00.79
Hutchinson, Joyce	68	FACT	1:02.44
Newland, Susan	68	FACT	1:02.47
Chapman, Joann	65	BMST	1:04.87
Suttie, Rae	65	FACT	1:06.25
Mead, Mary	68	UNAT	1:24.63

## 100 Breast

Bromwich, Elaine	67	SPM	1:51.54
Allen, Jean	69	FMM	2:13.27
Hutchinson, Joyce	68	FACT	2:14.74
Bradley, Marianne	66	FACT	2:25.07
Mead, Mary	68	UNAT	3:01.42

## 200 Breast

Bromwich, Elaine	67	SPM	4:04.05
Allen, Jean	69	FMM	4:39.57
Hutchinson, Joyce	68	FACT	4:45.00

## 50 Fly

Suttie, Rae	65	FACT	53.84
Chapman, Joann	65	BMST	57.20
Marane, Bentley	66	GAJA	59.99
Bradley, Marianne	66	FACT	1:00.45
Delaney, Florence	65	FACT	1:04.58

## 100 Fly

Suttie, Rae	65	FACT	2:20.00
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## 200 Fly

Suttie, Rae	65	FACT	5:21.34
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## 100 IM

Chapman, Joann	65	BMST	2:01.68
Suttie, Rae	65	FACT	2:02.66
Bradley, Marianne	66	FACT	2:04.80
Allen, Jean	69	FMM	2:13.69
Delaney, Florence	65	FACT	2:17.80

## 200 IM

Chapman, Joann	65	BMST	4:16.65
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## Women 70-74

## 50 Free

Tullman, PatriciaA	72	FMM	42.32
Bond, Patricia	71	FMM	43.95
Henderson, Martha	73	SPCO	49.24
Petmecky, Dolores	74	GAJA	59.94

## 100 Free

Tullman, Patricia	72	FMM	1:34.49
Bond, Patricia	71	FMM	1:35.63
Henderson, Martha	73	FACT	1:51.01
Petmecky, Dolores	74	GAJA	2:11.06

## 200 Free

Bond, Patricia	71	FMM	3:28.81
Tullman, Patricia	72	FMM	3:31.16
Henderson, Martha	73	SPCO	3:59.51
Petmecky, Dolores	74	GAJA	4:34.49

## 400 Free

Bond, Patricia	71	FMM	7:14.39
Tullman, Patricia	72	FMM	7:50.37
Henderson, Martha	73	FACT	8:08.44
Petmecky, Dolores	74	GAJA	9:25.79

## 800 Free

Arnold, Patricia	70	SMS	17:22.70
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## 1500 Free

Bond, Patricia	71	FMM	27:49.47
Tullman, Patricia	72	FMM	29:55.13
Arnold, Patricia	70	SMS	31:00.82

## 50 Back

Bond, Patricia	71	FMM	52.69
Henderson, Martha	73	SPCO	57.17
Arnold, Patricia	70	SMS	58.33
Petmecky, Dolores	74	GAJA	1:18.29

## 100 Back

Bond, Patricia	71	FMM	1:49.94
Tullman, Patricia	72	FMM	1:58.98
Henderson, Martha	73	FACT	2:04.96
Arnold, Patricia	70	SMS	2:11.60

## 200 Back

Bond, Patricia	71	FMM	3:51.64
Tullman, Patricia	72	FMM	4:11.34
Henderson, Martha	73	SPCO	4:23.25
Arnold, Patricia	70	SMS	4:32.71

## 50 Breast

Petmecky, Dolores	74	GAJA	1:15.04
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## 100 Breast

Arnold, Patricia	70	SMS	2:11.73
Steer, Sandy	70	SPM	2:33.84

## 200 Breast

Arnold, Patricia	70	SMS	4:41.49
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## 50 Fly

Tullman, Patricia	72	FMM	54.74
Henderson, Martha	73	FACT	59.91
Arnold, Patricia	70	SMS	1:03.49

## 100 Fly

Tullman, Patricia	72	FMM	2:01.59
Henderson, Martha	73	SPCO	2:21.04

## 200 Fly

Tullman, Patricia	72	FMM	5:11.43
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## 100 IM

Bond, Patricia	71	FMM	1:55.66
Arnold, Patricia	70	SMS	2:06.86
Henderson, Martha	73	SPCO	2:08.45

## 200 IM

Bond, Patricia	71	FMM	3:59.79
Arnold, Patricia	70	SMS	4:40.33

29 April 2010

## 2009 Dixie Zone SCM Top 10 Women

World record

USMS record

Dixie Zone record

### Women 75-79

#### 50 Free

Tusa, Mary 79 FACT 47.50  
 Eisele, Barbara 79 LCM 1:01.13  
 Callaway, June 75 GAJA 1:09.09

#### 100 Free

Tusa, Mary 79 FACT 1:41.98  
 Eisele, Barbara 79 LCM 2:10.98  
 Callaway, June 75 GAJA 2:24.81

#### 200 Free

Tusa, Mary 79 FACT 3:38.03  
 Eisele, Barbara 79 LCM 4:58.00  
 Callaway, June 75 GAJA 5:01.04

#### 400 Free

Tusa, Mary 79 FACT 7:40.05  
 Callaway, June 75 GAJA 10:04.72  
 Eisele, Barbara 79 LCM 10:24.62

#### 800 Free

Callaway, June 75 GAJA 20:12.01

#### 50 Back

Tusa, Mary 79 FACT 58.99

#### 100 Back

Tusa, Mary 79 FACT 2:06.21  
 Eisele, Barbara 79 LCM 2:36.89

#### 200 Back

Campbell, Joan 79 FACT 4:51.15

#### 50 Fly

Campbell, Joan 79 FACT 1:21.85  
 Eisele, Barbara 79 LCM 1:23.66

#### 100 Fly

Eisele, Barbara 79 LCM 3:10.76

#### 200 Fly

Campbell, Joan 79 FACT 6:04.84

#### 100 IM

Tusa, Mary 79 FACT 2:06.26  
 Campbell, Joan 79 FACT 2:25.15  
 Eisele, Barbara 79 LCM 2:40.20

#### 200 IM

Eisele, Barbara 79 LCM 5:42.78

#### 400 IM

Campbell, Joan 79 FACT 10:41.39  
 Eisele, Barbara 79 LCM 12:16.40

### Women 80-84

#### 50 Free

Troy, Jean 82 FMM 44.94  
 Durstein, Nancy 80 FACT 51.77

#### 100 Free

Troy, Jean 82 FMM 1:40.90

#### 200 Free

Troy, Jean 82 FMM 3:38.48  
 Gordon, Edna 83 FACT 4:44.52

#### 400 Free

Troy, Jean 82 FMM 7:45.03

#### 50 Back

Durstein, Nancy 80 FACT 1:03.35

#### 100 Back

Durstein, Nancy 80 FACT 2:16.50

#### 200 Back

Durstein, Nancy 80 FACT 4:53.36

#### 50 Breast

Troy, Jean 82 FMM 1:05.44

#### 100 Breast

Troy, Jean 82 FMM 2:23.35

#### 200 Breast

Troy, Jean 82 FMM 5:11.50

#### 50 Fly

Troy, Jean 82 FMM 1:00.36  
 Durstein, Nancy 80 FACT 1:08.13

#### 100 Fly

Troy, Jean 82 FMM 2:32.76  
 Durstein, Nancy 80 FACT 2:41.99

#### 200 Fly

Durstein, Nancy 80 FACT 6:01.96

#### 100 IM

Troy, Jean 82 FMM 2:01.84  
 Durstein, Nancy 80 FACT 2:13.31

#### 200 IM

Troy, Jean 82 FMM 4:32.00  
 Durstein, Nancy 80 FACT 4:51.96

#### 400 IM

Troy, Jean 82 FMM 9:40.03  
 Durstein, Nancy 80 FACT 10:22.74

### Women 85-89

#### 50 Free

Coulthard, Peggy 88 SPM 2:01.45

#### 100 Back

Coulthard, Peggy 88 SPM 4:05.29

#### 50 Back

Coulthard, Peggy 88 SPM 1:50.96